

#### **INSIDE THIS ISSUE**

Class Registration Information	4-6
Class Program Guidelines and Policies	4
Program Locations	5
Recreation Facilities, Amenities & Services	7-8
Library, Pools & Riparian Amenities & Services	9
Park Amenities & Services	10
Community Organizations	11
Sports (Adult & Youth)	12
Community and Family Events	13-24
RECREATION CLASSES & CAMPS	25-75
Adaptive Recreation	25-26
Fall / Winter Break Camps	27-32
Parent/Tot Classes	33-36
Early Childhood Classes	37-49
Youth/Teen Classes	50-59
Adult Classes	60-64
Active Adults (Seniors)	65-66
Riparian Preserve at Water Ranch Programs	67-68
Perry Library Programs	69-72
Southeast Regional Library Programs	72-75

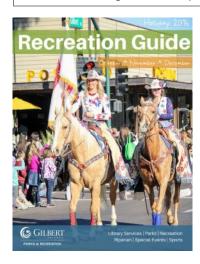


#### PARKS & RECREATION

## ... OUR MISSION

Gilbert Parks and Recreation Department commits to provide superior parks, recreation and cultural programs, which exceed customer expectations, enhance the quality of life, and promote lifelong leisure and educational pursuits. These services are provided by a dedicated team, focused on fairness, trust and innovation, with a commitment to excellence.





## on the cover

2015 Gilbert Days Queen Charlotte Price and Teen Queen Tatum Lance, riding in the Gilbert Days Parade. Join us on Saturday, November 19th for the Gilbert Days Parade in Downtown Gilbert.

# Letter from the Director

With the Gilbert holiday season quickly approaching, I am excited to announce our upcoming events along with some additions to our favorite festivities.

Join us on October 29<sup>th</sup> 10am-7pm to enjoy the sights, sounds and vibrant energy at the inaugural Gilbert "Off the Street" Art Festival. The festival will be held in Gilbert's popular Downtown Heritage District. This new event will be filled with live music, street performers, activities, and food, artisan and craft vendors. Chalk artists will "chalk it up" in the downtown with colorful and exciting chalk murals.

Gilbert will continue hosting its Downtown Concert Series at the Water Tower Plaza beginning October 13th. Enjoy dinner at a local restaurant then come out to see one of the many local bands ready to fill the Water Tower Plaza with music. Join us on a special night November 17<sup>th</sup> to see the lighting of the Water Tower to kick of the holiday season.

Celebrate your patriotism, American pride by honoring our veterans! The ceremony features presentation of colors, music by local schools, special guest speakers, food and refreshments, and much more. Join us on November 10<sup>th</sup> 11am at the Civic Center Campus.

Gilbert Days is just around the corner and kicks off with the Rodeo November  $10^{th}$ - $13^{th}$ . This traditional celebration of the heritage of Gilbert includes activities for all Gilbert residents including the return of the Gilbert Days 5k & 1 Mile on November 18th and the Half Marathon, 10K Run and parade on November  $19^{th}$ .

The Riparian Preserve comes alive with a holiday glow! Stroll around the candle-lit trail at Water Ranch Lake with hundreds of luminaries as well as numerous festive light displays at every turn. This is a rare opportunity for those who appreciate nature to experience the thrill of nighttime at the preserve December 9, 10, 16, and 17 from 5:30-9pm.

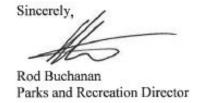
We have changed the date and location of the Youth Fishing Day to December 3<sup>rd</sup> at Freestone Park. This FREE community event is a great opportunity to spend the morning fishing with family or to bring a young angler who would enjoy the experience!

Lastly, I want to introduce the newly formed Gilbert Parks and Recreation Foundation They have some exciting things coming up and ways for you to get involved. Check them out at <a href="https://www.mygprf.org">www.mygprf.org</a>



Be sure to check out all our programs and events in this Holiday Recreation Guide. All events are listed on our website  $\underline{www.gilbertaz.gov}$ 





#### **Gilbert Town Council**

Mayor Jenn Daniels
Vice Mayor Jared Taylor
Council Member Brigette Peterson
Council Member James Candland
Council Member Eddie Cook
Council Member Victor Petersen
Council Member Jordan Ray

# Parks, Recreation and Library Services Advisory Board

Chair Ron Coleman
Vice Chair Les Presmyk
Board Member Lan Shafer
Board Member Mark Dobay
Board Member Matthew Roberts
Board Member Mickie Niland
Board Member Robert Ferron
Board Member Paul Marchant
Board Member Barbara Guy



#### **TOWN OF GILBERT PHONE NUMBERS**

Parks & Recreation Administration Office (480) 503-6200

(480) 503-6200

Gilbert Assistance Program (GAP)

(480) 503-6200

Town of Gilbert Administration (480) 503-6871

Fire Administration non-emergency

non-emergency (480) 503-6300

Police Department non-emergency (480) 503-6500

**Public Works** (480) 503-6400

Utilities Department (480) 503-6800

Neighborhood Services (480) 503-6277

Riparian Preserve (480) 503-6200 Gilbert Senior Services (480) 503-6061

Freestone Recreation Center (480) 503-6202

Gilbert Community Center (480) 503-6290

McQueen Park Activity Center (480) 503-6294

Southeast Regional Library Recreation Office (480) 503-6256

Maricopa County Library District (602) 652-3000

#### **POOLS (SEASONAL)**

Mesquite Aquatic Center (480) 503-6206

**Greenfield Pool** (480) 503-6206

**Perry Pool** (480) 503-6206

Williams Field Pool (480) 503-6206

#### **GENERAL REGISTRATION INFORMATION**

- Gilbert Resident registration begins Tuesday, September 20, 2016. During this time online, mail-in and fax registrations will be available. Online registration begins at 7am.
- Non-resident registration begins Thursday, September 22, 2016.
   During this time online, walk-in and mail-in registrations will be available. Online registration begins at Tam.
- 3. Registration is ongoing until programs are filled.
- 4. Registration forms received prior to the registration dates will not be processed until the registration date as time permits.
- 5. Online registration is processed in real time. You must "accept" the waiver of liability and make a payment in order to confirm placement in a course/program.
- 6. Online registration requires a payment by credit card, or by using an existing credit on your recreation account. If you wish to register online but do not want to use a credit card, you may come into the Parks and Recreation office prior to registration and place a credit on your recreation account using cash, check or money order. The credit can then be applied toward any online registration.
- Print a copy of your online registration receipt for confirmation of your course/program enrollment.
- 8. Mail-in registration forms require an assumption of risk waiver signature by a parent/guardian.
- Mail-in and walk-in registrations are processed during regular business hours: Monday-Thursday 7am-6pm; CLOSED Fridays.

- Payment can be made by either cash, check, credit card, or money order. For mail-in registration, do not mail cash.
- 11. The Town of Gilbert is not responsible for lost or misdirected mail
- 12. Payment must be made at the time of the enrollment in order for the registration to be complete.
- 13. Early registration is encouraged to help prevent course cancellation
- 14. **WAITLISTS**: If you are on a waitlist for a class, and an opening becomes available, a Parks & Recreation staff member will contact the waitlisted clients in order of the waitlisted position. Each waitlisted position will receive a 24 hour window to respond to the opening before the recreation staff member continues on through the waitlisted positions.
- 15. A participant will be allowed to register for a class as long as the participant reaches the required age anytime during the session, unless otherwise stated in the class description.
- 16. Gilbert Parks and Recreation Department is committed to being fair and equitable to all participants, therefore we are unable to make exceptions to any class policies. We appreciate your cooperation and understanding.
- 17. The Town of Gilbert has the right to cancel, postpone, combine classes, change rooms and/or instructors at any time. For the most up-to-date information, contact the respective center.
- 18. A \$25 service charge will be assessed on returned checks.

#### **CLASS PROGRAM GUIDELINES AND POLICIES**

- While we love our parents, our recreation classes are intended for drop off only and parents are not allowed in the classroom during class time. If your child is not ready to attend a class without a caregiver, please see the Parent/Tot section for options. Exceptions are made for participants with special needs who require assistance.
- For PARENT/TOT classes, only registered participant and parent are allowed in the classroom. Siblings, including infants, unless registered, are not allowed in the classroom. Parents do not need to register but will be required to sign a waiver of liability on the first day of the session.
- Participants should dress appropriately according to the type of class. Tights/leotards and/or loose clothing are recommended for dance/movement classes, sneakers for sports classes, etc. Closed-toe shoes are a must for all classes.
- Click on <u>Class Program Policies and Guidelines</u> for a complete list.

#### **UPDATE YOUR ACCOUNT WITH US!**

For the most up-to-date info regarding classes, programs and events, please be sure to update your contact information by calling the Gilbert Parks & Recreation Department at 480-503-6200 or stop by one of our recreation facilities!

#### REFUND AND CANCELLATION INFORMATION

Requests for a credit or refund must be received by 6pm, one week prior to the start of the class, camp and/or program. Please call (480) 503-6200 for more information.

- The Town of Gilbert has the right to cancel any program due to insufficient enrollment.
- Early registration is encouraged to help prevent course cancellation.
- If a class or program is cancelled, participants will be notified one week prior to class start date (unless unforeseen circumstances arise) and offered an alternative choice, if available.
- If no alternative is available, a full credit will be applied back to
  the participant's recreation account. Credits left on recreation
  accounts can be used for a period of one year from the first
  date of the class or program for which one originally
  registered. Such credits may be used for any Gilbert Parks and
  Recreation Department class, program or rental. Credits not
  used or refunded after one year will be donated to the Parks
  and Recreation Foundation.
- Upon request, a full refund can be issued for a cancelled class or program.
- Refund checks require 2-3 weeks processing time.

#### CHOOSE ONE OF OUR EASY WAYS TO REGISTER!



#### **Create Your Recreation Account Online**

It's QUICK and EASY! Click <u>HERE</u> or log on to <u>www.GilbertRecreation.com</u>

- Click 'Create NEW Account' tab
- Enter ALL family members that reside within the household (there must be an parent or legal guardian listed on the account). When finished, click on 'CREATE NEW ACCOUNT'.
- Any changes or additions to your account can be made by contacting the Parks and Recreation Department or email Recreation@gilbertaz.gov.



#### Walk-In Registration

Walk-in to any of the following Recreation facilities to register in person beginning <u>September 22, 2016</u>.

Parks and Recreation Department 90 E. Civic Center Dr. (480) 503-6200

- \*Freestone Recreation Center 1141 E. Guadalupe Rd. (480) 503-6202
- \*Gilbert Community Center 130 N. Oak St. (480) 503-6290
- \*McQueen Park Activity Center 510 N. Horne St. (480) 503-6294

For directions, please contact the Parks & Recreation Department M-TH between 7am-6pm (480) 503-6200.

\*Registration is available for center classes only



#### **Online Registration**

Log on to www.GilbertRecreation.com

- In order to sign up online, please make sure you have your **Main Contact Client Number** and **Family Pin** Information.
- If you have misplaced or forgotten your login numbers or need to set-up an account, please call 480-503-6200, M-TH 7am-6pm or email Recreation@gilbertaz.gov.



#### Mail-In Registration

Mail <u>REGISTRATION FORM</u> along with payment to:

#### Parks and Recreation Department

Attention: Registration 90 E. Civic Center Dr. Gilbert, AZ 85296

- A signature is required to process registration.
- Make checks payable to: Town of Gilbert.
- Do not mail cash



#### Payments Accepted







- Make checks payable to: Town of Gilbert.
- A \$25 service charge will be assessed on returned checks.

#### **SESSION DATES TO REMEMBER**

#### HOLIDAY SESSION DATES: Oct 17 - Dec 17, 2016 HOLIDAY Break Camps: October 10-14

**Gilbert Resident Registration**: Tues., Sept 20, 2016 *(online and mail-in registration available)* 

Non-Gilbert Resident Registration: Thurs., Sept 22, 2016 (online, walk-in and mail-in registration available)
Credit/Refund Requests must be received by 6pm, one week prior to the start of the class, camp or program.

#### WINTER SESSION DATES: Jan 9 - Mar 11, 2017

Winter Recreation Guide Online: Fri., Dec 2, 2016 Gilbert Resident Registration: Tues., Dec 13, 2016 Non-Gilbert Resident Registration: Thurs., Dec, 15, 2016

#### **PROGRAM LOCATIONS**

CC	Gilbert Community Center	130 N Oak St
CPARK	Crossroads Park	2155 E Knox Rd
DPARK	Discovery Park	2214 E Pecos Rd
FPARK	Freestone Park	1045 E Juniper Rd
FRC	Freestone Recreation Center	1141 E Guadalupe Rd
MPAC	McQueen Park Activity Center	510 N Horne St
MPARK	McQueen Park	490 N Horne St
NPARK	Nichols Park	700 N Higley Rd
PP	Page Park Center	132 W Bruce St
PPARK	Page Park	120 N Oak St
RP	Riparian Preserve	2757 E Guadalupe Rd
SERL	Southeast Regional Library	775 N Greenfield Rd

Some classes are held at off-site locations. See course descriptions for facility information.



# Changes are coming...

Gilbert Parks and Recreation will be updating our registration system in the coming months. This new system will be implemented for the winter session.

Stay tuned for more information on how to utilize this new, user-friendly system!

### RECREATION FACILITIES, AMENITIES and SERVICES

PARKS & RECREATION OFFICE Hours: M-TH 7am-6pm 90 E. Civic Center Dr. 480-503-6200

Services provided:

- •General parks and recreation information
- Recreation account services (new/existing accounts, credit/refunds, etc.)
- Recreation class/program registration
- Recreation facility and park reservations

#### **RECREATION CENTERS**



GILBERT COMMUNITY CENTER Hours: M-TH 8am-6pm 130 N. Oak St. 8am-5pm 480-503-6290 **SAT** 9am-12pm CLOSED: Nov. 24-26 / Dec. 24-26-/ Dec. 31, Jan. 1, 2

#### Services provided:

- General facility information
- Recreation class/program registration
- Adaptive Recreation services (classes and programs)
- Active Adult services (lunches and activities)
- Fitness center
- Computer lounge
- FREE Wi-Fi

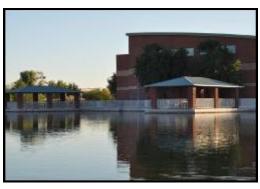


FREESTONE RECREATION CENTER Hours: M-F 5:15am-10pm 1141 E. Guadalupe Rd. 7am-9pm 480-503-<u>6202</u> 10am-5pm

#### Services provided:

- General facility information
- Recreation class/program registration
- Fitness center, weight room and indoor track
- Drop-in group fitness classes
- 4 Racquetball courts
- FREE Wi-Fi

- Double gymnasium (basketball, volleyball and pickleball courts)
- Locker, steam and sauna rooms
- 42' Rock wall
- Kiddy Korner-supervised child watch
- Game area (billiards, ping pong and foosball)



MCQUEEN PARK ACTIVITY CENTER Hours: M-F 8am-9pm 510 N. Horne St. SAT 9:30am-5pm 480-503-6294 CLOSED CLOSED: Nov. 24-26 / Dec. 24-26 / Dec. 31- Open 9:30am-1pm / Jan. 1, 2

#### Services provided:

- General facility information
- Recreation class/program registration
- Double gymnasium (basketball, volleyball and badminton courts)
- 8' x 36' Traverse wall
- Toddler play area
- Game area (billiards, ping pong, foosball and shuffleboard)
- FREE Wi-Fi



SOUTHEAST REGIONAL LIBRARY

480-503-6256 (Recreation Office)

Class and facility rental information only CLOSED: Nov. 24 - 25, Dec. 25 - 26, Jan. 1 & 2 / Library closes at 1pm on Dec. 24 5pm on Dec. 31

#### Services provided:

- General facility information
- Recreation classes/programs
- FREE Wi-Fi

For information regarding Library Services see LIBRARY SERVICES section beginning on page 63.

### RECREATION CENTERS: ENTRY FEES and PASSES

## **Freestone Recreation Center**

Passes include fitness center, indoor track, rock wall, gymnasium, racquetball courts, steam room, sauna, & drop-in fitness classes

#### DAILY ADMISSION RATES:

	RESIDENT	NON-RESIDENT
Child (4 years & younger):	FREE	FREE
Youth/Teen (5-17 years):	\$3.00	\$4.50
Adults (18+ years):	\$4.50	\$6.75
Senior (60+ years):	\$4.00	\$6.00
Household*:	\$10.00	\$15.00
Non-Prime (12-3pm, M-F)	\$3.50	\$5.25

\*Daily Admission: Household - 2 Adults and any combination of up to 4 Youth/ Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional Kiddy Korner fees apply for those 18 mos-7yrs of age.

#### **MONTHLY PASS RATES (EFT):**

C-5-0-000 Billion	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$16.00	\$24.00
Adults (18+ years):	\$26.00	\$39.00
Senior (60+ years):	\$22.00	\$33.00
Household*:	\$75.00	\$112.50
Non-Prime (12-3pm, M-F)	\$20.00	\$30.00

\*Monthly Pass Rates EFT: Household - 2 Adults and up to any combination of 4 Kiddy Korner (18mos - 7yrs of age), Youth/Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional children in the same household receive 25% off Youth/Teen/Student Individual Pass Rate

#### **MONTHLY PASS RATES:**

	RESIDENT	NON-RESIDENT
Youth/Teen (5-17 years):	\$20.00	\$30.00
Adults (18+ years):	\$35.00	\$52.50
Senior (60+ years):	\$30.00	\$45.00
Senior Walking Pass (60+ years):	\$5.00	\$5.00
Household*:	\$67.00	\$100.50

\*Monthly Pass Rates: Household - 2 Adults and any combination of up to 4 Youth/Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional Kiddy Korner fees apply for those 18 mos - 7yrs of age.

#### SIX-MONTH PASS RATES:

A. Comment	KESIDEIVI	NON-KESIDEN
Youth/Teen (5-17 years):	\$80.00	\$120.00
Adults (18+ years):	\$130.00	\$195.00
Senior (60+ years):	\$110.00	\$165.00
Household*:	\$335.00	\$502.50

\*Six Month Pass Rates: Household - 2 Adults and up to any combination of 4 Kiddy Korner (18mos - 7yrs of age), Youth/Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional children in the same household receive 25% off Youth/Teen/Student Individual Pass Rate

#### **ANNUAL PASS RATES:**

	KESIDEIVI	NON-KESIDEN
Youth/Teen (5-17 years):	\$135 <mark>.</mark> 00	\$202.50
Adults (18+ years):	\$235.00	\$352.50
Senior (60+ years):	\$200.00	\$300.00
Household*:	\$600.00	\$900.00

\*Annual Pass Rates: Household - 2 Adults and up to any combination of 4 Kiddy Korner (18mos - 7yrs of age), Youth/Teens (under 18) or Full Time Students (25 & under with proof of enrollment). Additional children in the same household receive 25% off Youth/Teen/Student Individual Pass Rate

#### LOCKER RENTAL SERVICE:

Monthly Rental: \$6.00 Six Month Rental: \$36.00 Annual Rental: \$60.00

#### KIDDY KORNER:

Child watch for ages 18 months-7 years for up to 2 hours. Parent must remain onsite during this time.

Daily Pass:\$3.00Monthly Pass (one child EFT):\$16.00Monthly Pass (additional child EFT):\$16.00Monthly Pass (one child Non EFT):\$20.00Monthly Pass (additional child—Non EFT):\$16.00

## Gilbert Community Center

Passes include fitness center use only

#### **DAILY ADMISSION RATES:**

	RESIDENT	NON-RESIDENT			
Youth/Teen (7-17 years):	\$1.50	\$2.00			
Adults (18+ years):	\$2.50	\$3.25			
Senior (60+ years):	\$2.00	\$2.50			

#### **MONTHLY PASS RATES:**

	KESIDENI	NON-KESIDENI			
Youth/Teen (5-17 years):	\$12.00	\$15.00			
Adults (18+ years):	\$18.00	\$22.50			
Senior (60+ years):	\$15.00	\$18.75			

Gilbert Community Center monthly passes are honored at McQueen Park Activity Center.

# McQueen Park Activity Center

Passes include gymnasium & traverse wall use only

#### **DAILY ADMISSION RATES:**

	RESIDENT	NON-RESIDEN			
Youth/Teen (7-17 years):	\$1.50	\$2.00			
Adults (18+ years):	\$2.50	\$3.25			
Senior (60+ years):	\$2.00	\$2.50			

#### **MONTHLY PASS RATES:**

Youth/Teen (5-17 years):	KESIDEIVI	NON-KESIDENI
Youth/Teen (5-17 years):	\$12.00	\$15.00
Adults (18+ years):	\$18.00	\$22.50
Senior (60+ years):	\$15.00	\$18.75

McQueen Park Activity Center monthly passes are honored at Gilbert Community Center.

Proof of residency is required to receive the resident rate. Acceptable forms include a current utility bill, phone bill or vehicle registration card showing a Gilbert address and a valid Arizona driver's license or state identification card showing a Gilbert address. Without acceptable proof the non-resident rates will apply.



#### **LIBRARIES**

#### www.mcldaz.org



**Perry Library** 1965 E. Queen Creek Rd. 602-652-3000

M-TH 10am-7pm F-SAT 10am-4pm **SUN Closed** 



**Southeast Regional Library** 775 N. Greenfield Rd. 602-652-3000



M-TH 10am-9pm F-SAT 10am-5pm SUN 1-5pm



**Friends of the Library** 775 N. Greenfield Rd. 480-539-5128

M-SAT 10am-4pm SUN Closed

#### **POOLS: Open Seasonally May-August**

#### www.gilbertaz.gov/aquatics

	Aquacise Classes	Concessions/ vending	Diving Boards	Junior Lifeguard Program	Kiddie Slides	Play Features	Private Rentals	Public Swim Sessions	Shade Ramadas	Splash Pad	Swim Lessons	Water Slides	Youth Swim & Dive Teams	Zero Depth Area
Greenfield Pool 35 S. Greenfield Rd. (480) 503-6206	✓	<b>~</b>		<b>~</b>	<b>✓</b>	✓		<b>~</b>	<b>✓</b>		✓		<b>~</b>	✓
Mesquite Pool 100 W. Mesquite St. (480) 503-6206		<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	<b>✓</b>	✓		<b>✓</b>	<b>✓</b>	<b>✓</b>	✓
Perry Pool 1775 E. Queen Creek Rd. (480) 503-6206	✓	<b>✓</b>	✓			✓		<b>✓</b>	✓	<b>✓</b>	✓		<b>✓</b>	✓
Williams Field Pool 1900 S. Higley Rd. (480) 503-6206	✓	<b>✓</b>				✓		<b>✓</b>	✓	<b>√</b>	<b>✓</b>		<b>✓</b>	<b>✓</b>

#### **RIPARIAN PRESERVES**

#### www.gilbertaz.gov/riparian preserve

R Some areas are available for reservations.	Barbeque Grills	Camping	Lake/Fishing	Observatory	Picnic Tables	Playground	Restrooms	Shade Ramadas	Vending
Neely Ranch 215 N. Cooper Rd.								<b>✓</b>	
Water Ranch 2757 E. Guadalupe Rd.	✓	✓	✓	✓	✓	✓	✓	✓	✓



	_	_		_	_						_								
Lights Splash Pad Some Areas Available for Reservations	Amphitheater	Baseball/Softball Fields	Basketball	Batting Cage	Bounce House Area*	Concession/ Vending	Dog Park	Equestrian/Multi- use Trail	Lake/Fishing	Multi-Use Fields	Picnic Tables/ Barbeque Grills	Playground	Ramadas	Restrooms	Skate Park	Soccer Fields	Tennis Courts	Train Depot & Carousel	Volleyball Courts
Elliot District Park* 4536 E. Elliot Rd.		<b>?</b>		✓				✓				✓	✓	<del>\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\\</del>					<del>?</del>
Circle G Park 601 E. Encinas Ave.					✓			✓			✓	✓	V				<b>.</b> ≺		
Cosmo Dog Park* 2502 E. Ray Rd.								✓	✓					¥					
Crossroads District Park* 2155 E. Knox Rd.	✓	Ÿ	Y		✓	✓	Ý		✓	Ý	✓	✓	V	Ý		Ý			V
Discovery District Park 2214 E. Pecos Rd.					✓	✓		✓	✓	<b>✓</b>	✓	✓							
Freestone District Park* 1045 E. Juniper Ave.	V	Y	Y	<b>~</b>	✓	✓		✓	✓		✓	✓	V	V	V	✓	Ý	✓	Y
Gilbert Soccer Complex 4260 S. Greenfield Rd.						✓								<b>₩</b>					
John Allen Park 334 E. Elliot Rd.					✓					✓	✓	✓	✓						
McQueen District Park 480 N. Horne St.					✓	✓		✓	✓	✓	✓	✓	Y	Ý					
Nichols Park 700 N. Higley Rd.								✓		✓	✓		<b>Y</b>						
Oak Tree Park 301 W. Houston Ave.					✓						✓	✓	Ý						
Page Park 120 N. Oak St.	V				✓					✓	✓	✓							
Sunview Park 1417 N. Sunview Pkwy.					✓						✓	✓	✓						
Vaughn Avenue Basin 250 W. Vaughn Ave.																			
Veterans Park 70 W. Park Ave.											✓	✓	✓						
Villa Madeira Park 900 N. Pine St.					✓							✓							
Village II Park 125 E. Heather Ave.											✓	✓							
Vista Allegre Park 1145 N. Elm St.												✓							
Water Tower Plaza 45 W. Page Ave.														✓					
Zanjero Park 3785 S. Lindsay Rd.								✓			✓		✓	Ý					

- \* ELLIOT DISTRICT PARK HOME OF BIG LEAGUE DREAMS: This facility is not managed by the Town of Gilbert. Please call 480-813-1270 for information.
- \* BOUNCE HOUSE AREAS: We allow bounce houses in our parks where designated with a reservation. An insurance certificate from the inflatable company will be required and the smaller parks will need a generator to operate the inflatables.
- \* COSMO DOG PARK-The OFF LEASH areas will be closed each Tuesday morning until noon for routine maintenance.
- \* CROSSROADS PARK: Home of AZ Ice (480-503-7080). AZ Ice offers 10%-20% discount for regular priced programs, entrance fees and birthday parties for Gilbert Residents. Also, check out the Recreation Learn to Skate classes offered inside this guide.
- \* FREESTONE PARK: The SKATE PARK is closed the first Tuesday of every month for routine maintenance. Home of the Freestone Railroad\* (480-632 -2702) and the RIP City Batting Cages\*(480-497-9548). \*Not operated or managed by the Town of Gilbert, please contact them for more information.



#### **COMMUNITY ORGANIZATIONS**

#### Americans with Disabilities Act (ADA)

The Town of Gilbert complies with the Americans with Disabilities Act (ADA). For accommodations, please call (480) 503-6200.

#### **Community Resources**

For more information on Social Service, Housing Assistance, and Fair Housing please visit our website:

www.gilbertaz.gov/residents/housing-community-development

#### Gilbert Assistance Program (GAP)

A scholarship program is available to help economically disadvantaged children (age 17 and under) enroll in recreation programming or to obtain facility memberships. To apply for a scholarship for your child(ren), please contact the Gilbert Parks and Recreation office at (480) 503-6200 M-TH from 7am-6pm. You can click here to download form.



Get Out and Play



The Town of Gilbert developed the Neighbor 2 Neighbor Program to provide an easy way for Gilbert residents to help one another. 100% of funds donated are distributed to Neighbor Neighbor non-profit agencies that provide Working together to help those in need. assistance to Gilbert's low-income families, individuals, disabled, seniors

and at-risk youth. Gilbert residents can sign up to include a donation amount from \$2.00 to \$20.00 a month included with their utility bill. One time donations can also be made.

To find out more about the Neighbor 2 Neighbor Donation Program, go to the www.gilbertaz.gov/utilities or call 480-503-6800. Sign up now to assist a Gilbert neighbor in need. By making a minimum donation, your contribution can help:

- Provide nutritious meals in food boxes.
- Transport elderly homebound residents to medical appointments.
- Provide safe shelter for a homeless individual or family.
- Provide an emergency rent payment to prevent eviction and
- Provide after school activities for Gilbert youth while their parents are at work.

# **School District Contact Information**

**Chandler Public Schools** www.chandler.k12.az.us **Gilbert Public Schools** www.gilbertschools.net **Higley Unified School District** www.husd.org

## **Gilbert Sports Coalitions**

PLEASE NOTE: Gilbert Parks and Recreation Department does not manage these programs. This information is provided as a courtesy. Please contact the organizations directly for program information.

American Youth Soccer Organization	www.ayso688.org
Arizona Soccer Club	www.arizonasoccerclub.com
Coast to Coast Football	www.coast2coastfootball.com
Gilbert American Little League	www.gilbertlittleleague.com
Gilbert Boys and Girls Club	www.clubzona.org
Gilbert Football Association	www.gilbertfootball.com
Gilbert National Little League	www.eteamz.com/gnll
Gilbert Softball Little League	www.azgsll.org
Gilbert Pop Warner Youth Cheer	www.gilbertchandlerpopwarner.org
Gilbert Pop Warner Youth Football	www.gilbertchandlerpopwarner.org
Gilbert Wham Basketball	www.whambasketball.com
Gilbert Youth Soccer Association	www.azgysa.com
Southeast Diamondbacks Little League	www.eteamz.com/sediamondbacks
YMCA-Chandler/Gilbert	www.valleyymca.org

#### ADULT SOFTBALL, BASKETBALL & VOLLEYBALL LEAGUES

- Adult Softball offered Winter, Spring & Fall
- Men's Basketball offered Winter, Summer & Fall
- Co-Ed Volleyball offered Winter, Summer & Fall
- All seasons are 9 weeks long
- All seasons end in single elimination tournament



Severe weather may result in field/park closures. For the most up-to-date information about these closures, call our Gilbert Parks and Recreation main information line at (480) 503-6201.

PRESS 1 GILBERT SPONSORED ADULT SPORTS
PRESS 2 GILBERT SPONSORED YOUTH SPORTS
PRESS 3 GILBERT PARKS AND SPORTS FACILITIES



#### **CONTACT US...**







SPORT	REGISTRATION DATES	START DATE	LEAGUE FEE
Softball	Fall season registration takes	9/11/2016	\$370 singleheader per team
Men's	place on <b>AUGUST 11</b> at the		\$585 doubleheader per team
Co-Ed	Southeast Regional Library		
Women's	where payment is due.		
	Roster submittal is 7/5-8/4		
Softball	Fall Tournaments		
Fall Frenzy	Men's/Co-Ed Divisions	9/17/2016	
Spooky Slugfest	Men's/Co-Ed Divisions	10/29/2016	Fees vary for
Gilbert Days	Co-Ed Divisions	11/12/2016	each tournament
Gilbert Days	Men's/Women's Divisions	11/19/2016	
Toys 4 Tots	Men's/Co-Ed Divisions	12/10/2016	
New Year's Bash	Men's/Co-Ed Divisions	1/7/2017	
Basketball	Fall season registration	9/11/2016	\$495 per team
Men's	accepted <b>8/1-9/1</b> or		
Upper B	until league fills.		
Intermediate C			
Lower D			
Volleyball	Fall season registration	9/12/2016	\$280 per team
Co-Ed	accepted <b>8/1-9/1</b> or		
Upper A	until league fills		
Upper B			





# Gilbert Community and Family Events Calendar

# September 2016

#### PAINT PARTY!

9/28 6-8pm 16+ Years Fee: \$25 Gilbert Community Center

Call 480-503-6290 for more information

# October 2016

#### MOVIE IN THE PARK

Featured Film: The Jungle Book

10/7 6pm

ALL AGES Fee: FREE

Gilbert Community Center

See pg. 15 for more information

#### **DOWNTOWN CONCERT SERIES**

10/13 6:30pm-8:30pm ALL AGES Fee: FREE Water Tower Plaza

Visit gilbertaz.gov/concerts for more info.

#### STORYTIME WITH MERIDA

10/15 10-11am 1-16 Years Fee: \$5 Gilbert Community Center

See pg. 18 for more information

#### PAINT PARTY!

10/22 6-8pm16+ Years Fee: \$25Gilbert Community Center

See pg. 15 for more information

#### LITTLE WIGGLES FALL FESTIVAL

10/26 12:30-1:30pm 2-5 Years Fee: \$5 Freestone Recreation Center

See pg. 16 for more information

#### **DOWNTOWN CONCERT SERIES**

10/27 6:30pm-8:30pm ALL AGES Fee: FREE Water Tower Plaza

Visit gilbertaz.gov/concerts for more info.







#### McQUEEN'S MONSTER MASH

10/28 11am-12pm 1-6 Years Fee: \$5/child McQueen Park Activity Center See pg. 15 for more information

# GILBERT "OFF THE STREET" ART FESTIVAL

10/29 10am-7pm ALL AGES Fee: FREE Downtown Heritage District

Visit gilbertaz.gov/artfestival for more info

# November 2016

#### DOWNTOWN CONCERT SERIES

11/3 6:30pm-8:30pm
ALL AGES Fee: FREE
Water Tower Plaza

Visit gilbertaz.gov/concerts for more info.

#### MOVIE IN THE PARK

Featured Film: Finding Dory

11/4 5:30pm

ALL AGES Fee: FREE

Gilbert Community Center

See pg. 18 for more information

#### **VETERANS DAY CEREMONY**

info.

11/10 11am-1pm

ALL AGES Fee: FREE

Gilbert Civic Center Grounds

Visit gilbertaz.gov/veteransday for more

# WATER TOWER LIGHTING & DOWNTOWN CONCERT SERIES

11/17 6:30pm-8:30pm

ALL AGES Fee: FREE

Water Tower Plaza

Visit gilbertaz.gov/concerts for more info.

#### **TINY TOTS TURKEY TROT**

11/18 12:30pm:30pm 2-5 Years Fee: \$5 Freestone Recreation Center

#### **GILBERT DAYS 5K & 1 MILE RUN**

11/18 4:30pm ALL AGES Fees: See

ALL AGES Fees: See website

Freestone Park

Visit gilbertaz.gov/gilbertdays for more info.

#### **GILBERT DAYS PARADE**

11/19 Starts at 8:30am

ALL AGES Fee: FREE

Downtown Heritage District

Visit gilbertaz.gov/gilbertdays for more info.

# December 2016

#### **CHRISTMAS CRAFTS**

12/3 10am-12pm

ALL AGES Fee: \$10

Gilbert Community Center

See pg. 19 for more information

#### **HOLIDAY TEA**

12/3 10am-12pm
ALL AGES Fee: \$10
Gilbert Community Center
See pg. 19 for more information

#### **PICTURES WITH SANTA**

12/7 9:30-11:30am

ALL AGES Fee: \$3/registration

McQueen Park Activity Center

See pg. 21 for more information

#### **DOWNTOWN CONCERT SERIES**

12/ 8 6:30pm-8:30pm ALL AGES Fee: FREE Water Tower Plaza

Visit gilbertaz.gov/concerts for more info.

#### RIPARIAN AFTER DARK

12/9 & 10 5:30pm-9pm

ALL AGES Fee: FREE

Riparian Preserve

Visit gilbertaz.gov/rad for more info.

#### **BREAKFAST WITH SANTA**

12/10 8:30-10am & 10:30am-12pm ALL AGES Fee: \$10 Gilbert Community Center

See pg. 19 for more information

#### LITTLE ELVES WORKSHOP

12/16 12:30pm-1:30pm 2-5 Years Fee: \$5 Freestone Recreation Center

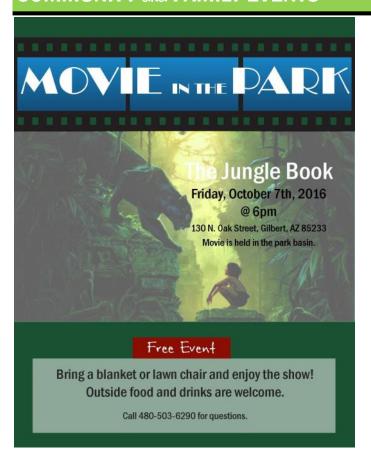
#### RIPARIAN AFTER DARK

12/16 & 17 5:30pm-9pm ALL AGES Fee: FREE Riparian Preserve

Visit gilbertaz.gov/rad for more info.

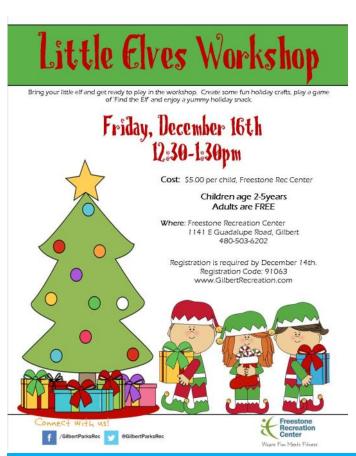
# **COMMUNITY** and **FAMILY EVENTS**







For more information or questions please call 480-503-6290











# STORYTIME ADVENTURES with BEAR

#### Adventures are held the 2<sup>ND</sup> FRIDAY of EVERY MONTH

10am & 10:30am (seatings available)

(No registration necessary)

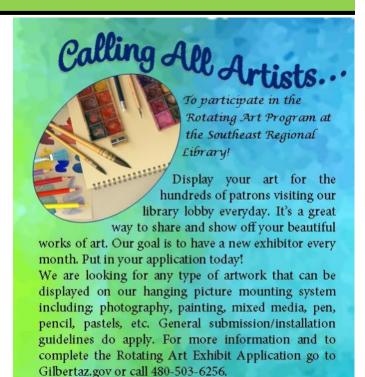




Grab your best stuffed friend and join us for a classic children's story. Each month we will set out on a new adventure through the pages of our books and create a story inspired craft.

The pages turn at the McQueen Park Activity Center 510 N Home St. (480) 503-6294





We are proud to showcase local artists, promote art awareness and foster art education!





# Personal Training

Freestone Recreation Center

#### Why YOU Need a Personal Trainer:

- ✓ You want motivation and accountability
- √ You want to be challenged
- ✓ You are not seeing results and need a jump start
- √ You are not reaching your goals
- ✓ You are new to exercise
- √ You are training for a sport or an event

#### Personal Training Pricing:

Each personal training session is approximately one-hour in length.

Sessions maybe purchased in packages of 2, 5, 10 or 20 and can be used over a period of time determined by the trainer and the client.

2 sessions \$ 77.00 (\$38.50 per session)

5 sessions \$181.50 (\$36.30 per session)

10 sessions \$341.00 (\$34.10 per session)

20 sessions \$638.00 (\$31.90 per session)



PARKS & RECREATION

To schedule a personal training session, register at the Guest Services Desk. Your trainer will contact you by phone to get you started.

Freestone Recreation Center: 1141 E. Guadalupe Rd Gilbert, AZ 85234 (480) 503-6202

### **COMMUNITY** and **FAMILY EVENTS**







# SPOT

SPARK Spot is an innovative and collaborative space uniquely designed for Gilbert-based entreprenuers.

- Free Business Workshops
- Access to Development Resources
- Mentor Program
- **Business Assistance**
- Free WiFi
- Meeting Room Reservation





SPARK Spot is located in the Southeast Regional Library 775 North Greenfield Road, Gilbert, AZ 85234

Find the ASU Startup School class schedule and more information at: www.gilbertedi.com/spark.php

PARKS & RECREATION









PARKS & RECREATION

PARKS & RECREATION



Holiday 2016 Recreation Guide

#### **COMMUNITY** and **FAMILY EVENTS**

Pictures with Santa

Wednesday, December 7th 930-1130am Cost: 63 per registration



All ages welcome

Register online at GilbertRecreation.com Use Barcode: 91015

\* Receive a 4x6 family photo per registered child

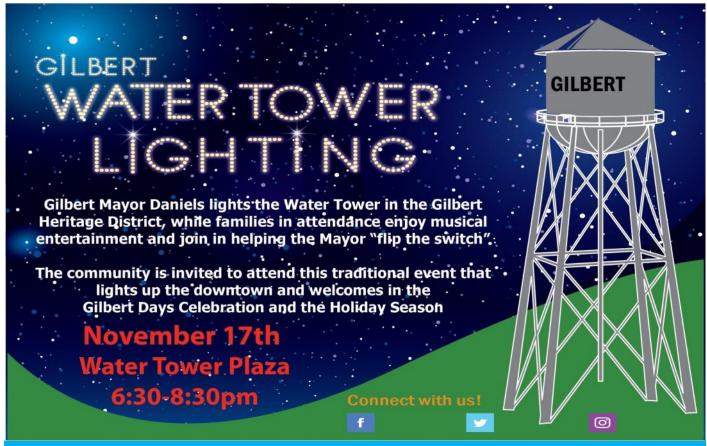
\* Receive a seasonal photo frame

\* Additional prints available on-site for \$2 each (max of 2 additional prints per family)

For more information, contact us at (480) 503-6294

McQueen Park Activity Center 510 N. Home St., 85233







# Gilbert Days Parade



# November 19th

Parade start time-8:30am

For more information call-480-503-6200

www.gilbertaz.gov/gilbertdays

Please check website for parking and road closure information beginning November 11th

# Gilbert Days 5K and 1 Mile Kun



# November 18th Freestone Park - 4:30pm

Registration Begins on September 12th

1 Mile Run \$25 per person 5K Run \$30 per person

\$10 off if registered before September 29 \$5 off if registered between September 30- November 16

# gilbertaz.gov/gilbertdays

Sponsored by:



# Tiny Tots Turkey Trot

Get a taste of Thanksgiving at this fun run just for little ones! The main course will be a short run with pint-size obstacles. Plus, a serving of fun crafts and snacks on the side!

# Friday, November 18th

12:30-1:30pm

Cost: \$5.00 per Child, ages 2-5 years

Adults are FREE!



#### ADAPTIVE RECREATION OVERVIEW

The Gilbert Parks & Recreation Adaptive Recreation Program strives to provide a comfortable, inviting, educational, and social environment where participants can learn and interact with others. The goal is to provide the best opportunities for participants to enrich their lives.



#### ADAPTIVE RECREATION CLASSES

#### **BASKETBALL CLINIC**

Players will learn to appreciate the fundamental skills (dribbling, passing, shooting, rebounding) required to play basketball by participating in drills that they can continue to work independently. Every player will work hard, learn to be competitive, and have fun in preparation for future basketball play. Players will learn the importance of teamwork and good sportsmanship and how both are paramount to their future success both on and off the court. Practice will be held at Gilbert Elementary, 175 W Elliot Rd, Gilbert, AZ 85233.

#### 14+ YEARS

90861 F 10/21-12/16\* 6:15-7:30pm GL \$35/\$5

Instructor: Kenneth Mims \*No Class 11/11 & 11/25

#### **BEGINNING SIGN LANGUAGE**

Come Learn the basics of American Sign Language! This course will teach basic grammar and Deaf culture lessons as well as lay the foundation of communication in ASL. Subjects such as the alphabet, colors, animals, foods and more will be discussed. Cost

#### 12+ YEARS

91040 T 10/18-12/13 6-7pm CC \$45/5

Instructor: Lauren Cantrell

#### **COOKING 101**

In your cooking class, we will provide easy to follow recipes that are fun to make and fast to put together. We will also learn basic kitchen safety tips. How-to instructions will be provided each week to recreate at home. Bring home the skills to be a great chef! The possibilities are endless! *This class is specifically designed for persons with special needs.* Participants should be able to follow simple directions. You must register for this class, drop-in not allowed for this class.

#### 12+ YEARS

90619 W 10/19-12/14\* 5-6pm CC \$68

Instructor: Pam Jackson \*No class 11/23

#### HANDMADE CRAFTS

Come have fun with your friends while making a new craft each week. Each handmade craft will be a great keepsake item for your-self or to give as a gift. *This class is designed specifically for persons with special needs.* Can't come every week? Pay as you go. You must RSVP to guarantee your spot, no exceptions! Participants should be able to follow simple directions.

#### 12+ YEARS

90850 T 10/18-12/13 4:30-5:30pm CC \$45/\$5

Instructor: Gilbert Staff

# SANCHIN-RYU KARATE FOR PERSONS WITH SPECIAL NEEDS

Have fun learning the fundamental movements of Sanchin-Ryu. Benefits of this program include: Enhanced balance and coordination, improved motor-skills and useful self-defense techniques. Students study in a fun, high-energy, non-competitive environment. Participants must be able to follow simple directions. Please wear comfortable clothing that does not restrict movement.

#### 10+ YEARS

90620 M 10/17-12/12 4:30-5:30pm CC \$45

Instructor: Sanchin-Ryu Staff

#### SPECIAL OLYMPICS POM & CHEER

Let's Go Gilbert! Join our gold medal team and have a blast learning cheers, chants, and dances! Cheerleaders will have the opportunity to participate in the Special Olympics Cheer competition in February. This activity gives participants a chance to belong to a team, make new friends, increase coordination and enhance self-esteem. Can't come every week? Pay as you go. You must RSVP to guarantee your spot, no exceptions! Participants should be able to follow simple directions.

#### 12+ YEARS

90849 T 10/18-12/13 4:30-6pm CC \$45

Instructor: Jennifer Myers



#### **Join Our Parks & Recreation Mailing List!**



Click <u>HERE</u> to subscribe to receive the latest newsletters, updates and information about our programs and events sent straight to your inbox.

#### **ADAPTIVE RECREATION**



#### SPECIAL OLYMPICS BOWLING

Individuals with special needs 8 years and older are encouraged to join in the fun of bowling. Taking part in this sport provides individuals the chance to develop physical fitness, self-confidence and build strong relationships. Those needing extra supervision must provide his/her own aide. Register in advance to guarantee your bowling lane. Can't come every week; pay as you go. *Practices will be held at Brunswick Zone XL; 1160 S. Gilbert Rd.* Register early space is limited! All bowlers must register or RSVP to guarantee space no exceptions!

#### 8+ YEARS

90859 TH 10/20-12/15\* 4:30-5:30pm BZ \$40/\$5 per week Instructor: Gilbert Staff \*No Class 11/24

#### THERAPEUTIC RECREATION HORSEMANSHIP

These classes are geared to each rider as an individual and are aimed toward their own abilities. With the help of certified instructors and volunteers, students gain a feeling of personal accomplishment and a freedom of movement they cannot experience in a wheelchair or other aiding devices. Most importantly, riders can benefit physically, emotionally and mentally through interaction with the horses, instructors, volunteers and fellow students. **Students under 18 must have parent/guardian sign a liability waiver at first class**. *These classes take place at Valley Silver Bullets (VSB), located at 43757 N. Coyote Rd. San Tan Valley, AZ 85140*.

#### 6+ YEARS

90441 M 9/12-11/21\* 6-7pm VSB \$195 Instructor: Valley Silver Bullets Staff **\*No class 10/31** 

#### **ZUMBA**

This is a slower paced cardio workout designed for beginners and those with physical limitations. Easy to follow dance steps are set to unique Latin dance music to help maximize caloric output with fun, fat burning movements. This class increases skills in coordination, balance, discipline, memory, and movement. Can't come every week? Pay as you go. You must RSVP to guarantee your spot, no exceptions! Participants should be able to follow simple directions. 13+ YEARS

90848 M 10/17-12/12 5-6pm CC \$45/\$5 per week

#### WEDNESDAY NIGHT SOCIAL NIGHT

Join us every other Wednesday night as we get together for a social hour with friends! We will play bingo, sing karaoke, boogie to the top hits, and more as we spend some time getting to know each other. The Town of Gilbert will no longer be providing snacks for social nights, please contact the Community Center at 480-503-6290 if you would like to donate a snack. FREE!!

#### Registration is appreciated.

#### 12+ YEARS

90871 W 10/19 6-7pm CC **FRFF** BINGO 90872 W 11/16 6-7pm CC **FREE KARAOKE** 90873 12/14 CC **FREE SOCK HOP** 6-7pm

# **EVENTS**

#### HALLOWEEN BALL

Let's do the Monster Mash! Wear your Halloween costume for all your friends to see! There will be a costume contest. We'll have a great time dancing to music and enjoying old and new friends. Light refreshments will be served.

#### 12+ YEARS

90141 F 10/28 6-9pm CC \$5

#### **HOLIDAY BALL**

Get dressed up and join us for this semi-formal dance to celebrate the winter holidays! You can bring a date or come ready to meet new friends. We'll have a great time dancing to music and dinner and drinks will be served. This dance is designed for teens and adults with special needs.

#### 14+ YEARS

90862 F 12/16 6-9pm CC \$5

#### MUSIC INSTURMENT MUSEUM

Learn about more than 6500 different instruments from around the world, get to see instruments that were played by your favorite artists such as Taylor Swift and get to play the instruments yourself! There is so much to do and learn at the Music Instrument Museum you won't want to leave! We will enjoy lunch at the Café Allegro inside the museum so bring an additional 15-20 dollars for lunch. Sign up for this field trip will be from 7/12-10/14, no registrations will be taken after this date Transportation is provided and is limited to 20 passengers.

14+ YEARS

90144 F 10/21 10am-4pm CC \$20

#### LIGHTS OF THE WORLD LANTERN FESTIVAL AT RAWHIDE

Lights of the World is a lantern festival celebrating the final day of the Chinese New Year celebrations. The festival has grown to showcase lights of the world and it is truly something you do not want to miss! Bring extra money if you would like to buy a snack or ride any of the attractions. Sign up for this field trip will be from 9/20-12/14, no registrations will be taken after this date Transportation is provided and is limited to 20 passengers.

12+ YEARS

90877 W 12/21 4:30-10pm CC \$27

Instructor: Michelle Dulansky



#### **EARLY CHILDHOOD CAMPS**

#### **COOKING 101 CAMP FOR KIDS**

This fun camp will teach your culinary enthusiasts the basics of baking and cooking! We'll make an appetizer, main dishes, breakfast item and dessert. Get ready to taste some amazing foods! Recipes will be given at each class to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

#### 3-6 YEARS

90280 M-TH 10/10-10/13 10:30-11:30am MPAC \$35 Instructor: TBA

#### PEE WEE ENRICHMENT CAMP

We'll get your lil one movin', groovin' and grinnin' in a safe, fun, nurturing environment. Drop off your pee wee to participate in a gamut of age-appropriate activities such as learning centers, music & movement, arts & crafts, games and so much more! Campers will experience socialization, purposeful play and teamwork to improve their cognitive, emotional and physical wellbeing. Unique themes are incorporated to keep the campers engaged and create the atmosphere of fun learning. Don't miss out, cuz PEE WEE CAMP is the place to be! Participants must be minimum age of class by the first day of class.

#### 3-6 YEARS

90275 M/W/F 10/10-10/14 9:15am-12:15pm MPAC \$53 Instructor: TBA



#### YOUTH/TEEN CAMPS

#### ARCHERY FUN CAMP

Learn archery skills and have fun competitions during this week long camp. Appropriate for all shooting levels. Equipment will be provided. Come and have fun while learning from USA Archery Certified coaches. A \$20 supply fee will be collected on the first day of camp. This camp will take place on the dirt lot north of Nichols Park (NPARK).

#### 8+ YEARS

90442 M-F 10/10-10/14 10-11:30am NPARK \$95 Instructor: Sandra Reynolds



#### **COOKING 101 CAMP**

This fun camp will teach your culinary enthusiasts the basics of baking and cooking! We'll make an appetizer, main dishes, breakfast item and dessert. Get ready to taste some amazing foods! Recipes will be given at each class to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

#### **5-8 YEARS**

90276 M-TH 10/10-10/13 12-1:30pm MPAC \$45 **8-14 YEARS** 90277 M-TH 10/10-10/13 2-3:30pm MPAC \$45 Instructor: TBA

#### **ETIQUETTE & LEADERSHIP CAMP II**

Pre-requisite Character & Etiquette Camp. This 2nd level camp is an expansion to the social lessons of etiquette, character, leadership, poise, self-respect, and other behaviors important to healthy social and emotional growth. Your child is instructed in these values along with lessons on how to be a friend and choose healthy friendships, decision making and cognitive skills. This course will enhance self-esteem and provide invaluable lessons traditionally taught in formal charm, finishing or home school. A \$12 supply fee will be collected on the first day of camp.

#### **8-12 YEARS**

90443 M-F 10/10-10/14 9:30-10:30am CC \$79 Instructor: Arizona Academy of Charm Staff

#### FALL BREAK CAMP AT THE PRESERVE

Get closer to nature at the Riparian Preserve's school break camp. Spend time outdoors and indoors learning about the wildlife and plants of desert and riparian areas through hikes, scientific digs, experiments, learning games, and craft activities.

Topics are adjusted seasonally and include the Sonoran Desert, pond life, birds, bugs, archaeology, paleontology (dinosaurs), fishing, astronomy, plants, water, reptiles, and more.

#### **5-11 YEARS**

90133 M-F 10/10 – 10/14 8:30am-12pm Riparian \$75



Credit/Refund requests must be received by 6pm, one week before the start of a class, camp or program.

Call (480) 503-6200 for further information.

#### EDUROBOTECH LEGO® BUILDING AND ROBOTICS CAMPS

Everybody loves LEGOS®! These camps focus on teaching children basic computer skills and concepts, basic programming, creative problem solving, concentration & perseverance, critical thinking, cooperation, confidence, designing, planning & organizing, teamwork, communication, and independent thinking. Learning the fun way!

#### ADVANCED BUILDING "SIMPLE & ADVANCED MACHINES"

Advanced exploration of complex machines using LEGO™ Educational building systems. This class focuses on advanced building concepts: rack/pinion, transmission, differential gears, and investigate motorized machines. Children explore problem-solving activities designed to solve tasks related to advanced mechanical principles.

#### **7-12 YEARS**

90445 M-F 10/10-10/14 1-4pm SERL \$120 Instructor: Mr. B

# BUILDING FUNDAMENTALS "MACHINES & MECHANISMS"

Explore machines and mechanisms using LEGO™ Educational building systems. This class focuses on basic concepts behind structures, forces, levers, wheels, axles, gears, pulleys, and energy sources. Children explore problem-solving activities designed to solve tasks related to mechanical principles.

#### 5-8 YEARS

90444 M-F 10/10-10/14 9am-12pm SERL \$120 Instructor: Mr. B

#### FALL BREAK BASKETBALL CAMP

This camp is intended to teach boys and girls the fundamentals of basketball. Ball handling skills such as dribbling, passing and shooting will be taught during practice drills and game time. Good sportsmanship, teamwork and appropriate classroom behavior are encouraged.

#### 9-12 YEARS

90437 M/W/F 10/10-10/14 8-8:45am FRC \$17 Instructor: Kelli Morgan

#### FALL BREAK KIDZ KAMP

See KIDZ KAMP FLYER on pg.24 for camp description and details.

#### MAD SCIENTIST'S ADVENTURE LAB

Is your child secretly a mad scientist?! In this lab, your kiddo will embark on a series of science adventures! Focus is on inspiring, educating and entertaining your kiddo about the world of science through calculations, measurements and a big ole mess! Each class we'll erupt with a new project and create a science journal to track our findings. Is your kiddo mad enough for this camp?!

#### 5-8 YEARS

90278	M/W/F	10/10-10/14	12-1:15pm	MPAC	\$31			
8-12 YE	ARS							
90279	M/W/F	10/10-10/14	1:30-2:45pm	MPAC	\$31			
Instructor: TBA								

#### MOVIES BY KIDS CAMPS

MOVIES BY KIDS is a creative program designed for teaching young students the exciting process of movie making and animation. All student films will be made available for download online approximately 2-4 weeks after each camp has ended. Movies By Kids Staff supervised lunch from 12-1pm for students taking both morning and afternoon camps. All camps are staffed by Movies By Kids.

#### MINECRAFT MOVIE MAKING

Do you love Minecraft? Join this exciting camp where kids will design a Minecraft world using Lego® blocks, create their own crazy Minecraft characters out of clay & putty and finally, utilize iPods to create their own Minecraft movie and become the voices for all the characters. Create monsters, creepers or your own personal hero to tackle the incredible environment that you create. Bring in a USB thumb drive and take home your masterpiece along with all the other movies in the camp. A \$15 supply fee will be collected by the instructor on the first day of camp.

#### **6-12 YEARS**

90448 M-F 10/10-10/14 9am-12pm SERL \$149

#### STAR WARS: CLAYMATION GALAXY

In this creative camp, students will design and build their own unique aliens, Jedi Knights, Sith lords, etc. out of clay. Utilizing iPods (provided), their Star Wars masterpieces will come to life using the art of stop-motion-animation. Students supply the voice-over for the characters in their movies & all projects will be available to view and download online. A \$15 supply fee will be collected on the first day camp.

#### **6-12 YEARS**

90449 M-F 10/10-10/14 1-4pm SERL \$149

#### **GOLF JUNIOR CAMP**

This class is great for both beginner and intermediate levels. Junior golfers will learn a proper pre-shot routine then jump right into the full swing. Chipping, pitching, putting and driver swing will follow. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

#### 4-7 YEARS

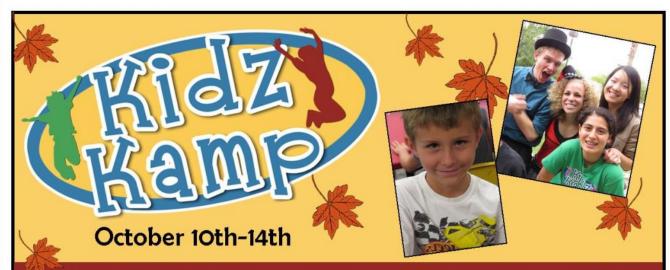
90863	T-TH	10/11-10/13	9-10am	WS	\$65			
6-9 YEA	RS							
90864	T-TH	10/11-10/13	9-10am	WS	\$65			
10-16 Y	EARS							
90865	T-TH	10/11-10/13	9-10am	WS	\$65			
Instructor: Mike Arrigoni, PGA								

#### **VOLLEYBALL CLINIC**

Introduce and review basic volleyball skills: bump, set, spike, and serve. Learn the game through drills and skill instruction. *Participants need to wear tennis shoes and may bring their own volleyball to class each day.* 

#### 9-12 YEARS

90438 M/W/F 10/10-10/14 9-9:45am FRC\$17 Instructor: Kelli Morgan



Join the Kidz Kamp Leaders for some Fall fun as we celebrate the Fall season and all that it has to offer. Camp selections include Full Week Camp, Daily Rates, Pit Stop Lunch and Overtime. Each day your camper will enjoy a variety of activities such as arts & crafts, science experiments, board games, active play, and rock wall climbing. Kidz Kamp is for kids age 5-12 years old.



# Full Week Camp - \$55

Offered in two daily sessions, morning and afternoon.

9:00am-12:00pm 90422 M-F 10/10-10/14 1:00-4:00pm

90423 M-F 10/10-10/14



# Daily Rates - \$13

Tuesda	у	Wednesd	lay	Thursda	y	Friday	
	11		12		13		14
AM 90424		AM 90425		AM 90426		AM 90427	
PM 90428		PM 90429		PM 90430		PM 90431	







# Pit Stop Lunch - \$15

Pit stop lunch is from 12-1pm. Campers must bring in a sack lunch. Please note a refrigerator and microwave are not available, please plan your child's lunch accordingly.

90432 M-F 10/10-10/14 12-1pm





# Overtime - \$15

Overtime is available up to one hour before and/or after Kamp.

8:00-9:00am 4:00-5:00pm

90433 M-F 10/11-10/14 90434 M-F 10/10-10/14

Freestone Recreation Center 1141 E. Guadalupe Rd Gilbert, AZ 85234 (480)503-6202





#### YOUTH/TEEN CAMPS

#### **BOUNCE BOOT CAMP WINTER BREAK CAMP**

new! Founded by a former NFL player, Bounce Boot Camp is the FIRST company in the world that combines the fun of inflatable obstacle courses, castles, and slides into an amazingly fun program for everyone. Bounce Boot Camp puts the "fun" back into fitness and will create a memorable experience for all ages and groups. Bouncing in the inflatable equipment is not only fun, it has been shown to improve cardiovascular health, core strength, balance, and coordination.

#### **5-14 YEARS**

90921 T/TH 12/27 & 12/29 10-11:30am FPARK \$35 Instructor: Ricky Muro

#### **HOGWARTS HOLIDAY CAMP**

days we'll be learning about wizarding in the new world. Ilvermorny School of Witchcraft and Wizardry is housed in the United States of America. You'll learn about its history and its houses. You'll have an opportunity to learn about new and unique magical creatures. Activities in this camp include making your own potions, making an American wizarding wand and bringing the world alive with storytelling and readers theatre experiences.

Welcome to Hogwarts Holiday Camp. Over the next four

#### **9-12 YEARS**

90928 T-F 12/27-12/30 10am-1pm SERL \$149 Instructor: Pop Goes the Classroom Staff

#### ELLA'S DISCOVERIES MINI COOKING CAMP

new! At Ella's Discoveries each class has an exciting theme, so get the kids cooking healthy and imaginative meals. We'll create savory and sweet recipes, enjoy food facts and try at home recipes too! This hands-on cooking camp is hosted by food and consumer affairs writer, test kitchen manager, radio show journalist, certified kitchen Manager, cookbook author and culinary instructor Pam Jackson. A \$15 Supply fee will be collected by the instructor at the beginning of class. Not recommended for children with food allergies.

12/27 Pirates of the Caribbean 101 - Mango Chicken Burgers, Hearts of Palm Salad, Banana Fritters

12/28 Pizza 101 - Homemade Pizza Sauce, Texas Toast Garlic Bread Pizza, Mexican Tortilla Pizza

12/29 BBQ 101 - Stuffed Doritos Burgers, Barbecue Green Beans, Summer Sand Pudding

12/30 Casual Dinner with Friends - Three-Pepper Pork Cutlets, Rice Pilaf, Fried Apples, Broccoli Spears

#### 11-16 YEARS

90925 T-F 12/27-12/30 3-5pm CC \$80 Instructor: Pam Jackson

"The girls loved learning to cook new things and then eating them!"

#### BASKETBALL CAMP

This camp is intended to teach boys and girls the fundamentals of basketball. Ball handling skills such as dribbling, passing and shooting will be learned during practice drills and game time. Good sportsmanship, teamwork and appropriate classroom behavior are encouraged.

#### 9-12 YEARS

90881 T/W/TH 12/27-12/29 8-8:45am FRC \$17 Instructor: Kelli Morgan

#### **GOLF JUNIOR CAMP**

This class is great for both beginner and intermediate levels. Junior golfers will learn a proper pre-shot routine then jump right into the full swing. Chipping, pitching, putting and driver swing will follow. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

#### 4-7 YEARS

90851 T-TH	12/27-12/29	9-10am	WS	\$65				
6-9 YEARS								
90852 T-TH	12/27-12/29	9-10am	WS	\$65				
10-16 YEARS								
90853 T-TH	12/27-12/29	9-10am	WS	\$65				
Instructor: Mike Arrigoni, PGA								

#### **VOLLEYBALL CLINIC**

Introduce and review basic volleyball skills: bump, set, spike, and serve. Learn the game through drills and skill instruction. *Participants need to wear tennis shoes and may bring their own volleyball to class each day.* 

#### 9-12 YEARS

90882 T/W/TH 12/27-12/29 9-9:45am FRC \$17 Instructor: Kelli Morgan

#### WINTER BREAK CAMP AT THE PRESERVE

Get closer to nature at the Riparian Preserve's school break camp. Spend time outdoors and indoors learning about the wildlife and plants of desert and riparian areas through hikes, scientific digs, experiments, learning games, and craft activities. Topics are adjusted seasonally and include the Sonoran Desert, pond life, birds, bugs, archaeology, paleontology (dinosaurs), fishing, astronomy, plants, water, reptiles, and more.

#### 5-11 YEARS

90615 M-TH 12/28-12/31 8:30am-12pm Riparian \$60

#### JUNIOR RANGER CAMP

Junior Rangers help to preserve and protect our parks, playgrounds and trails. They learn about nature and history, have fun exploring the parks with the Town of Gilbert Park Rangers. This is an one week program and participant will receive a Junior Ranger badge upon completion! Locations will vary with the first class taking place at Freestone Park.

#### 6-11 YEARS

90622 T-F 12/27-12/30 8:30am-10am Riparian \$55

#### EDUROBOTECH LEGO® BUILDING & ROBOTICS CAMPS

**Everybody loves LEGOS®!** These camps focus on teaching children basic computer skills and concepts, basic programming, creative problem solving, concentration & perseverance, critical thinking, cooperation, confidence, designing, planning & organizing, teamwork, communication, and independent thinking. Learning the fun way!

#### **BUILDING FUNDAMENTALS "MACHINES & MECHANISMS"**

Explore machines and mechanisms using LEGO™ Educational building systems. This class focuses on basic concepts behind structures, forces, levers, wheels, axles, gears, pulleys, and energy sources. Children explore problem-solving activities designed to solve tasks related to mechanical principles.

#### 5-7 YEARS

90624 M-F 12/19-12/23 9am-12pm SERL \$120 Instructor: Mr. B

#### ADVANCED BUILDING "SIMPLE & ADVANCED MACHINES"

Advanced exploration of complex machines using LEGO™ Educational building systems. This class focuses on advanced building concepts: rack/pinion, transmission, differential gears, and investigate motorized machines. Children explore problem-solving activities designed to solve tasks related to advanced mechanical principles.

#### **7-12 YEARS**

90623 M-F 12/19-12/23 1-4pm SERL \$120 Instructor: Mr. B

ITISTITUCTOT: IVIT. B

#### COMPLEX BUILDING "ADVANCED & COMPLEX MACHINES"

Further exploration of advanced and complex machines using LEGO™ Educational STEM building systems. This class focuses on complex building concepts with axles, differential gears, renewable energy sources, forces, gears, levers, pulleys, structures, wheels, rack/pinion, transmission, and investigate multiple motorized machines controlled by IR Remote controls.

#### **8-16 YEARS**

90631 T-F 12/27-12/30 1-4pm SERL \$112 Instructor: Mr. B

#### EV3 ROBOTS 3.0 LEGO® EDUCATIONAL NXT-MINDSTORM™

New LEGO™ Education EV3 MINDSTORMS® Advanced robotic design and concepts. This curriculum supports intermediate to advanced robotics students with a dual emphasis on programming and standards based on academic STEM concepts. Each of the projects begins with a robotics research prototype in which students are guided step by step through the building and programming of a new robot behavior using LEGO® MINDSTORMS® Education EV3. Afterwards they follow up their prototype work with a robotics investigation in which the students experiment with the robots motors, sensors, and programming to learn how robots really work.

#### **7-14 YEARS**

90639 T-F 12/27-12/30 9am-12pm SERL \$112 Instructor: Mr. B

#### YOUTH TECH INC. CAMPS

Youth Tech Inc. is an interactive computer camp that focuses on providing enrichment opportunities to students in the world of computers. With a caring environment at the core of camp values, Youth Tech strives to create a positive learning community that encourages creativity, fun and academic excellence. Each participant will receive a T-Shirt and CD. For more information about Youth Tech Inc. please visit our web site at www.youthtechinc.com.

#### 3D GAME DESIGN

Video Game Design is suggested prior to taking this course. This class offers and interactive look at the world of 3D Game Design. This awesome 3D video game design course offers the chance for students to create and immerse themselves in a 3D world. If you are looking to design professional 3D games that both look and feel just like the ones you play at home, then you don't want to miss this course. *Please bring a sack lunch.* A \$10 supply fee will be collected by the instructor on the first day of camp.

#### 10-17 YEARS

90655 TH-F 12/29-12/30 9am-4pm SERL \$155 Instructor: Youth Tech Inc. Staff

#### THE GAMING ACADEMY

The Gaming Academy is an all-day course for students who love games. During this course students will be immersed into the world of 2D and 3D game design. The Gaming Academy is a combination of our Video Game Design, Advanced Game Design and 3D Game Design courses. The course offers students a variety of hands on experience designing and building their very own games. *Please bring a sack lunch.* A \$10 supply fee will be collected by the instructor on the first day of camp.

#### 10-17 YEARS

90930 T-F 12/27-12/30 9am-4pm SERL \$305 Instructor: Youth Tech Inc. Staff

#### VIDEO GAME DESIGN

This course provides students with a fun interactive look at the world of video game design and development. Students enrolled in this camp will learn the basics of video game design and produce several different interactive video games to share with their friends and family. *Please bring a sack lunch.* A \$10 supply fee will be collected by the instructor on the first day of camp.

#### 10-17 YEARS

90649 T/W 12/27-12/28 9am-4pm SERL \$160 Instructor: Youth Tech Inc. Staff





Join the Kidz Kamp Leaders for some Cool fun as we celebrate the Winter season and all that it has to offer. Camp selections include Full Week Camp, Daily Rates, Pit Stop Lunch and Overtime. Each day your camper will enjoy a variety of activities such as arts & crafts, science experiments, board games, active play, and rock wall climbing. Kidz Kamp is for kids age 5-12 years old.



#### Four Day Camp - \$44 \*No Kamp 12/26

Offered in two daily sessions, morning and afternoon.

9:00am-12:00pm 1:00-4:00pm

91041 TU-F 12/27-12/30\* 91042 TU-F 12/27-12/30\*

Two Day Camp - \$22 \*No Kamp 1/2

Daily Rates - \$13

Tuesday	Wednesday	Thursday	Friday
27	28	29	30
M 91045	AM 91047	AM 91048	AM 91050
PM 91046	PM 91067	PM 91049	PM 91051
Jan 3	Jan 4	Jan 5	Jan 6
AM 91052	AM 91054	NO KAMP	NO KAMP
PM 91053	PM 91055		

#### Pit Stop Lunch

Pit stop lunch is from 12-1pm. Campers must bring in a sack lunch. Please note a refrigerator and microwave are not available, please plan your child's lunch accordingly.

91056 TU-F 12/27-12/30\* 12-1pm \$12 91061 TU-W 1/3-1/4 12-1pm \$6



#### Overtime

Overtime is available up to one hour before and/or after Kamp.

8:00-9:00am - \$12 91057 TU-F 12/27-12/30\*

8:00-9:00am - \$6

91058 TU-W 1/3-1/4\*

4:00-5:00pm - \$12

91059 TU-F 12/27-12/30\*

4:00-5:00pm - \$6

91060 TU-W 1/3-1/49

#### WRESTLING CAMP

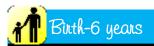
27<sup>th</sup> Annual Holiday Wrestling Camp

Wrestling camp for beginners and experienced wrestlers 5 years-8<sup>th</sup> grade. Sponsored by the Gilbert Parks and Recreation Department and conducted by Campo Verde High School Varsity Wrestling Coach, Chris Bishop. The format for the camp is three days of instruction followed by match day for the camp finale. Each participant will receive ribbons for each match wrestled and be eligible for the Braiden Rainey Sportsmanship Award. A camp T-shirt is included! This camp will take place at Campo Verde High School Mini-Gym located at 3870 S Quartz Street, Gilbert AZ 85297. Full Credit or refund through December 27th. No refunds or credits. after December 27th.

5-6 YEARS (K-1<sup>st</sup> grades 2016-17 school year, must be 5 years by 12/27)

2-0 15717	3 (IV-I Blades 2010-17	scrioor year, mus	it be 5 years	Dy 12/					
91008	M-TH 12/27-12/30	9-9:45am	CV	\$41					
6-8 YEARS	S (2 <sup>nd</sup> -3 <sup>rd</sup> grades 2016-1	7 school year)							
	M-TH 2/27-12/30		CV	\$41					
8-11 YEAI	8-11 YEARS (4 <sup>th</sup> -6 <sup>th</sup> grades 2016-17 school year)								
	M-TH 12/27-12/30			\$41					
12-14 YEARS (7 <sup>th</sup> -8 <sup>th</sup> grades 2016-17 school year)									
91011	M-TH 12/27-12/30	12-1·15nm	CV	\$41					





## Important Parent/Tot Class Info

Parent/Tot classes are designed to encourage both parent and child participation through instructor led activities. With you by their side, children will experience skills in sharing, listening and following directions.

Classes are recommended for the first time participants and those that aren't quite ready to leave your side. This is a great opportunity to spend quality time with your child and enhance their skills.

.............



Look for this icon to see our exciting new! offerings this session

# ACAL

#### **ACADEMICS**



#### \*\*GREAT STARTS-PARENT/TOT\*\*

This class will prepare your child for preschool by reinforcing letters, numbers, shapes and colors with you by their side. Math, music, arts and crafts, science and playtime will all be part of our curriculum. We will end our class with story time and snacks.

#### **2-3 YEARS**

90910 T/TH 10/18-12/15\* 9-10am MPAC \$95 Instructor: Carolyn Love \*No class 11/24

#### \*\*LITTLE EXPLORERS-PARENT/TOT\*\*

Join the adventure, put on those thinking caps and explore the wonderful land of learning. This class is sure to get even the littlest of learners excited about the world around them and how much there is to discover. Begin by diving into the deep sea of letters where you will find a world or words, travel through the mountains of numbers where there is no number too high, and dig deep into the unearthed lands of patterns where mysteries' are solved. No feat is too large for these little explorers!

#### **2-3 YEARS**

90565 TH 10/27-12/15\* 10-10:45am CC \$45 Instructor: Isabel Sesmas\***No Class 11/24** 



#### ARTS & CRAFTS



#### \*\*DISCOVERY ART-PARENT/TOT\*\*

Come and explore, create and learn in this exciting class that develops and encourages self-expression and confidence through arts. Children will have fun and learn with different colors, shapes and textures. We will use a variety of art supplies including glue, clay. paint, play-dough, and more!

#### 1 1/2-2 YEARS

90567 F 10/21-12/16\* 9-9:30am CC \$37 Instructor: Susan Garner \*No Class 11/11 &11/25

#### \*\*MESSY MONSTERS-PARENT/TOT\*\*

Bring your toddler in for a messy art experience designed just for them! Shaving cream, paint and play-dough projects will engage your child's senses while they have a messy good time. Class will end with a circle time to enjoy songs and play or story time. Come explore the amazing world of art and leave the clean up to us! *Dress down for a messy time!* 

#### 1 1/2-3 YEARS

90912 F 10/21-12/16\* 10:15-11am MPAC \$45 Instructor: Camille Adams \*No class 11/11 & 11/25

#### \*\*SQUISHY, MESSY, STICKY ART-PARENT/TOT\*\*

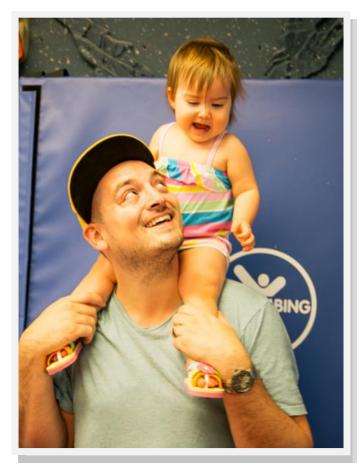
Dress down cuz you're gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us! *Dress down for a messy time!* 

#### 2-5 YEARS

90913 F 10/21-12/16\* 9:15-10am MPAC \$45 Instructor: Camille Adams \*No class 11/11 & 11/25



\*\*For all Parent/Tot classes, only registered participant and parent are allowed in the classroom. Siblings, including infants, unless registered, are not allowed in the classroom. Parents do not need to register but will be required to sign a waiver of liability on the first day of the session. Participants must be the minimum age by the first day of class.\*\*



#### \*\*STORYBOOK ART-PARENT/TOT\*\*

This class is designed for students to participate in art activities related to different children's stories. Each week a new story will be introduced and then a craft will be made to go along with it. Creative movement may be implemented if time permits. Dress for a mess & come be creative with us.

#### 2-4 YEARS

90566 F 10/21-12/16\* 10-10:45am CC \$45 Instructor: Susan Garner \*No Class 11/11 &11/25



## DANCE/CHEER



#### \*\*BUBBLES & BOWS-PARENT/TOT\*\*

Wiggle, dance, tumble and pop your way into this magical class! You and your child will learn the basics of tap, ballet, tumbling and active movement to surely keep you coming back for more! Silly songs, props and dress up costumes will be incorporated to let your child express their creative side. Now, what class would be complete without a bubble parade? Soft soled dance shoes and tap shoes are recommended for your child but not required.

#### 2-3 1/2 YEARS

90914 M 10/17-12/12 9-9:45am MPAC \$47 Instructor: Jessica Austin



#### \*\*TWINKLE TOES-PARENT/TOT\*\*

Class is full of imagination and fun allowing you to interact with your child to introduce the fundamentals of dance techniques in ballet, tap and tumbling. Dance is about learning to nurture creative movement, follow directions, become aware of one's body/surroundings and establish classroom etiquette. Great opportunity to let your little dancer build confidence and self-esteem and take the first step to leaving your side! Soft soled dance shoes and tap shoes are recommended for your child but not required.

#### 2-3 1/2 YEARS

91037 W 10/19-12/14\* 9-9:45am MPAC \$42 Instructor: Lauren Cantrell \*No class 11/23 90915 SAT 10/22-12/17\* 9:30-10:15am MPAC \$42

Instructor: Jennifer Etchells \*No class 11/26



#### **GYMNASTICS**



#### \*\*HEAD OVER HEELS GYMNASTICS-PARENT/TOT\*\*

Parents will learn to assist their little gymnast through warm-ups and stretching before jumping, climbing, crawling and rolling on our kid-friendly gymnastics equipment. Children are encouraged to explore the world of mvement using mats and balance beams to build strength, balance and coordination. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!

#### 2-3 YEARS

90916 T 10/18-12/13 10-10:45am MPAC \$47

Instructor: Camille Adams



#### HEALTH/FITNESS



#### \*\*YOGA TOTS-PARENT/TOT\*\*

Twist, stretch, bend, balance and breathe in this exhilarating introduction to yoga! Partner up with your little one to create harmony for the week to come. Have fun working together as you are guided through a variety of yoga poses and creative group games. You and your little one will feel revived after this class. *Yoga mats provided*.

#### 3-6 YEARS

90917 M 10/17-12/12 12-12:45pm MPAC \$47 Instructor: Jessica Austin



#### **MARTIAL ARTS**



#### \*\*SANCHIN-RYU KARATE-PARENT/TOT\*\*

Both parent and tot can have fun together learning the fundamental movements of Sanchin-Ryu, an artistic form of self-defense designed in a way, that size, strength, age or athletic ability are not factors in defending one's self. Personal benefits include: enhanced balance, coordination and improved motor-skills.

#### 3-6 YEARS

90657	M	10/17-12/12	5:30-6:30pm	CC	\$45
90658	TH	10/20-12/15*	9-10am	SERL	\$40
90659	F	10/21-12/16*	5:30-6:30pm	FRC	\$35

Instructor: Sanchin-Ryu Staff \*No class 11/11, 11/24 & 11/25

# SPECIAL INTEREST



#### LITTLE TIKES LEGO CLUB-PARENT/TOT

There's something magical about putting LEGO bricks in children's hands. It awakens and opens their imagination.

They're the perfect way of taking preschoolers through the five key learning areas that are important for early childhood development (Creative Exploration, Social Emotional Development, Understanding the World, Early Math and Science, and Early Language and Literacy) and teaching them skills to prepare for school. You'll quickly see how the LEGO Duplo will help your children develop and grow.

#### 2-3 YEARS

90827	M	10/17-12/12	9-9:45am	SERL	\$100
90828	M	10/17-12/12	10-10:45am	SERL	\$100
Instructo	r: Brian	Bouffard			

#### \*\*MELODIES FOR US - PARENT/TOT\*\*

Join us for a fun, musical and sensory-filled experience. Themed and seasonal songs and musical opportunities will be included each week. Children are exposed to a variety of sounds and musical instruments to play. Weekly themes use a wide variety of instruments and musical experiences to help promote cognitive, motor, communication, and emotional/social development. All lead instructors are degreed, nationally Board-Certified Music Therapists.

#### 1 MONTH-5 YEARS

90660	W	10/19-11/16	9-9:45am	CC	\$52	
90661	W	10/19-11/16	10-10:45am	CC	\$52	
90662	W	11/23-12/14	9-9:45am	CC	\$41	
90663	W	11/23-12/14	10-10:45am	CC	\$41	
Instructor: Higher Octave Healing Staff						



#### \*\*MUNCHKIN MUSIC-PARENT/TOT\*\*

Music, instruments, parachute, puppets, learning and just plain fun is what you and your little munchkin will experience in this class. Colleen Rogers has been teaching music & movement classes to toddlers and preschool children for over 15 years. She loves children and understands early childhood development. Parents continue to choose this class to give their children the benefit of learning through music.

#### 15 MONTHS-5 YEARS

90664	Т	10/18-11/8	9:30-10:10am	SERL	\$35	
90655	Τ	10/18-11/8	10:30-11:10am	SERL	\$35	
90666	Τ	11/15-12/6	9:30-10:10am	SERL	\$35	
90667	Τ	11/15-12/6	10:30-11:10am	SERL	\$35	
90668	W	10/19-11/9	9:30-10:10am	SERL	\$35	
90669	W	10/19-11/9	10:30-11:10am	SERL	\$35	
90670	W	11/16-12/7	9:30-10:10am	SERL	\$35	
90671	W	11/16-12/7	10:30-11:10am	SERL	\$35	
Instructor: Colleen Rogers						

# SPORTS



# \*\*MULTI SPORTS 2-SPORT CLINIC BY B.E.S.T.-PARENT/

Do you want your little player to learn how to kick and control a soccer ball, do a proper throw in or be a goalie; do you want them to learn how to hit, catch, field and run the bases? Then this 8-week program is for you. We will hold 4 weeks of each sport so please bring a size #3 or #4 soccer ball, followed by 4 weeks of Softball so please bring a hitting tee. The slightly larger ball makes it easier for your child to catch, throw and hit the ball which means more learning. Come join the B.E.S.T.!

#### 2-3 YEARS

	-						
90829	SAT	10/22-12/17*	10:15-11am	FRC	\$99		
90830	SUN	10/23-12/18*	12-12:45pm	FRC	\$99		
Instructor: Beginners Edge Sports Training Staff *No class 11/26 & 27							

#### \*\*MY FIRST SPORTS CLASS-PARENT/TOT\*\*

Together, you and your child will have fun learning the basics of various sports such as t-ball, soccer and basketball while developing large motor skills and coordination. Emphasis is on learning to follow directions, take turns, develop coordination and promote self-esteem. *Participants must wear tennis shoes.* 

#### **2-3 YEARS**

90931 T 10/18-12/13 9:45-10:30am MPAC \$47 Instructor: Kelli Morgan

#### **UPDATE YOUR ACCOUNT WITH US!**

For the most up-to-date info regarding classes, programs and events, please be sure to update your contact information by calling the Gilbert Parks & Recreation Department at 480-503-6200 or stop by one of our recreation facilities!

"The instructor was great with my son. He's learning to be more independent with her help!"



#### "Our instructor was kind and sweet; very helpful!"

#### \*\*SOCCER SKILLS CLINIC BY B.E.S.T.-PARENT/TOT\*\*

Beginners Edge Soccer Training skill building, non-league weekly soccer program will engage your kids in the world of soccer by presenting activities that are fun WHILE learning. This is the B.E.S.T. way to introduce your little player to their first experience with the world of soccer. They will be exposed to the following skills: dribbling, kicking, throw-ins, headers, goalie skills, scrimmaging and more. *Please bring a size 3 soccer ball and water bottle*.

#### 1 1/2-2 YEARS

90672	SAT	10/22-12/17*	9:15-10am	FRC	\$99
90673	SUN	10/23-12/18*	10-10:45am	FRC	\$99
Instructo	r: Begi	nners Edge Sports	Training Staff *I	No class 11.	/26 & 27

#### \*\*SPORTBALL MULTI-SPORT-PARENT & CHILD\*\*

Using Sportball's cutting edge methodology, highly trained instructors introduce children to a new sport each week with a focus on exploration and discovery. Parents, not only will you get the joy of playing with your little one, you will also receive professional tips from certified Sportball instructors on how to progress your child's skills as well as the ABCs of Physical Literacy for years to come. Sports include Soccer, T-Ball, Football, Basketball, Volleyball, Hockey, Tennis and Golf. *All equipment is provided*.

#### 16 MONTHS-3 YEARS

90674	SAT	10/22-12/10*	9-9:45am	CC	\$73	
2-3 YEAF	RS					
90675	W	10/19-12/14*	9:15-10am	FRC	\$73	
Instructor: Sportball Staff *No class 11/23 & 11/26						

#### \*\*SPORTBALL SOCCER-PARENT & CHILD\*\*

Using Sportball's cutting edge methodology, highly trained instructors introduce children to the exciting sport of soccer! Parents, not only will you get the joy of playing with your little one, you will also receive professional tips from certified Sportball instructors on how to progress your child's skills as well as the ABCs of Physical Literacy for years to come. All equipment is provided. This class will take place on the multi-use fields behind McQueen Park Activity Center.

#### 2-4 YEARS

90676 SAT 10/22-12/10\* 9:30-10:15am MPARK \$73 Instructor: Sportball Staff \*No class 11/26



Children 5 years and younger

Check out our indoor play area for you and your child to have some wiggly, giggly fun!



# TUMBLING/MOVEMENT



#### \*\*BABIES IN MOTION-PARENT/TOT\*\*

Little ones will explore by climbing up, down, under and over on child friendly equipment. Class gives your child the opportunity to express themselves through creative play to gain balance, coordination and social interaction. Music and props are incorporated to give your little one a jumping good time!

#### 1-2 YEARS

90568	M	10/17-12/12	9-9:45am	CC	\$47	
90677	W	10/19-12/14*	9-9:45am	SERL	\$42	
90679	W	10/19-12/14*	10-10:45am	SERL	\$42	
Instructor: Diana Hakes *No class 11/23						

#### \*\*FUN & FITNESS-PARENT/TOT\*\*

Get a fun workout with your little one using basic body movement and gross motor skills. Gain strength, flexibility and balance crawling up, down, over, through hoops, on mats, with parachutes, and more! Take a walk back to your own childhood by participating in some of the classic children songs and nursery rhymes. Class is wildly interactive with you by their side!

#### 20 MO-2 YEARS

90570	M	10/17-12/12	10-10:45am	CC	\$47			
1 1/2-3 YEA	1 1/2-3 YEARS							
90933	T	10/18-12/13	9-9:45am	MPAC	\$47			
Instructor: Camille Adams								
2-3 YEARS								
90680	W	10/19-12/14*	11-11:45am	SERL	\$42			
Instructory Diana Hakas *No class 11/22								

Instructor: Diana Hakes \*No class 11/23



Look for this icon to see our exciting new! offerings this session



# Early Childhood Class Info

Our classes are designed to encourage participation through instructor led activities. Your child will experience skills in sharing, listening and following directions. This is a time for peer socialization, purposeful play and teamwork to improve their cognitive, emotional and physical well-being. From first time participants to ongoing participants, we want this to be a fun, exciting experience for your little one. We don't force them to interact, yet we encourage them to work at their own pace. We hope to build their communication skills that will allow them to interact with their peers and instructor. This is a great opportunity for our Parks & Recreation staff to spend quality time with your child and enhance their learning that will carry them through life!



# ADVANCED KINDERGARTEN READINESS

Give your kids a head start by enrolling them in Advanced Preschool. This is an advance class which will help develop core skills needed for academic success. Coursework includes; recognizing and writing letters and numbers, introduction to basic site words, colors and shapes. Each class includes reading and discussion groups to help develop each child's love for reading and key listening and comprehension skills. Children will learn basic academic skills to succeed in Kindergarten.

# 4-6 YEARS

90682 T/TH 10/18-12/1\* 9-12pm SERL \$205 Instructor: Amber Shahid \*No class 11/24













"My kids are very excited for the next session!"













# ADVENTURES IN LEARNING

Prepare your child for the adventure of a lifetime, kindergarten! Your little one will learn the basics of reading and writing that will encourage success for years to come. This class will incorporate hands-on manipulatives that will develop cognitive & motor skills, math by counting, sorting & grouping and creative play to encourage individuality, creativity & success! Snacks provided. Participants must be minimum age by the first day of class.

# 4-6 YEARS

90934 T/TH 10/18-12/15\* 9am-12pm MPAC \$265 Instructor: Tiffany Gomez \*No class 11/24

# **ADVENTURE TOTS**

Your first time 'student' will experience an array of preschool activities. Join us on an adventure of colors, shapes, letters and numbers to build basic skills in preparation for kindergarten. Activities include learning centers, arts and crafts, music and physical activity. Special theme days will be included to enhance learning. \*This is NOT a parent tot class. Participants must be minimum age by the first day of class.\*

# \*2-3 YEARS\*

90935	M	10/17-12/12	9-9:45am	MPAC	\$53				
Instructor: Tiffany Gomez									
90936	W	10/19-12/14*	9-9:45am	MPAC	\$48				
91005	W	10/19-12/14*	10-10:45am	MPAC	\$48				
Instructor: Jessica Austin *No class 11/23									

# **ALPHABET SOUP**

Discover the alphabet in a fun and creative way. Letter recognition, letter tracing, and crafts that relate with the letter of the day as well as story time and group play to keep your child engaged in the learning process. Children will also learn to follow directions and develop social skills.

# 3-5 YEARS

90883 T/TH 10/18-12/12\* 10am-12pm FRC \$180 Instructor: Jessica Austin \*No class 11/24



**PLEASE NOTE:** While we love our parents, our recreation classes are intended for drop off only and parents are not allowed in the classroom during class time. If your child is not ready to attend a class without a caregiver, please see the Parent/Tot section for options.

# **APPLES TO ZEBRAS**

Travel with us through the alphabet and meet new friends. We'll learn letters and sounds, colors and shapes, and making amazing letter crafts. Come sing silly songs, wiggle and dance, and wind down with an amazing story time. Great class to develop skills as you prepare for your new adventure into kindergarten. Snacks are provided. Participants must be minimum age by the first day of class.

**2-3 YEARS** 

90884 F 10/28-12/16\* 9-9:40am FRC \$40

Instructor: Isabel Sesmas \*No class 11/11 & 11/25

3-4 YEARS

90937 T/TH 10/18-12/15\* 9:30am-12pm MPAC \$223

Instructor: Cathy Gomez \*No class 11/24

90885 W 10/19-12/14\* 9-9:45am FRC \$50

Instructor: TBA \*No class 11/23

# ANIMAL CRACKERZ

Check out this amazing program that incorporates reading, writing, math, science, and physical fitness along with social development in a fun hands-on fashion! Along with letter recognition and writing skills, your child will have fun following a recipe while learning mathematical measurements, how to make slime & volcanoes erupt and the importance of taking care of our bodies with physical activity! We'll develop the whole child in a fun and exciting way!

Participants must be minimum age by the first day of class.

4-6 YEARS

90938 M/W 10/17-12/14\* 9am-12pm MPAC \$265 90939 T/TH 10/18-12/15\* 9am-12pm MPAC \$265

Instructor: Debbie Johnston \*No class 11/23 & 11/24

# **BEGINNING SPANISH FOR KIDS**

Students will be taught Spanish through read-alouds, songs and art activities. Students will learn colors, shapes,

days of the week and more in Spanish. Kids will enjoy developing their Spanish skills in a fun and creative way.

3-5 YEARS

90587 T 10/25-12/13 11:15am-12pm CC \$50 91012 F 10/28-12/16\* 10-10:45am FRC \$40

Instructor: Isabel Sesmas \*No class 11/11 & 11/25.

# **BUILDING BLOCKS FOR TOTS**

Through crafts, stories, songs and fun activities participants in this class will learn and enhance basic skills that will be utilized in preschool. The theme this session will be animals and we will use skills such as cutting and pasting, counting, and letter, color and shape recognition will be practiced to help your child get a head start on building a strong foundation that will be used for future learning.

3-5 YEARS

90580 TH 10/20-12/15\* 9-11am CC \$90

Instructor: Tracey Bailey \*No Class 11/24





# CONSTRUCTIVE BUILDERS

Do you have a budding Frank Lloyd Wright constructing towers and Lego houses? Come join us as we encourage your child's love of shapes and colors while exploring and building with a variety of mediums. Each week we will learn a new shape and color, counting sides and growing our vocabularies.

# 3-5 YEARS

90886 TH 10/20-12/15 11:15am-12pm FRC \$50 Instructor: Debra Shaw \*No class 11/24

# DINOTASTIC

Children will get the opportunity to learn about dinosaurs by making dinosaurs, dino digs, songs and more! Everything dinosaur.

# 3-5 YEARS

90586 TH 10/27-12/15\* 11-11:45am CC \$45 Instructor: Isabel Sesmas \*No Class 11/24

# **DISCOVERY SCIENCE**

Calling all science enthusiasts! Check out our fun, interactive and educational science class. This class is hands-on, so be sure to dress for mess! We'll create experiments that pop, fizz and explode that are sure to jump start your child's excitement and create a sense of wonder and discovery! Your child will have a blast in this class!

# 3-6 YEARS

91006 W 10/19-12/14\* 11-11:45am MPAC \$48 90887 TH 10/20-12/15\* 9-9:45am FRC \$50 Instructor: Jessica Austin \*No class 11/23 & 11/24

# **FUNDAY FRIDAY**

Come join us for a fun-filled adventure land loaded with a variety of activities your child is sure to enjoy! Make amazing crafts, sing silly songs, play outdoors, take a nature walk, watch funny movies, make yummy buttered popcorn, read fairytales, make delicious ice cream, paint colorful collages, dig for dinos, and go on a bear hunt...just to name a few! This is a place where a kid can be a kid! Participants must be minimum age by the first day of class.

# 3-5 YEARS

90940 F 10/21-12/16\* 10am-12pm MPAC \$80 Instructor: Cathy Gomez \*No class 11/11 & 11/25



# **FUN WITH PHONICS**

Who says learning can't be fun? Join Miss Robin as we prepare for reading, writing, math and science in this funfilled program. Letter recognition and phonemic awareness will be taught through songs, chants, music and movement. Each week we will focus on a different letter with hands-on, engaging activities and projects. Sprinkle math and science into the mix for a well-rounded classroom learning experience. Participants must be minimum age by the first day of class.

# 3-5 YEARS

91016 M/W/F 10/17-12/16\* 9am-12pm MPAC \$340 Instructor: Robin Baggett \*No class 11/11, 11/23, 11/25, 11/30 & 12/2

# HOLIDAY ABC'S

Have a jolly good time in this enrichment class! Each week your child will be introduced to a new letter of the alphabet. Holiday themed activities will include stories and daily crafts. Small group work will give your child one-on-one time with the teacher to develop fine motor skills, such as proper pencil grip and scissor use, as well as letter recognition and sounds. Participants must be the minimum age by first day of class.

### 3-5 YEARS

90941 F 10/21-12/16\* 9-10:30am MPAC \$63 Instructor: Carolyn Love \*No class 11/11 & 11/25

# INTRO TO KINDERGARTEN READINESS

Introduction to preschool will expose first time preschoolers to a structured learning environment. Students will learn to recognize letters, numbers, shapes and colors. Students will also learn how to follow directions and socialize with other students in a nurturing environment. This class will help students gain the needed skills to succeed in the Advanced Kindergarten Readiness class.

# 3-4 YEARS

90683 T/TH 10/18-12/1\* 12:30-1:15pm SERL \$75 Instructor: TBA **\*No class 11/24** 

# JUNIOR GENIUSES

Get your child prepped and ready for school with this fun, educational class! Students will engage in brain boosting activities that keep your child excited about learning. Academics; such as alphabet, counting and patterns will be presented in class, as well as games, songs, books and crafts to strengthen memory, gross and fine motor skills, language and social skills. Children will leave feeling more confident and eager to explore.

# 3-5 YEARS

90581 M/W 10/17-12/14\* 9-11am CC \$180 Instructor: Dawn Franks \*No Class 11/23

# KINDER COLLEGE

Learning and Lunch with friends? What could be more fun? Designed to give your student a head start on Kindergarten preparedness this class is focused on letters and phonics, numbers and mathematical expressions. Each week we will focus on a new theme applying the key concepts of numbers and letters in combination with arts, crafts and science. After working up our appetites we will settle down with our lunches for a true "big kid" experience. Please send a sack lunch with your child, food allergies will be discussed on the first day of class, please NO peanut products.

# 4-6 YEARS

90888 M/T/W 10/17-12/14\* 10:45-1:15pm FRC \$311 Instructor: Debra Shawn \*No class 10/26, 11/8 &11/23

# **LEARN MORE FOR 3-4'S**

Looking for the next step up from the Room to Bloom class? Learn More For 3-4's will continue to reinforcing letters, numbers, shapes and colors. Math, music, arts & crafts, and purposeful play will all be incorporated into the weekly curriculum. We will end our class with story time and a snack. Participants must be minimum age by the first day of class.

# 3-4 YEARS

90942 M/W 10/17-12/14\* 9am-12pm MPAC \$265 Instructor: Carolyn Love \*No class 11/23

# LITTLE SCHOLARS

Is your little Einstein ready for the school experience? This class is designed to help your little learner achieve academic success through hands-on and engaging activities that ready children for their kindergarten experience. We will work on name recognition, prewriting skills, counting, ABC's, weather, the seasons, and so much more. Arts and crafts, music, and stories will enrich our experience in a fun and social atmosphere.

# 3-5 YEARS

90684 W 10/19-12/14\* 11-11:45am SERL \$50 90685 F 10/21-12/16\* 11-11:45am SERL \$45 Instructor: Chelsea Hurlburt \*No class 11/11, 11/23 & 11/25 90572 M/T/W 10/17-12/14\* 9-10:30am FRC \$191 Instructor: Debra Shawn \*No class 10/26, 11/8 &11/23

# LITTLE SCIENTIST

Children will have fun learning about a variety of different topics such as Ocean Life, Reptiles, Weather, Our Skeletal System and many more. Children will learn about these through simple experiments, books, songs and hands on activities.

# 3-5 YEARS

90889 TH 10/20-12/15\* 10-11am FRC \$50 Instructor: Debra Shaw \*No class 11/24



# Changes are coming...

Gilbert Parks and Recreation will be updating our registration system in the coming months. Stay tuned for more information on how to utilize this new, user-friendly system!

# **LUNCH BUNCH LEARNERS**

Get your child prepped and ready for kindergarten with this wildly popular class. Writing skills, letter sounds, name recognition, counting in English and Spanish, weather and science are just a few of the fun, exciting topics we will cover; all while experiencing art, music, storytime, physical fitness and pretend play. Learn important social skills and manners each day while enjoying a lunch packed from home and participate in fun community activities throughout the session. Please note: Food allergies will be discussed on the first day. As a precaution, please NO peanut products.

# 31/2-5 1/2 YEARS

90582 M/W 10/17-12/14\* 9am-12pm CC \$265 Instructor: Susan Miller \*No Class 11/23

# MAGICAL MORNINGS SMART START

Is your child ready for a longer class? This 2 hours/ twice a week class offers a lot. We will begin to learn our letters, and their sounds through song and music. We will begin to recognize our names, count to 20, experiment with science, as well as learn some basic Spanish. Repetition is a big key to learning. We continue with colors, shapes, and explore some other valuable skills that are key to academic success. There will be weekly themes, daily art projects, sticky messy play, lots of fun songs, stories, and of course some exciting special activities. This class continues through the calendar year with new activities and skills being added each session. Participant must be minimum age by the first day of class.

# 3-4 ½ YEARS

90583 T/TH 10/18-12/15\* 9-11am CC \$180 Instructor: Susan Miller \*No Class 11/24

# MAGICAL MORNINGS TODDLERSCHOOL

This is a "first experience" class without parents. This is a chance for your child to be "on his own", and develop his/her own unique personality. Our academics will center around colors and shapes, counting to 10, music and movement, crafts and stories, and more. Children will learn to socialize, and play with other in a structured learning environment. This class continues throughout the school year with new activities being added each session. Participant must be minimum age by the first day of class.

# 2 1/2-3 1/2 YEARS

90584 T/TH 10/18-12/15\* 11:15am-12:15pm CC \$95 Instructor: Susan Miller \*No Class 11/24

# MIGHTY MUNCHKINS

First time Preschooler? This is the class for you! Introduce your child to the alphabet, numbers, shapes, games and much, much more. We will sing songs, make crafts and practice our listening skills while having fun.

# 2-3 YEARS

2-3 ILAN	S							
90890	М	10/17-12/12	9-9:40am	FRC	\$55			
Instructo	r: TBA							
90891	T	10/18-12/13	9-9:40am	FRC	\$55			
Instructor: Jessica Austin								
90893	TH	10/20-12/15*	9-9:40am	FRC	\$50			
Instructor: Debra Shaw <b>*No class 11/24</b>								



# MY FIRST BIG KID CLASS

Is your child ready to be in a classroom all by him or herself? Do they want to explore everything and imitate all the things you do or say? It's time for a big kid class! In this class your toddler will learn to share, use their manners, play with others and more all while learning shapes, colors, numbers, and letters! \*This is NOT a parent tot class. Participants must be minimum age by the first day of class.\*

# \*2 1/2-3 1/2 YEARS\*

90585 T 10/25-12/13 9-9:45am CC \$50 Instructor: Isabel Sesmas

# OOEY, GOOEY, SLIMY SCIENCE FOR THE SENSES

Mix, stir, and squeeze the ingredients for ooey, gooey, slimy sensory concoctions! Children will be introduced to the scientific process including identifying materials, sequencing the process, making predictions and exploring the results! Each class will feature a different mixture that children will create and explore.

# 3-5 YEARS

90831 M 10/17-12/12 11:30am-12:30pm SERL \$55 Instructor: Tracey Bailey

# **UPDATE YOUR ACCOUNT WITH US!**

For the most up-to-date info regarding classes, programs and events, please be sure to update your contact information by calling the Gilbert Parks & Recreation Department at 480-503-6200 or stop by one of our recreation facilities!



# PLAYHOUSE ADVENTURES

This class offers a variety of activities, such as letters, shapes, number, colors, art work, story time and songs. We will discuss a different theme each week that is sure to keep even the most curious child fascinated and give them the opportunity to grow and develop socially as well as academically. Participant must be minimum age by the first day of class.

# 3-5 YEARS

90894 M/W 10/17-12/14\* 10-11:30am FRC \$180

Instructor: TBA \*No class 11/23

# READY, SET, GO!

Continue the learning journey exploring math, literacy, science and art concepts through games, songs, stories and projects. Children will participate in a variety of writing activities including sensory writing, letter recognition, rhyming songs and games, counting activities and games, and science experiments. Come join the fun! \*This is NOT a parent tot class. Participants must be minimum age by the first day of class.\*

# \*2-3 YEARS\*

90832 M 10/17-12/12 9-9:45am SERL \$55

Instructor: Tracey Bailey

# **ROOM TO BLOOM**

Watch your child bloom in this fun academic class while they learn the alphabet, numbers, colors and shapes. Crafts and play stations will enhance your child's creativity and social skills. \*This is NOT a parent tot class. Participants must be minimum age by the first day of class.\*
\*2-3 YEARS\*

90944 T/TH 10/18-12/15\* 10:15-11:15am MPAC \$95 Instructor: Carolyn Love \*No class 11/24

# STORY AND A SNACK

children will enjoy a different exciting story each week all while enjoying a snack they made themselves! Children will hear a story that introduces the food experience, follow REBUS recipes to create their snack and then enjoy eating it! Additionally, children will participate in other story related songs and games creating a fun, social experience. No Peanut products will be used during these activities - Please notify of any additional food allergies on first day of class.

# 3-5 YEARS

90833 M 10/17-12/12 10-11am SERL \$57

Instructor: Tracey Bailey



# Connect for more fun! f @GilbertParksRec /GilbertParksRec /GilbertParksRec

Credit/Refund requests must be received by 6pm, one week before the start of a class, camp or program.

# **TINY TOTS PRESCHOOLERS**

Your little one will make new friends and have lots of fun while getting an introduction to preschool. We'll practice fine motor skills, following directions and social skills. Beginning concepts such as letters, numbers, and colors will also be incorporated through crafts, songs, stories and games. \*This is NOT a parent tot class. Participants must be minimum age by the first day of class.\*

# \*2-3 YEARS\*

90686	W	10/19-12/14*	10-10:45am	SERL	\$50		
90687	F	10/21-12/16*	9-9:45am	SERL	\$45		
90688	F	10/21-12/16*	10-10:45am	SERL	\$45		
Instructor: Chelsea Hurlburt *No class 11/11, 11/23 & 11/25							



# **ARTS & CRAFTS**

# **FUN AT THE ZOO**

Every day is a safari in this class! Come to play and learn about a whole range of animals. Children will learn through fun, energetic lessons, story time and arts and crafts projects centered around a different animal each week.

# 2 1/2-41/2 YEARS

90590 TH 10/27-12/15\* 9-9:45am CC \$45 Instructor: Isabel Sesmas \*No Class 11/24

# MY FIRST ART CLASS

We will explore textures, mixtures, stamping and squeezing, printing and painting and so much more! Children are introduced to color, shape, texture, and art techniques, style and material with new lessons each session. \*This is NOT a parent tot class. Participants must be minimum age by the first day of class.\*

# \*2-4 YEARS\*

90945 M 10/17-12/12 10:15-11am MPAC \$55 Instructor: Tiffany Gomez 90588 F 10/21-12/16\* 11-11:45am CC \$45 Instructor: Susan Garner \*No Class 11/11 & 11/25

# SILLY SCIENCE & DISCOVERY

This hands-on class is sure to peak your child's inner scientist! We'll create experiments that pop, fizz and explode that are sure to jump start your child's excitement and create a sense of wonder and discovery! Your child will have a blast in this class!

# 3-5 YEARS

90589 T 10/25-12/13 10-10:45am CC \$50 Instructor: Isabel Sesmas



# SQUISHY, MESSY, STICKY ART

Dress down cuz you're gonna get MESSY using slime, paints, play dough, shaving cream and much, much more! Art teaches critical thinking, self-expression, problem solving, individuality, creativity and self-esteem. Your child will express themselves through finger painting, sponge art and more! Come explore the amazing world of art and leave the clean up to us!

# 3-5 YEARS

90895	TH	10/20-12/15*	12:30-1:30pm	FRC	\$50		
Instructor: Debra Shaw *No class 11/24							
90896	F	10/28-12/16*	11-11:45am	FRC	\$40		
Instructor: Isabel Sesmas *No class 11/11 & 11/25							

# STORYBOOK ARTS AND CRAFTS

It's story time! Join us for lessons and crafts inspired by some of our favorite Disney characters. Each class, we will enjoy a Disney story along with art projects and other learning activities that relate to our book of the day. Children will get excited about reading while exploring art in a way that develops critical thinking, individuality, creativity and self-esteem. Come laugh, learn, create and play!

# 2 1/2-4 YEARS

90689 W 10/19-12/14\* 9-9:45am SERL \$50 Instructor: Chelsea Hurlburt \*No class 11/23

# Changes are coming...

Gilbert Parks and Recreation will be updating our registration system in the coming months. Stay tuned for more information on how to utilize this new, user-friendly system!

# COOKING

# **COOKING 101 FOR KIDS**

Calling all culinary enthusiasts! This fun class will teach your child the basics of baking and cooking! Each week will have a different focus and we'll make appetizers, main dishes, breakfast items and desserts. Get ready to taste some amazing foods! Recipes will be given each class to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

# 3-5 YEARS

91001	F	10/21-12/16*	3-3:45pm	MPAC	\$55	
3-6 YEARS	5					
91002	F	10/21-12/16*	11:45am-12:30pm	MPAC	\$55	
Instructor: Camille Adams *No class 11/11 & 11/25						

# CRAZY CHEFS

MUNCH, CRUNCH, and CHEW, this is absolutely the right class for YOU! We will bake, mix and blend a variety of delicious snacks that you're sure to enjoy! Simple ingredients will allow you to prepare your own snacks that will absolutely amaze your family and friends! Receive a complimentary cookbook with all our recipes. *Not recommended for children with food allergies.* \*This is NOT a parent tot class. Participants must be minimum age by the first day of class.\*
\*2½-4 YEARS\*

91003	W	10/19-12/14*	10-10:50am	MPAC	\$60		
3-5 YEAR	lS .						
91004	W	10/19-12/14*	11-11:50am	MPAC	\$60		
Instructor: Cathy Gomez *No class 11/23							



# **DANCE & CHEER**

# **BABY BALLERINAS**

This ballet class is designed especially for the very young dancer. We will be using props, imagery and costumes during this class. This is NOT a parent tot class. Participants must be minimum age by the first day of class.\*

# \*2-3 ½ YEARS\*

90597	T	10/18-12/13	11-11:30am	CC	\$36			
90598	W	10/19-12/14*	9:45-10:15am	CC	\$33			
90599	TH	10/20-12/15*	11-11:30am	CC	\$33			
Instructor: Jennifer Gallamore *No Class 11/23 & 11/24								

# BABY BALLERINAS II

This class is for students that have completed at least one class of Baby Ballerinas and are ready to progress their technique. This ballet class is designed especially for the very young dancers. We will be using props, imagery and costumes during this class. This is NOT a parent tot class. Participants must be minimum age by the first day of class.\*

# \*2-3 ½ YEARS\*

90600	W	10/19-12/14*	9-9:30am	CC	\$33
Instructo	or: Jen	nifer Gallamore *No	Class 11/23		

# **BALLET/TAP**

Are you ready to learn lots of great dance moves you can show your friends and family? Each class we will focus on ballet and tap. We will learn everything from pleas and tendues, to flaps and shuffles, to chases and leaps! We will focus on technique through fun and exciting dance moves at the barre, in the center and across the floor. Proper dance attire and ballet and tap shoes are strongly recommended.

# 3-5 YEARS

91017	M	10/17-12/12	9-9:45am	CC	\$47			
Instructor: Lauren Cantrell								
90897	Τ	10/18-12/6	10-10:45am	FRC	\$42			
Instructo	or: Antonia	a Behnke						
3-6 YEAF	RS							
90593	T	10/18-12/13	3:30-4:15pm	CC	\$47			
Instructo	or: Jennife	r Myers						
4-6 YEARS								
90898	TH	10/20-12/8*	10-10:45am	FRC	\$37			
Instructor: Antonia Behnke *No class 11/24								

# **BE A BALLERINA**

Your little one will learn beginning ballet technique and have fun dressing up as a ballerina. Small props and costume pieces will be used to enhance our ballet routines. Ballet shoes are recommended.

# 3-5 YEARS

90690 F 10/21-12/16\* 10-10:45am SERL \$37 Instructor: Dawn Franks \*No class 11/11 & 11/25

# **BEAUTIFUL BALLERINAS**

Beautiful Ballerinas is the place to be, you will learn basic ballet moves and routines using fanciful music. This class will encourage listening skills, following directions, positive self-image and cooperating with others. Ballet shoes and dancewear is recommended. Participants must be minimum age by the first day of class.

# 3-5 YEARS

90594	W	10/19-12/14*	9-9:45am	CC	\$42
90595	F	10/21-12/16*	9-9:45am	CC	\$37
Instructo	or: Jenr	nifer Myers *No Clas	s 11/11, 11/23	& 11/25	

# **BOYS DANCE & TUMBLE**

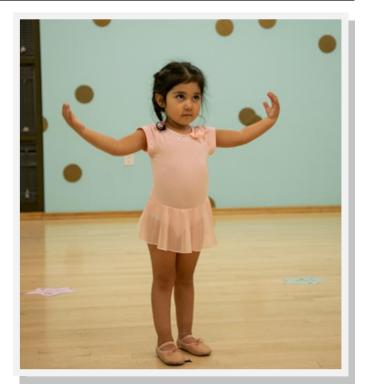
This class is for all you boys who like to move. You will learn hip-hop dance moves and tumbling at the most basic level. Fun props will be used to enhance the learning experience. This class is designed to develop motor skills, coordination and self-esteem.

# 3 1/2-6 YEARS

90947 W 10/19-12/14\* 10-10:45am MPAC \$42 Instructor: Kaytlyn Deering \*No class 11/23



"The instructor has great ideas to make learning fun! All work done in class is beneficial to prepare kids for kindergarten."



# **CHEER, CHANTS & TUMBLE**

The girls on this squad will learn basic cheer, tumbling, simple chants, kicks, dances and jumps set to age appropriate music. Skills are broken down into easy to follow steps, which will be put together into a short, fun routine to be performed at the end of the session. "Give me a C-H-E-E-R, C-H-A-N-T-S & T-U-M-B-L-E, what's that spell?"...FUN!

# 3-5 YEARS

90948	M	10/17-12/12	11-11:45am	MPAC	\$47			
Instructor: Jessica Austin								
90899	M	10/17-12/5	3-3:45pm	FRC	\$37			
4-6 YEAR	S							
90900	M	10/17-12/5	5-5:45pm	FRC	\$37			
Instructor: Antonia Behnke *No class 10/31								

# DANCING DIVAS FOR KIDS

Sparkle and shine and unleash your inner diva! Basic jazz, hip hop and a little bit of tap will be broken down for easy to follow moves. Costumes, props and music will be incorporated to enhance their love of dance! The session will end with a short routine performed at the end of the session. Be sure to bring your cameras! *Tap and ballet shoes are recommended but not required.* 

# 3-5 YEARS

91036	W	10/19-12/14*	10-10:45am	MPAC \$42					
Instruct	Instructor: Lauren Cantrell *No class 11/23								
4-6 YEARS									
90949	TH	10/20-12/15*	5-5:45pm	MPAC \$42					



Instructor: Jennifer Etchells \*No class 11/24

# Check out our COMMUNITY EVENTS CALENDAR on pg. 13

# **FAIRYTALE BALLET**

The magical journey begins here. Fairytale Ballet offers beginning exploration into classical ballet that incorporates costumes, props, and music into each class. Ballet shoes recommended. Costumes and props will be provided. \*This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.\*
\*2 ½-3 ½ YEARS\*

90952	F	10/21-12/16*	10-10:40am	MPAC	\$3/
Instructo					
3-5 YEAR	S				
90950	M	10/17-12/12	10-10:45am	MPAC	\$47
Instructo	r: Jessica A	Austin			
91019	M	10/17-12/12	11-11:45am	CC	\$47
90596	M	10/17-12/12	4-4:45pm	CC	\$37
Instructor: Lauren Cantrell					

10/18-12/13 5:15-6pm

10/21 12/16\* 10 10 10

Instructor: Kaytlyn Deering

90951 T

# **NUTCRACKER BALLET**

Join us for a holiday tradition. In this class children will learn some basics ballet steps from a holiday classic. *Ballet shoes recommended*. **Participants must be minimum age by the first day of class**.

3-5 YEAR	RS					
91020	M	10/17-12/12	10-10:45am	CC	\$47	
Instructo	or: Lauren	Cantrell				
90592	W	10/19-12/15*	11-11:45am	CC	\$42	
Instructor: Jennifer Myers *No Class 11/23						

# PIP SQUEAK HIP HOP

Does your little pip squeak love to dance and move?! This introduction to hip hop focuses on rhythm and basic footwork taught at an easy to follow, comfortable pace using games and movement. Great way to get up and get funky! Class taught to upbeat, age appropriate music. Tennis shoes and comfortable clothes are recommended.

# 3 1/2-6 YEARS

90901	W	10/19-12/14*	9-9:45am	MPAC	\$42	
Instructor: Kaytlyn Deering *No class 11/23						
4-6 YEARS						
90902	W	10/19-12/14	3-3:45pm	FRC	\$42	
Instructor: TBA						





# PRESCHOOL BALLET

A beautiful beginning to ballet...magical costumes, enchanting props, and enlightening music that encourages creativity and imagination to make learning ballet magical. Classes including traditional barre warm ups, center work, and moving across the floor while learning ballet terminology. Participant must be minimum age by the first day of class.

# 3-5 YEARS

90601 T 10/18-12/13 11:45am-12:30pm CC \$47 Instructor: Jennifer Gallamore



# PRESCHOOL BALLET II

A beautiful beginning to ballet...magical costumes, enchanting props, and enlightening music that encourages creativity and imagination to make learning ballet magical. Classes including traditional barre warm ups, center work, and moving across the floor while learning ballet terminology. Participant must be minimum age by the first day of class.

# 3-5 YEARS

MPAC \$47

90602 T 10/18-12/13 12:45-1:30pm CC \$47 Instructor: Jennifer Gallamore



# PRINCESS STORYTIME DANCE

Do you love to swirl and twirl like a princess? We will begin each class with a story and learn to dance like a real princess! Each week a new princess will teach the class ballet moves and at the end of the session there will be a recital where you can wear your favorite princess dress!

# 3-6 YEARS

90603	W	10/19-12/15*	11-11:45am	CC	\$42	
Instructor: Jennifer Myers*No Class 11/23						
90604	F	10/21-12/16*	10-10:45am	CC	\$37	
Instructor: Jennifer Myers*No Class 11/11 & 11/25						

# **RHYTHM & ROLL**

This is an action packed class that includes tap, jazz, and tumbling. Participants will have a variety of moves to go home and show off. This is a great class to learn fine motor skills, coordination and poise.

# Participants must be minimum age by the first day of class 3-5 YEARS

91038	W	10-19

91038	W	10-19-12/14*	11-11:45am	MPAC	\$42			
Instructo	Instructor: Lauren Cantrell *No class 11/23							
4-6 YEAF	4-6 YEARS							
90903	W	10/19-12/14*	2-2:45pm	FRC	\$42			
Instructor: Karen Fleissner *No class 11/23								

# TAP, BALLET & TUMBLE

Participants will learn tap, ballet, and tumbling at the most basic level. This class is designed to develop motor skills, coordination, and self-esteem. Ballet shoes recommended.

# 2 1/3 YFARS

2 /2-3 1 1	4N3					
90904	T	10/18-12/6	11-11:40am	FRC	\$42	
3-5 YEAR	S					
90905	TH	10/20-12/8*	11-11:45am	FRC	\$37	
Instructo	r: Antonia	Behnke *No class	ss 11/24			
90591	TH	10/20-12/15*	12:45-1:30pm	CC	\$42	
Instructo	r: Jennifer	Gallamore <b>*No</b>	Class 11/24			
90692	F	10/21-12/16*	9-9:45am	SERL	\$37	
Instructo	r: Dawn Fr	anks <b>*No class 1</b>	1/11 & 11/25			
90614	F	10/21-12/16*	11-11:45am	CC	\$37	
Instructor: Jennifer Myers *No Class 11/11 & 11/25						
90953	F	10/21-12/16*	3-3:45pm	MPAC	\$37	
Instructo	r: TBA <b>*N</b> o	class 11/11 & 1	1/25			

# **TOTS & TUTUS**

This class is full of imagination and fun! Your tot will be introduced to the fundamentals of tap, ballet and jazz. Kids will love to dress up each week and dance their hearts out! Props and magical music will be incorporated into this class. Tap and ballet shoes are recommended but not required.

# 3-5 YEARS

90954	F	10/21-12/16*	9-9:45am	MPAC \$37			
Instruct	Instructor: Lauren Cantrell *No class 11/11 & 11/25						
4-6 YEA	RS						
90955	F	10/21-12/16*	4-4:45pm	MPAC \$37			

Instructor: TBA \*No class 11/11 & 11/25

# **TUTUS & TUMBLING**

Are you ready to learn lots of great dance moves you can show your friends and family? Each class we will spend time learning ballet, tap and tumbling techniques. With ballet we will focus on poise, stretching and understanding that ballet can help with all sorts of dance styles. In tap we will learn everything from shuffles to coffee grinders. Then we will cut lose with fun tumbling tricks and they sky's the limit. We want to have fun and play safe all while keeping busy and moving.

# 4-6 YEARS

90906	M	10/17-12/12	9-9:45am	FRC	\$45
Instructo	or: Jeni	n Mvers			

# TWINKLE TOES

Class is full of imagination and fun, while introducing the fundamentals of dance techniques in ballet, tap and tumbling. At this age, dance is about learning to nurture creative movement, follow directions, become aware of one's body/surroundings and establish classroom etiquette. Great opportunity to let your little dancer build confidence and self-esteem! Soft soled dance shoes and tap shoes are recommended but not required.

# 3-5 YEARS

10/22-12/17\* 10:30-11:15am 90956 SAT MPAC \$42 Instructor: Jennifer Etchells \*No class 11/26



# **GYMNASTICS**

# **BEGINNING GYMNASTICS**

Improve strength, flexibility, coordination and balance in positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. In this class students will learn basic floor exercise, beam, bar, and prevault skills.

# 3-5 YEARS 90605 W

90605	W	10/19-12/14*	11:15am-12pm	CC	\$42	
90606	TH	10/20-12/15*	11:45am-12:30pm	CC	\$42	
Instructo	or: Jennife	r Gallamore * <b>No</b>	Class 11/23 & 11/24			
3 1⁄2-5 YE	ARS					
90607	F	10/21-12/16*	9-9:45am	CC	\$37	
90608	F	10/21-12/16*	10-10:45am	CC	\$37	
Instructor: Kaleb Allen *No Class 11/11 & 11/25						

# DYNAMIC GYMNASTICS

Dynamic Gymnastics is designed for those beginning athletes who are new to the sport of tumbling and gymnastics. Teaching the basic gymnastic elements and building confidence with the required skills needed to advance. Dynamic Gymnastics focuses on strength and flexibility, forward and backward rolls. cartwheels and round-offs, backbend flexibility, handstands and the back handspring.

# 4-6 YEARS

91013	Τ	10/18-12/13	5-5:45pm	CC	\$47
Instructo	or: Ka	aleb Allen			

"The instructor really works hard with each kid. She has the best control of her class."

# **HEAD OVER HEELS GYMNASTICS**

This class is geared towards the young gymnast that would like to learn basic floor gymnastics such as forward & straddle rolls and how to walk on a balance beam. They will also practice skills to accomplish headstands, beginner cartwheels and arching. Kids will work on gross motor skills such as balance, coordination and flexibility. Focus on hand to eye coordination through the use of bean bags, balls, buckets and hoops. Your kid will flip for this class!

# 3-5 YEARS

90957	M	10/17-12/12	5-5:45pm	MPAC \$47		
Instructo	or: Kaytlyn	Deering				
90958	T	10/18-12/13	11-11:45am	MPAC \$47		
Instructo	or: Camille	Adams				
90959	W	10/19-12/14*	3-3:45pm	MPAC \$42		
Instructo	or: Kaytlyn	Deering *No clas	ss 11/23			
90960	SAT	10/22-12/17	9:30-10:15am	MPAC \$42		
Instructo	or: TBA <b>*N</b>	o class 11/26				
4-6 YEAF	RS					
90961	W	10/19-12/14*	11-11:45am	MPAC \$42		
90962	TH	10/20-12/15*	11:15am-12pm	MPAC \$42		
Instructor: Camille Adams *No class 11/23 & 11/24						



# **SPORTS**

# **AWESOME ATHLETES**

Dribble, dunk and dash your way into this AWESOME sports class! Designed to give your little athlete a sampling of soccer, basketball, flag football, track and field, t-ball and a whole lot more! This is a great opportunity for your kiddo to join the team, have fun and practice good sportsmanship, following directions and teamwork. Grab your glove and register today to knock it out at the Rec! Participants must wear tennis shoes. \*This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.\*

# \*2 1/2-3 1/2 YEARS\*

90963	Τ	10/18-12/13	9-9:40am	MPAC	\$47			
Instruct	Instructor: Kelli Morgan							
3-5 YEAI	RS							
90907	W	10/19-12/14*	10:15-11am	FRC	\$42			

Instructor: Kelli Morgan \*No class 11/23

# **GOLF FOR LITTLE TIGERS**

Basics, Basics, Basics is the model of this golf class for youngsters. They will be given instruction on all of the pre-shot fundamentals; grip, aim, stance and posture, chipping, pitching, putting and driver swing. Understanding the basics will eliminate bad habits on the golf course and allow them to really have fun playing the game. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

# 3-7 YEARS

90693	W	10/12-11/9	5-6pm	WS	\$95
90694	W	11/16-12/14	5-6pm	WS	\$95
Instruct	or: Mil	ke Arrigoni, PGA			

# **GOLF JUNIOR SERIES**

This class is perfect for both beginner and intermediate levels. Junior golfers will learn a proper pre-shot routine and jump right into the full swing. Chipping, pitching, putting and driver swing will follow. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Pre-shot fundamentals and basic swing

Week 2 Chipping and pitching

Week 3 Full iron swing from the fairway

Week 4 Putting including aim, stroke and reading the green

Week 5 Driver swing

# 4-7 YEARS

90695	TH	10/13-11/10*	5-6pm	WS	\$95
90696	TH	11/17-12/22*	5-6pm	WS	\$95
90697	SAT	10/15-11/12*	10-11am	WS	\$95
90698	SAT	11/19-12/17*	10-11am	WS	\$95

Instructor: Mike Arrigoni, PGA \*No class 11/24 & 11/26

# IntroSk8™

AZ ICE Gilbert is proud to offer a brand new Learn to Skate program called IntroSk8™! Skaters will watch a 10 minute video and then take the ice for 1/2 hour skating lesson! We will teach you the safest methods for skating forward, stopping, falling down and getting up so that every time you go skating you have a great time! Classes are available for all ages, ranging from 4 years old to Adults! All skaters will watch the videos together, and then take the ice afterwards. Come skate with us-you'll have a blast! *Ice skates are provided. AZ Ice (AI) is located at 2305 E Knox Rd., Gilbert, AZ 85296.* 

# 4-6 YEARS

7016					
90170	SAT	9/24	11:15am-12pm	ΑI	\$15
90171	SAT	10/8	11:15am-12pm	ΑI	\$15
90699	SAT	10/22	11:15am-12pm	ΑI	\$15
90700	SAT	10/29	11:15am-12pm	ΑI	\$15
90701	SAT	11/5	11:15am-12pm	ΑI	\$15
90702	SAT	11/19	11:15am-12pm	ΑI	\$15
90703	SAT	12/3	11:15am-12pm	ΑI	\$15
90704	SAT	12/10	11:15am-12pm	ΑI	\$15
90705	SAT	12/17	11:15am-12pm	ΑI	\$15

Instructor: AZ Ice Staff

# JUNIOR TENNIS LESSON

Kids will have a BALL being introduced to the fundamentals of tennis. They'll learn how to grip, serve, volley and lob through basic instructions and skills. This class will SERVE up a good time! Players need to provide own racquet and wear tennis shoes.

# 4-6 YEARS

Instruction I/ Electron *No. alors 11/10, 11/22,0, 11/24							
91007	TH	10/20-12/15*	10-10:45am	MPAC	\$39		
90918	W	10/19-12/14	3-3:45pm	FRC	\$44		

Instructor: Karen Fleissner \*No class 11/10, 11/23 & 11/24



"Loved the Coach's enthusiasm with the kiddos. She was fantastic and gave great direction for their age."



# KIDDIE KICKERS

Kick start your child's sport career in this introductory soccer class designed to enhance your child's physical and cognitive abilities. Basic ball handling skills such as kicking, passing and shooting will be learned during practice drills and game time. Good sportsmanship, teamwork and appropriate classroom behavior are encouraged. Participants must wear sneakers.

# 3-6 YEARS

			4 44 44 400 0 44 400		
90911	F	10/21-12/16*	10-10:45am	FRC	\$37
90909	W	10/19-12/14*	11:15-12pm	FRC	\$42
90908	T	10/18-12/13	4-4:45pm	FRC	\$47

Instructor: Kelli Morgan \*No class 11/11, 11/23 & 11/25

# LITTLE HOOPSTERS

This program is intended to teach the participant the fundamentals of basketball while providing a positive recreational experience for boys and girls. Participants will learn shooting, passing, dribbling, drills. Other games may be incorporated as well to help enhance motor skills.

# 3-6 YEARS

90919	T	10/18-12/13	3-3:45pm	FRC	\$47	
90920	F	10/21-12/16*	9-9:45am	FRC	\$37	
Instructor: Kelli Morgan *No class 11/11 & 11/25						

# MEGA SUPER SPORTS MANIA

Your super star will learn the basic skills of a variety of sports and games that will help build strong bones and healthy bodies. We'll focus on motor skills, balance, coordination, flexibility and social development as we interact and have fun. Concentration will be on soccer, basketball, t-ball, hockey, kickball and tennis. *Participants must wear tennis shoes*.

# 3-6 YEARS

90964	T	10/18-12/13	11:30am-12:15pm	MPAC \$47		
Instructor: Kelli Morgan						
90965	W	10/19-12/14*	12:30-1:15pm	MPAC \$42		
Instructor: Kelli Morgan *No class 11/23						

# Wiggle Worm Adventures

Children 5 years and younger

Check out our indoor play area for you and your child to have some wiggly, giggly fun!



# MULTI SPORT 2-SPORT CLINIC BY B.E.S.T.

Do you want your little player to learn how to kick and control a soccer ball, do a proper throw in or be a goalie; do you want them to learn how to hit, catch, field and run the bases? Then this 8-week program is for you. We will hold 4 weeks of each sport so please bring a size #3 or #4 soccer ball, followed by 4 weeks of Softball so please bring a hitting tee. The slightly larger ball makes it easier for your child to catch, throw and hit the ball which means more learning. Come join the B.E.S.T.! Please note: this is NOT a parent tot class. Only Registered participants are allowed in the room. Participants must be minimum age by the first day of class.

3-6 YEARS

90834 SAT 10/22-12/17\* 11-11:45am FRC \$99 Instructor: Beginners Edge Sports Training Staff \*No class 11/26

# MULTI SPORT 3-SPORT CLINIC BY B.E.S.T.

Looking for a ton of fun? Our 8-week program will consist of 3-Sports teaching your player how to kick and control a soccer ball, how to hit, catch, throw and run the bases with a softball (easier for little kids) and lastly they will be running, jumping and building endurance in our Track & Field program. We will hold 3 weeks of Soccer so please bring a size #3 or #4 soccer ball, followed by 3 weeks of Softball, please bring a hitting tee and we finish with 2 weeks of Track and Field, no equipment needed. Come join the B.E.S.T.! Please note: this is NOT a parent tot class. Only Registered participants are allowed in the class.

# 3-6 YEARS

90709	SAT	10/22-12/17*	12-12:45pm	FRC	\$99		
4-7 YEARS							
90710	SUN	10/23-12/18*	1-1:45pm	FRC	\$99		
Instructor: Beginners Edge Sports Training Staff *No class 11/26 & 27							

# **Join Our Parks & Recreation Mailing List!**



Click HERE to subscribe to receive the latest newsletters, updates and information about our programs and events sent straight to your inbox.



# MY FAVORITE SPORTS

This class will have all of your little ones favorite sports combined into one action packed session. Kids will have social interaction and learn fine motor skills with sports like soccer, basketball, t-ball, hockey and football. A class for any sports enthusiast. Good sportsmanship, teamwork and appropriate classroom behavior will be emphasized. Other active games may be introduced to help enhance your child's experience and fine motor skills. *Participants must wear sneakers*.

# 3-5 YEARS

90922	F	10/21-12/16*	11-11:45am	FRC	\$37			
Instructo	Instructor: Kelli Morgan *No class 11/11 & 11/25							
3-6 YEAR	S							
90966	W	10/19-12/14*	1:15-2pm	MPAC	\$42			
Instructo	Instructor: Kelli Morgan *No class 11/23							
90967	TH	10/20-12/15*	11:15am-12pm*	MPAC	\$37			
Instructor: Karen Fleissner *No class 11/10 & 11/24								

# PEE WEE P.E.

Your little sportster will enjoy this high energy class that will keep 'em moving by playing a variety of sports and games; soccer, tennis, hockey, t-ball, obstacle course, relay races and much, much more! Emphasis on skill development, teamwork, good sportsmanship and physical activity to help build strong bones and encourage socialization. This is a non-competitive, playful atmosphere. Participants must wear tennis shoes. \*This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.\*

# \*2½-3½ YEARS\*

90968	T	10/18-12/13	10:35-11:15am	MPAC \$47			
Instructor: Kelli Morgan							
3-5 YEAI	RS						
90969	TH	10/20-12/15*	12:15-1pm	MPAC \$37			

Instructor: Karen Fleissner \*No class 11/10 & 11/24

# SOCCER SKILLS CLINIC BY B.E.S.T.

Our weekly soccer skills program will teach and introduce your kids to the world of soccer by teaching dribbling, kicking, throw-ins, headers (with foam balls), goalies skills, (age permitting: scrimmaging and more). Please bring a size #3 soccer ball with your child's name on it, a water bottle and lots of energy! Please note: this is NOT a parent tot class. Only Registered participants are allowed in the class. Participants must be minimum age by the first day of class.

# 3-6 YEARS

90711	SAT	10/22-12/17*	8:30-9:15am	FRC	\$99				
90712	SUN	10/23-12/18*	11-11:45am	FRC	\$99				
Instructo	Instructor: Beginners Edge Sports Training Staff *No class 11/26 & 27								

# SPORTBALL BASKETBALL

Using Sportball's cutting edge methodology, highly trained instructors introduce children to the exciting sport of Basketball! This industry leading, 1 hour a week program does not require parent participation, instilling confidence through independent success in a fun, high energy environment. Coaches recognize and teach to a child's individual skill level, allowing each child to progress in-line with their abilities regardless of age. All equipment is provided. Classes at Discovery Park (DPARK) & McQueen Park (MPARK) will take place outside on the basketball courts.

# 3-6 YEARS

90713	TH	10/20-12/8*	4:15-5:15pm	FRC	\$79		
90714	F	10/21-12/16*	5:30-6:30pm	DPARK	\$79		
90715	F	10/21-12/16*	5:30-6:30pm	MPARI	(\$79		
Instructor: Sportball Staff *No class 11/11, 11/24 & 11/25							

# SPORTBALL MULTI-SPORT

Certified Sportball coaches use developmentally appropriate methods to introduce, practice and refine the skills and concepts involved in hockey, soccer, baseball, basketball, volleyball, football and more. The Sportball methodology builds confidence and reinforces the benefits of teamwork in a uniquely fun and creative way. All equipment is provided. Classes at McQueen Park (MPARK) will take place on the multi-purpose fields behind McQueen Park Activity Center.

# 3-6 YEARS

1 1 2 1 1 1 1 2 1 1 1 1 1 1 1 1 1 1 1 1						
90720	SAT	10/22-12/10*	10:30-11:30am	MPAR	K\$79	
90719	SAT	10/22-12/10*	9:45-10:45am	CC	\$79	
90718	TH	10/20-12/8*	5:30-6:30pm	FRC	\$79	
90717	W	10/19-12/14*	10-11am	FRC	\$79	

Instructor: Sportball Staff \*No class 11/23, 11/24 & 11/26



# SPORTBALL SOCCER

Using Sportball's cutting edge methodology, highly trained instructors introduce children to the exciting sport of Soccer! This industry leading, 1 hour a week, program does not require parent participation, instilling confidence through independent success in a fun, high energy environment. Coaches recognize and teach to a child's individual skill level, allowing each child to progress in-line with their abilities regardless of age. All equipment is provided. Classes at McQueen Park (MPARK) will take place on the multipurpose fields behind McQueen Park Activity Center.

# 3-6 YEARS

90721	SAT	10/22-12/10*	12:30-1:30pm	MPARK	\$79
90722	SAT	10/22-12/10*	10:45-11:45am	CC	\$79
Instructo	r: Spor	tball Staff <b>*No cla</b> :	ss 11/26		

# SPORTBALL T-BALL

Using Sportball's cutting edge methodology, highly trained instructors introduce children to the great game of T-Ball! This industry leading, one hour a week, program does not require parent participation, instilling confidence through independent success in a fun, high energy environment. Coaches recognize and teach to a child's individual skill level, allowing each child to progress in-line with their abilities regardless of age. Please bring a baseball glove, all other equipment provided. Classes at McQueen Park (MPARK) will take place on the multi-purpose fields behind McQueen Park Activity Center.

# 4-6 YEARS

90723	W	10/19-12/14*	11-12pm	FRC	\$79
90724	SAT	10/22-12/10*	11:30am-12:30pm	MPARK	\$79
90725	SAT	10/22-12/10*	2-3pm	MPARK	\$79

Instructor: Sportball Staff \*No class 11/23 & 11/26



# **TUMBLING & MOVEMENT**

# **CHEER, CHANTS & TUMBLE**

See DANCE & CHEER section under EARLY CHILDHOOD for class description and info.

# **FUN, FITNESS & TUMBLING**

Come and join us for some fun! The class will utilize props and equipment such as a balance beam, a parachute, balls, jump ropes and tunnels. We will also work on basic tumbling skills. Emphasis will be on self-esteem and interacting with others.

# 3-5 YEARS

90924	M	10/17-12/12	10-10:45am	FRC	\$47		
Instructo	or: Jenn	Myers					
90926	TH	10/20-12/15	3:30-4:15pm	FRC	\$42		
Instructor: TBA *No class 11/24							

# **HEAD OVER HEELS GYMNASTICS**

See GYMNASTICS section under EARLY CHILDHOOD for class description and info.

# TINY TOTS TUMBLING

Your tot will *flip* for this class! Learn basic tumbling techniques using mats, hoops, balance beams and other fun props and games. Emphasis will be on sharing, taking turns, following directions and cooperation. \*This is NOT a Parent/Tot class. Participants must meet the minimum age requirement by the first day of class.\*

### \*2-3 YEARS\*

90726	М	10/17-12/12	9-9:45am	SERL	\$47				
90727	M	10/17-12/12	10-10:45am	SERL	\$47				
Instructor	r: Miche	elle Lohman							
90970	W	10/19-12/14*	10-10:40am	MPAC	\$42				
90971	TH	10/20-12/15*	9:20-10am	MPAC	\$42				
21/2-3 YEA	RS								
90728	F	10/21-12/16*	11-11:45am	SERL	\$37				
Instructor	r: Dawn	Franks *No class	11/11 & 11/25						
3-5 YEARS	5								
90927	M	10/17-12/12	11-11:45am	FRC	\$47				
Instructor	Instructor: Jenn Myers								
90972	TH	10/20-12/15*	10:15-11am	MPAC	\$42				
Instructor: Camille Adams *No class 11/23 & 11/24									

# **TUMBLE BUGS**

Join our high energy adventure in rolling, bouncing, stretching, balance, listening skills, and body awareness through the use of beams, bars, tunnels, and tumbling mats. \*This is NOT a Parent/Tot class. Participant must be minimum age by the first day of class. \*2-3 ½ YEARS\*

90610 W 10/19-12/14\* 10:30-11am CC \$32 Instructor: Jennifer Gallamore \*No Class 11/23



"The instructors are wonderful! Thank you so much for having my son in your class."

YOUTH/TEEN 5-16 years





# **ACADEMICS**

# **ACT BOOTCAMP**

This ACT Boot Camp is an intensive four-hour workshop that focuses on strategy; how to take the test, how to avoid the traps test writers set. Presentations are given with visual Power Point backup, and students are provided a Basic Training Manual containing all the workshop information in print including practice questions, tips and vocabulary lists. *Students, please bring a pencil and notebook to class.* 

# 13-19 YEARS

90288 SAT 10/8 9am-1pm SERL \$99 90729 SAT 11/12 9am-1pm SERL \$99

Instructor: Test Prep Boot Camp Staff

# SAT BOOTCAMP

This Boot Camp is an intensive four-hour workshop that focuses on strategy; how to take the test, how to avoid the traps test writers set. The focus will be on the New/Revised SAT that will be given this year. Presentations are given with visual Power Point backup, and students are provided a Basic Training Manual containing all the workshop information in print including practice questions, tips and vocabulary lists. Students, please bring a pencil and notebook to class.

# 13-19 YEARS

 90289
 SAT
 9/17
 9am-1pm
 SERL
 \$99

 91071
 SAT
 11/19
 9am-1pm
 SERL
 \$99

 Instructor: Test Prep Bootcamp Staff

# Changes are coming...

Gilbert Parks and Recreation will be updating our registration system in the coming months. Stay tuned for more information on how to utilize this new, user-friendly system!

# POP GOES THE CLASSROOM

Did you know science is everywhere? Everywhere! Pop Goes the World follows in the footsteps of Dr. Neil Degrasse Tyson by using pop culture to highlight the science in our world. So whether you are learning analytical thinking skills in a game design class, or creativity and innovation in an engineering class, the life skills you'll gain through Pop Goes the World Classes will allow you to marry scientific thinking with nonscientific thinking. So full STEAM ahead!

# **DINO HUNT: ARCHEOLOGY**

Travel through time on the most amazing adventure imaginable. You are charged with visits the earth during the time of the dinosaurs, capturing them and returning them to your future time to create your own Dinosaur Park. You'll get to design your Dinosaur Park, choose the kinds of dinosaurs you want to populate it with and then travel through time in a game setting to capture your dinosaurs.

# **6-12 YEARS**

90454 SAT 10/1-10/8 10am-12pm MPAC \$40 Instructor: Pop Goes the Classroom Staff

# HALLOWEEN AT HOGWARTS: WANDS AND OTHER CRAFTS

Join us at Hogwarts for potion demonstrations, wand making, and other fun engaging Hogwarts themed activities. Costumes encouraged.

# 9-12 YEARS

90836 SAT 10/29 10am-12pm SERL \$25 Instructor: Pop Goes the Classroom Staff

# I'M GAME: BOARD GAME DESIGN

Learn the basic elements of strategy board games and then design your own.

# 6-12 YEARS

90457 SAT 10/1-10/8 10am-12pm SERL \$40 Instructor: Pop Goes the Classroom Staff

# IT'S A PIRATES LIFE: SCIENCE OF PIRATES

Ahoy matey! All Aboard! Join the pirates for an adventure on the high seas. Learning the difference between fact and fiction can be an adventure. Learn all about a day in the life of a real pirate, a pirate's tools and jobs, pirate laws and leisure and pirate clothing and language!

# **6-12 YEARS**

90458 SAT 9/17-9/24 10am-12pm MPAC \$40 Instructor: Pop Goes the Classroom Staff

# MECH MADDNESS: ENGINEERING

The giant robot and power suits of science fiction are monstrously huge and terrifyingly powerful. Could we actually make these machines today? Learn about the world of fictional robots and the science and engineering behind them. Discover what is really possible in today's world and then design your own super robot.

# 6-12 YEARS

90461 SAT 9/17-9/24 10am-12pm SERL \$40 Instructor: Pop Goes the Classroom Staff

5-16 years YOUTH/TEEN

# MUGGLE MAGIC POTIONS: SIMPLE CHEMISTRY

The best part of any potions class is its collection of amazing ingredients. Make your own potions bottles and jars, and then learn simple chemical interactions that will make you a potions master. You'll make dementor's breath, flesh eating worm repellent, eye of knewt, and many others. This is a simple kitchen chemistry class. A \$5 supply fee will be collect by the instructor at the beginning of class. 9-12 YEARS

90837 SAT 10/22 10am-12pm SERL \$25

Instructor: Pop Goes the Classroom Staff



# ARTS & CRAFTS

# **BEGINNING WATERCOLOR**

Love watercolor? We will be learning various watercolor techniques such as a wash, wet into wet and using objects in our watercolor to create various textures for many great watercolor paintings including still life and landscape paintings.

# **8-15 YEARS**

90573 TH 10/20-12/15\* 4-5:30pm CC \$70 Instructor: Susan Garner \*No Class 11/24

# DRAWING AND PERSPECTIVE

Participants will learn how to draw shapes and forms that surround us. They will also learn how to create drawings from their imagination and how to see vanishing points in buildings, roads, etc.

# **8-15 YEARS**

90574 M 10/17-12/12 4-5:30pm CC \$78 Instructor: TBA

# **ELEMENTS OF ART**

Develop fundamental art concepts and hone your ability to make artistic decisions. Media exploration is encouraged using markers, pastels, watercolor and acrylic paint, as well as colored pencils. Learn sophisticated art concepts such as form, pattern, texture and contrast through the introduction of the "elements and principles of art."

# **6-12 YEARS**

90575 W 10/19-12/14\* 4:30-5:45pm CC \$60 Instructor: Lisa Martineau \*No Class 11/23

# **COOKING**

# **COOKING 101 FOR YOUTH**

Calling all culinary enthusiasts! This fun class will teach your child the basics of baking and cooking! Each week will have a different focus and we'll make appetizers, main dishes, breakfast items and desserts. Get ready to taste some amazing foods! Recipes will be given in each class to recreate at home. Bring a storage container to transport food from class. Not recommended for children with food allergies.

# 5-8 YEARS

90973 F 10/21-12/16\* 4:10-5pm MPAC \$55

7-12 YEARS

90974 F 10/21-12/16\* 5:15-6:05pm MPAC \$55

Instructor: Camille Adams \*No class 11/11 & 11/25







We're looking for energetic, reliable, fun-loving people to join our team! If you have a special talent and teaching experience that you'd like to share with us, apply online at <a href="www.gilbertaz.gov/hr">www.gilbertaz.gov/hr</a>.

YOUTH/TEEN 5-16 years

# **ELLA'S DISCOVERIES COOKING CLASSES**

At Ella's Discoveries each class has an exciting theme, so get the kids cooking healthy and imaginative meals. We'll create savory and sweet recipes, enjoy food facts and try at home recipes too! This hands-on cooking series is hosted by food and consumer affairs writer, test kitchen manager, radio show journalist, certified kitchen Manager, cookbook author and culinary instructor Pam Jackson. A \$5 Supply fee will be collected by the instructor at the beginning of class.

# SOUTH OF THE BORDER-A FLAVORFUL FIESTA!

Corn, chilies, tomatoes, beans and squash from the Aztec and Mayan Indians, olives, rice, wine, beef and pork from the conquering Spanish and cooking techniques from its brief French rule. Mexican food is bursting with color and excitement. Recipe booklet included.

# 11-16 YEARS

90468 SAT 9/17 9am-12pm CC \$40

# TACKLE THE TAILGATE PARTY-FOOTBALL FEVER

Football food time is here! Whether you're hosting a tailgate party or "homegate", tackle our delicious recipes for dips, finger foods and desserts and lead your party to a touchdown! Recipe booklet included to create a winning spread.

# 11-16 YEARS

90470 SAT 9/24 9am-12pm CC \$40

# BAVARIAN FEAST-TRADITIONAL GERMAN FARE, YUM!

Pretzels, bratwurst and strudel – Everyone loves Oktoberfest! But German food offers so much more...Potato and puffy pancakes, sauerkraut, spaetzle, Wiener Schnitzel, cakes and cookies are all beautiful and delicious! Recipe booklet included to create a wunderbar meal.

# 11-16 YEARS

90472 SAT 10/1 9am-12pm CC \$40

# SPOOKTACULAR HALLOWEEN-ZOMBIES AND MORE!

Join us for a spirited course on Halloween. Creep out your guests with Zombie Meatloaf, Bloody Good Milkshake Shots and Apples of the Dead and all sorts of delicious body parts. Recipe booklet includes more frightening treats.

# 11-13 YEARS

90474 SAT 10/8 9am-12pm CC \$40

# HOMEMADE DOG TREATS

Pups love home-made treats, so join us in the kitchen, to whip up a several of tasty dogs treats to take home for the Fido in your life. Recipe booklet provided.

# 11-16 YEARS

90838 SAT 10/29 9am-12pm CC \$40

# **HOMEMADE DOG TREATS GIFT BAGS**

Support Friends for Life Animal Rescue in Gilbert during Adopt-A-Shelter Dog month. Join us in the kitchen to whip up some Dog Treat Gift Bags for dogs going to their new forever home. Recipe booklet provided.

# 11-16 YEARS

90839 SAT 10/22 9am-12pm CC \$40



# **DANCE & CHEER**

# **BELLY DANCE**

See DANCE section under ADULT for class descriptions and info.

# **CHANTS & TUMBLE - YOUTH**

The girls on this squad will learn basic cheer, tumbling, simple chants, kicks, dances and jumps set to age appropriate music. Skills are broken down into easy to follow steps, which will be put together into a short, fun routine to be performed at the end of the session.

# 5-7 YEARS

90869 M 10/17-12/5\* 4-4:45pm FRC \$37 Instructor: Antonia Behnke **\*No class 10/31** 

# **CHEERLEADING 101**

A fun and exciting way to introduce kids to the basic skills of cheerleading. Emphasis is on building trust and confidence while encouraging their personal best. Build strength, flexibility and learn basic technical skills such as tumbling, dance, jumps, cheers and stunts to be successful in their squad.

# 6-12 YEARS

90975 T 10/18-12/13 6:15-7pm MPAC \$48 Instructor: Kaytlyn Deering

# **DANCE COMBO**

Looking for just the right type of dance to get your toes tapping? This class will give you the opportunity to try out a variety of dance styles as each week focuses on a different dance. Could be a mix of ballet, tap, tumbling, hip hop, ballroom, jazz, lyrical, pom and cheer routines, Broadway, clogging, swing, etc. A kaleidoscope of options awaits!

# 6-9 YEARS

90870 W 10/19-12/14 4-4:45pm FRC \$42 Instructor: TBA

Credit/Refund requests must be received by 6pm, one week before the start of a class, camp or program.

Call (480) 503-6200 for further information.

5-16 years YOUTH/TEEN



Classes will be cancelled if a minimum enrollment is not met. EARLY REGISTRATION IS ENCOURAGED.

# **DANCE FUSION**

Add a pinch of ballet, jazz, tap, hip hop and a smidge of tumbling to create this one-of-a-kind dance fusion. Kids will learn the basic moves put to their favorite music and enjoy making new friends. Perfect for someone who wants it all!

# 5-8 YEARS

90976 T 10/18-12/13 4:15-5pm MPAC \$47

Instructor: Kaytlyn Deering

# **DANCING DIVAS**

Sparkle and shine and unleash your inner diva! Learn fun dance moves and routines set to the hottest (edited) music heard on the radio. Basic jazz, hip hop and even a little bit of tap will be broken down for easy to follow moves. Sign up with a friend or make a new one in class!

## **6-12 YEARS**

90977 TH 10/20-12/15\* 6-6:45pm MPAC \$42 Instructor: Jennifer Etchells \*No class 11/24

# **FAIRYTALE BALLET-YOUTH**

Blossom into a graceful and elegant dancer while you experience the beauty of ballet. Learn basic ballet vocabulary; develop strength, proper alignment and grace. *Ballet shoes recommended*.

# 5-8 YEARS

90978 F 10/21-12/16\* 5-5:45pm MPAC \$37 Instructor: TBA \*No class 11/11 & 11/25

6-9 YEARS

90577 M 10/17-12/12 5-5:45pm CC \$47 Instructor: Lauren Cantrell

# **HIP HOP DANCE**

In this basic hip hop class you will learn combinations broken down step by step and taught at a comfortable pace to Hip Hop music. You can also get into great shape and meet tons of new friends, so come on in and join the fun!

# **6-12 YEARS**

90875 W 10/19-12/14\* 5-5:45pm FRC \$42 Instructor: TBA \*No class 11/23

# JAZZ FUNK

Jazz funk incorporates bits and pieces of many dance genres such as ballet, lyrical, hip hop and modern which creates an explosive style that is funky-fun and expressive!

Dancers will learn technique and skills then practice implementing them in fun dance combinations and routines! *Ballet & jazz shoes recommended but not required.* 

# 10-16 YEARS

90979 SAT 10/22-12/17\* 11:30am-12:15pm MPAC \$42 Instructor: Jennifer Etchells \*No class 11/26

# MUSICAL THEATRE

Get ready to dance AND sing your heart out in this awesome class! We'll learn songs from Broadway musicals, songs you recognize and songs with positive messages. This class will teach your child to have confidence in themselves and their talents. Everyone will get a chance to showcase what we've learned on the last day as a recital. Don't miss out on all the fun! Sign up with a friend or make a new one!

# 6-12 YEARS

90980 M 10/17-12/12 6-6:45pm MPAC \$47 Instructor: Kaytlyn Deering



# ADVANCED HORSEMANSHIP

Prerequisite: Must have taken Intermediate Horsemanship in the past year. This fast paced class is designed to work with those who want training techniques for both horse and rider. We will work more intensively on each student's abilities and areas they wish to progress in such as trail riding, western pleasure, barrel racing, roping and team penning. We will cover fundamentals of each area of interest for each student. Students under 18 must have parent/guardian sign a liability waiver at first class. Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

# 6+ YEARS

90738 T 10/4-10/25 7-8pm VSB \$136 Instructor: Valley Silver Bullets Staff

# **BEGINNING HORSEMANSHIP**

This class is designed to teach students the basics of Western riding horsemanship. We will begin with grooming, general care and saddling safely. We will cover mounting and dismounting, proper posture and balance when riding. We will work with each student on simple control techniques such as asking the horses to walk and stop. Students under 18 must have parent/guardian sign a liability waiver at first class. Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.

# 6+ YEARS

90739 T 10/4-10/25 6-7pm VSB \$136 90740 T 11/1-11/22 6-7pm VSB \$136 Instructor: Valley Silver Bullets Staff

# INTERMEDIATE HORSEMANSHIP

Prerequisite: Must have taken Beginning Horsemanship or Introduction to Horsemanship in the past year. This class will focus on more specific control and Western riding techniques such as getting the horse to respond to certain cues and learning how to post while in a trot. We will cover different gaits, as well as identifying the gait and correct leads while mounted. **Students under 18 must have parent/guardian sign a liability waiver at first class.** *Valley Silver Bullets (VSB) is located at 43757 N. Coyote Rd., San Tan Valley, AZ 85140.* 

# 6+ YEARS

90741 T 11/1-11/22 7-8pm VSB \$136 Instructor: Valley Silver Bullets Staff YOUTH/TEEN 5-16 years



# **FITNESS**

# **FUN & FITNESS BY BOUNCE BOOT CAMP**

Founded by a former NFL player, Bounce Boot Camp is the FIRST company in the world that combines the fun of inflatable obstacle courses, castles, and slides into an amazingly fun program for everyone. Bounce Boot Camp puts the "fun" back into fitness and will create a memorable experience for all ages and groups. Bouncing in the inflatable equipment is not only fun, it has been shown to improve cardiovascular health, core strength, balance, and coordination.

# **5-14 YEARS**

90743 T 10/3-10/25 6-7pm FPARK \$35 90744 T 11/1-11/22 6-7pm FPARK \$35

Instructor: Richard Muro



# **GYMNASTICS**

# **DYNAMIC GYMNASTICS**

Dynamic Gymnastics is designed for those beginning athletes who are new the sport of tumbling and gymnastics. Teaching the basic gymnastic elements and building confidence with the required skills needed to advance. Dynamic gymnastics focuses on strength and flexibility, forward and backward rolls, cartwheels and round-offs, backbend flexibility, handstands and the back handspring.

# 6-8 YEARS

90578	T	10/18-12/13	6-6:50pm	CC	\$47		
90841	Τ	10/18-12/13	7-7:50pm	CC	\$47		
90579	F	10/21-12/16*	4-4:50pm	CC	\$37		
Instructor: Kaleb Allen *No Class 11/11 &11/25							

# Connect for more fun!



"My kids are very excited for the next session!"

# **GYMNASTICS 101**

BEGINNER LEVEL: Best recommended for kids needing help to master the basic skills. Improve strength, flexibility, coordination and balance in positive, upbeat environment. Class encourages confidence and fitness and teaches kids valuable skills to take them to the next level. Progression is at-their-own-pace and they'll enjoy social interaction with peers. Focus on floor gymnastics; front/back rolls, handstands, cartwheels, backbends and balancing.

# 5-8 YEARS

90981	W	10/19-12/14*	4-4:50pm	MPAC \$4	-2				
Instructo	Instructor: Kaytlyn Deering <b>*No class 11/23</b>								
90982	SAT	10/22-12/17*	10:30-11:20am	MPAC \$4	2				
Instructo	r: TBA *	No class 11/26							
6-9 YEAR	S								
90983	M	10/17-12/12	4-4:55pm	MPAC \$4	7				
8-12 YEA	RS								
90984	W	10/19-12/14*	5-5:55pm	MPAC \$4	2				
Instructor: Kaytlyn Deering *No class 11/23									

10/22-12/17\* 11:30am-12:25pm MPAC \$42

Instructor: TBA \*No class 11/26

# **GYMNASTICS 102**

INTERMEDIATE LEVEL: Best recommended for kids who have mastered the basic skills and have prior gymnastics background. This class is a continuation of skill development from Gymnastics 101 with more emphasis on strength and flexibility. Kids will learn the next set of progression to include walkovers through full range of motion. Class stresses safety and spotting techniques and will begin working on a routine that will be performed at the end of the session.

# 6-12 YEARS

90986	W	10/19-12/14*	6-6:55pm	MPAC	\$42
Instructo	or: Kayt	lyn Deering <b>*No</b> (	class 11/23		
90987	SAT	10/22-12/17*	12:30-1:25pm	MPAC	\$42
		***   44/00			

Instructor: TBA \*No class 11/26



5-16 years YOUTH/TEEN



# **MARITAL ARTS**

# SANCHIN-RYU KARATE

Sanchin-Ryu is an artistic form of self-defense designed in a way, so that size and strength, age and athletic ability aren't factors in defending one's self. Taught on an individual basis, students study in a non-competitive environment while working on Sanchin-Ryu's practical movements and non-nonsense approach to self-defense. To truly understand every facet of conflict resolution we study three levels of self-defense awareness; physical, mental and emotional. Emphasis is on having fun, building self-confidence, coordination, and leadership skills through the study of a true martial art. Classes are taught in a fun, high-energy environment. Instructors: Black Belts; Steven Ahles, 7th Dan, Doug Sawyer, 3rd Dan, and Brent Sawyer 3rd Dan.

# SANCHIN-RYU KARATE-ADVANCED

This advanced class will be structured for those students holding the rank of Purple belt or higher. Students will study advanced Sanchin-Ryu forms and their hand to hand application.

# 9+ YEARS

90745 W 10/19-12/14\* 6-8pm MPAC \$80 Instructor: Sanchin-Ryu Karate Staff **\*No class 11/23** 

# SANCHIN-RYU KARATE-BROWN BELT WORKSHOP

Learn street-wise techniques designed in a way, so that size, strength, age or athletic ability are not factors in defending one's self. Learn to act on stressful situations rather than being controlled by them. Sign up for this class by yourself or with a family member or friend! Please wear comfortable clothing that does not restrict movement and covers the shoulders.

# 6+ YEARS

90840 SAT 10/22 4-7pm FRC \$45

Instructor: Sanchin-Ryu Karate Staff

# SANCHIN-RYU KARATE-FAMILY

For individuals and families from all walks of life. Come study the full form of Sanchin-Ryu, an artistic form of self-defense designed in a way, so that size or strength, age or athletic ability are not factors in defending one's self. Have fun learning a true martial Art in a non-competitive, fun, high-energy environment. Family participation is encouraged. Open to all levels of students.

# 6+ YEARS

90746	М	10/17-12/12	6:30-7:30pm	CC	\$45		
90747	F	10/21-12/16*	6:30-7:30pm	FRC	\$35		
90748	SAT	10/29-12/17*	9:30-10:30am	FRC	\$35		
90749	SAT	10/22	1-3pm	FRC	\$30		
Instructor: Sanchin-Ryu Karate Staff *No class 11/11, 11/25 & 11/26							

Changes are coming...

Gilbert Parks and Recreation will be updating our registration system in the coming months. Stay tuned for more information on how to utilize this new user-friendly system!



# SANCHIN-RYU KARATE & SELF-DEFENSE FOR YOUTH

Students will learn alternatives to fighting and be empowered with techniques to handle everyday scenarios they may encounter at work, school, the park and even among friends. In a fun, high-energy, go-at-your-own pace environment students build self-confidence, develop focus, discipline and physical fitness. Students are taught the full form of Sanchin-Ryu, an artistic form of self-defense designed in a way, so that size or strength, age or athletic ability are not factors in defending one's self. These classes are age appropriate for content and situational subjects.

# **6-12 YEARS**

90752 F 10/21-12/16\* 4:30-5:30pm FRC \$35 90753 SAT 10/22 9-11am FRC \$30 Instructor: Sanchin-Ryu Karate Staff \*No class 11/11, 11/25



"The friendly atmosphere in the classroom"

YOUTH/TEEN 5-16 years



# SPECIAL INTEREST

# ASHI CHILD & BABYSITTING SAFETY TRAINING CLASS

The Childcare & Babysitting course (CABS) helps build confidence, self-esteem and skills necessary to care for infants and children on a daily basis and in emergency situations. The course includes CPR & First aid, diaper changing, feeding and choking prevention. Students will receive a workbook and a certificate upon completion. **Please bring a sack lunch.** 

# 11-16 YEARS

90316	SAT	9/17	9:30am-1:30pm	SERL	\$55
90754	SAT	10/15	9:30am-1:30pm	SERL	\$55
90755	SAT	11/19	9:30am-1:30pm	SERL	\$55

Instructor: Cross' Lifeline Emergency Staff

# **BEGINNING SIGN LANGUAGE**

new! Come Learn the basics of American Sign Language! This course will teach basic grammar and Deaf culture lessons as well as lay the foundation of communication in ASL. Subjects such

as the alphabet, colors, animals, foods and more will be discussed. **6-9 YEARS** 

91039 T 10/18-12/13 5-5:50pm CC \$45

Instructor: Lauren Cantrell

# INSTANT GUITAR FOR HOPELESSY BUSY PEOPLE

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. *Bring your acoustic guitar*. Materials Fee of \$29 will be collected in class by the instructor for the workbook and practice DVD.

13+ YEARS

90318 TH 9/15 6-8:30pm MPAC \$30

Instructor: Craig Coffman



# RC AIRPLANE FLYING LESSONS

If you ever wanted to learn how to fly a RC airplane we will be glad to assist you. Let us help your first flight not end with your plane in a pile of rubble after a 30 foot flight. Each of our Introductory Pilot Instructors have several years of RC flying experience and will be glad to help your first RC experience be as enjoyable as possible. This program is intended to introduce the non-Academy of Model Aeronautics (AMA) member to aero modeling while providing liability insurance coverage to the non-AMA member (student) and the chartered club. Show up and fly using OUR EQUIPMENT at NO COST to you. Parent or guardian signature is required for underage students. Lessons are given on the first Saturday of each month; weather permitting. (Schedule may change without notice due to requirements to accommodate students) Min. age 7. For more information on this Academy of Model Aeronautics program, click here:

http://www.modelaircraft.org/membersonly/intropilotdesc.aspx

Class location is North side of Queen Creek Road and East of S. 158<sup>th</sup> Street.

90643 Sa 10/1 8-10am Free 90644 Sa 11/5 8-10am Free 90645 Sa 12/3 8-10am Free



# **SPORTS**

# **ARCHERY FOR FAMILIES**

This class is geared towards people of all levels and ages. Certified USA Archery coaches will train you to shoot like an Olympian. All equipment will be provided. Join us for learning form and having fun.

A \$20 supply fee will be collected by the instructor on the first day of class. This class will meet on the dirt lot north of Nichols Park (NPARK). 8+ YEARS

\$80

90757 SAT 10/22-11/19 2-3pm NPARK

Instructor: Sandra Reynolds

# **FUNDAMENTAL FOOTBALL**

In this football class kids will learn the fundamentals of football while developing new skills. Kids will be coached by a former 5 year professional football player. Kids will learn teamwork, sportsmanship and commitment. Kids will be trained at their skilled position which includes: QB, TE, RB, SS, FS, WR and CB. Participants will go through drills that will help improve their speed and agility. Kids will also compete with each other during one-on-one sessions. Learn from Coach Richardson a former professional athlete and take your game to the next level.

# 6-13 YEARS

90758 SAT 10/22-12/17\* 10-10:55am FRC \$99 Instructor: Coach Carl Richardson \*No class 11/26

# **UPDATE YOUR ACCOUNT WITH US!**

For the most up-to-date info regarding classes, programs and events, please be sure to update your contact information by calling the Gilbert Parks & Recreation Department at 480-503-6200 or stop by one of our recreation facilities!

5-16 years YOUTH/TEEN

# **FUNDAMENTAL HOOPS!**

In this basketball class kids will learn the basics and fundamentals of basketball while having fun. They will learn teamwork, sportsmanship and commitment. We will teach each kid the principal of basketball so they can enhance their basketball skills. The objective of this class is to have each kid learn the game of basketball and develop new skills. Learn from Coach Richardson a former professional athlete and take your game to the next level.

# **6-13 YEARS**

90759 SAT 10/22-12/17\* 11-11:55am FRC \$99 Instructor: Coach Carl Richardson \*No class 11/26

# **FUNDAMENTAL MULTI-SPORT**

In this class kids will be coached on how to play several different sports including baseball, hockey, soccer, dodgeball and basketball, while staying fit and having fun. Kids will also learn commitment, sportsmanship, leadership skills and team work. This class will be trained by Coach Richardson a former professional athlete. The objective of this class is for kids to have fun while staying fit!

# **6-13 YEARS**

90760 SAT 10/22-12/17 12-12:55pm FRC \$99 Instructor: Coach Carl Richardson \*No class 11/26

# HOOP IT UP! YOUTH

This program is intended to teach boys and girls the fundamentals of basketball while providing a positive recreational experience. Participants will learn the rules of the game, how to shoot, pass and dribble and most importantly, to have fun!

# **7-10 YEARS**

90876 T 10/18-12/13 5-5:45pm FRC \$47 Instructor: Kelli Morgan

# TENNIS 1.0 - YOUTH

An introduction to the basic skills of tennis; stance, grip, serve, strokes and scoring. Emphasis on hand-eye coordination, drills, good sportsmanship and having fun! Bring your own tennis racquet!

# **7-11 YEARS**

90878 W 10/19-12/14\* 3:45-4:45pm FPARK \$37 Instructor: Karen Fleissner \*No class 11/23

# **VOLLEYBALL**

Introduce and review basic volleyball skills: bump, set, spike, and serve. Learn the game through drills and skill instruction. Participants need to wear tennis shoes and may bring their own volleyball to class each day.

# **8-16 YEARS**

90879 T 10/18-12/13 6-7pm FRC \$47 Instructor: Kelli Morgan



# **GOLF JUNIOR SERIES**

This class is perfect for both beginner and intermediate levels. Junior golfers will learn a proper pre-shot routine and jump right into the full swing. Chipping, pitching, putting and driver swing will follow. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Pre-shot fundamentals and basic swing

Week 2 Chipping and pitching

Week 3 Full iron swing from the fairway

Week 4 Putting including aim, stroke and reading the green

Week 5 Driver swing

# 6-9 YEARS

90761	TH	10/13-11/10	5-6pm	WS	\$95
90762	TH	11/17-12/15*	5-6pm	WS	\$95
90763	SAT	10/15-11/12	10-11am	WS	\$95
90764	SAT	11/19-12/17	10-11am	WS	\$95
10-16 YEA	ARS				
90765	TH	10/13-11/10	5-6pm	WS	\$95
90766	TH	11/17-12/15*	5-6pm	WS	\$95
90767	SAT	10/15-11/12	10-11am	WS	\$95
90768	SAT	11/19-12/17	10-11am	WS	\$95
Instructo	r: Mike	Arrigoni, PGA	*No class 11/24		



# **GOLF TOURNAMENT PREP SERIES**

Perfect for the junior golfer wanting to compete or currently competing in tournament golf! Juniors will receive PGA Professional instruction on positive thinking, practicing correctly and shooting lower scores. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1 Focusing on Targets

Week 2 Scoring Shots Around the Green

Week 3 Fairway Woods and Par 5's

Week 4 Putting Aim/Speed Control/Reading the Green

Week 5 Tee Shots/Hitting More Fairways

# 6-12 YEARS

0 12 11	1110					
90769	SAT	10/15-11/12	1:30-2:30pm	WS	\$95	
90770	SAT	11/19-12/17	1:30-2:30pm	WS	\$95	
13-17 YE	ARS					
90771	SAT	10/15-11/12	1:30-2:30pm	WS	\$95	
90772	SAT	11/19-12/17	1:30-2:30pm	WS	\$95	
Instructor: Mike Arrigoni, PGA						

YOUTH/TEEN 5-16 years





A safe, fun, enriching place for your child to come to after school!

# FOR MORE INFORMATION





McQueen Park Activity Center • 510 N Horne Street

# IntroSk8™-YOUTH

AZ ICE Gilbert is proud to offer a brand new Learn to Skate program called IntroSk8™! Skaters will watch a 10 minute video and then take the ice for 1/2 hour skating lesson! We will teach you the safest methods for skating forward, stopping, falling down and getting up so that every time you go skating you have a great time! Classes are available for all ages, ranging from 4 years old to Adults! All skaters will watch the videos together, and then take the ice afterwards. Come skate with us-you'll have a blast! *Ice skates are provided. AZ Ice (AI) is located at 2305 E Knox Rd., Gilbert, AZ 85296.* 

# **7-13 YEARS**

90336	SAT	9/24	11:15am-12pm	ΑI	\$15		
90337	SAT	10/8	11:15am-12pm	ΑI	\$15		
90773	SAT	10/22	11:15am-12pm	ΑI	\$15		
90774	SAT	10/29	11:15am-12pm	ΑI	\$15		
90775	SAT	11/5	11:15am-12pm	ΑI	\$15		
90776	SAT	11/19	11:15am-12pm	ΑI	\$15		
90777	SAT	12/3	11:15am-12pm	ΑI	\$15		
90778	SAT	12/10	11:15am-12pm	ΑI	\$15		
90779	SAT	12/17	11:15am-12pm	ΑI	\$15		
Instructo	Instructor: AZ Ice Staff						

# **RACQUETBALL 101 FOR ADULT & YOUTH/TEEN**

This is a Parent with Youth/Teen course that creates a unique opportunity to learn racquetball together as well as something that could create a lifetime bond. You will both learn from our professional coaches how to work on the basic fundamentals of teaching, drilling, and playing with each other at the same time you will both improve on your speed, agility, eye hand coordination, etc. No matter the skill level of the adult or youth you can each start to learn coaching skills and tricks to keep each other in the game. Come join in the fun! Each participant must register for this class.

# 10+ YEARS

90783 M 10/17-11/14 5-6pm FRC \$70 Instructors: Top Touring Pros from Key Sports

"My daughter's instructor was great with the kids.

She knew their names on day one and was very encouraging to all of the kids."

# **RACQUETBALL 101 FOR YOUTH**

Looking to learn a fun fast sport? Improve on your speed, agility, eye hand coordination through the art of racquetball. While you learn the basic fundamentals as you play you will be developing major athletic skills which will help you in other sports. We can teach you how to beat your opponents. Learn how to develop a high school racquetball club and become involved in the sport. We can provide racquets, eyewear, balls and fun if needed.

# 10-16 YEARS

90784 M 10/17-11/14 4-5pm FRC \$70 Instructors: Top Touring Pros from Key Sports

# **SPEED & AGILITY**

In this Speed and Agility class kids will learn the basics and fundamentals of speed and agility. Kids will learn teamwork, sportsmanship and commitment. We will teach each kid the proper way to stretch and warm up to avoid injuries. Kids will go through circuit training throughout the course of the class, competing with other participants. The objective of this class is for each kid to have a fun time while also becoming a better athlete. Learn from Coach Richardson a former professional athlete and take your game to the next level.

# **6-13 YEARS**

90785 SAT 10/22-12/17\* 9-9:55am FRC \$99 Instructor: Coach Carl Richardson \*No class 11/26





We're looking for energetic, reliable, fun-loving people to join our team! If you have a special talent and teaching experience that you'd like to share with us, apply online at:

gilbertazjobs.silkroad.com

PARKS & RECREATION

5-16 years YOUTH/TEEN

# SPORTBALL BASEBALL-YOUTH

For kids looking to develop and refine their skills in a fun, safe OUTDOOR environment without the stress and high ratios of a competitive league. Certified Sportball coaches recognize and teach to a child's individual skill level, enabling each child to progress inline with their abilities. Skills include: throwing, catching, correct batting form, running bases, fielding and positional play. Please bring a baseball glove. This class will take place on the multi-use fields behind McQueen Park Activity Center.

# **6-10 YEARS**

90786 SAT 10/22-12/10 2-3pm MPARK \$79 Instructor: Sportball Staff \*No class 11/26

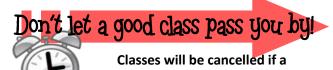


# SPORTBALL BASKETBALL-YOUTH

For kids looking to develop and refine their skills in a fun, safe environment without the stress and high ratios of a competitive league. Certified Sportball coaches recognize and teach to a child's individual skill level, enabling each child to progress in-line with their abilities. Skills include dribbling, passing, shooting, defense and more! All equipment is provided. Discovery Park (DPARK) and McQueen Park (MPARK) classes will meet outside on the basketball courts.

# **6-10 YEARS**

90787	TH	10/20-12/8*	5:15-6:15pm	FRC	\$79		
90788	F	10/21-12/16*	6:30-7:30pm	DPARK	\$79		
90789	F	10/21-12/16*	6:30-7:30pm	MPARK	\$79		
Instructor: Sportball Staff *No class 11/11, 11/24 & 11/25							



minimum enrollment is not met.

# SPORTBALL SOCCER-YOUTH

For kids looking to develop and refine their skills in a fun, safe environment without the stress and high ratios of a competitive league. Certified Sportball coaches recognize and teach to a child's individual skill level, enabling each child to progress in-line with their abilities. Skills include throw-ins, dribbling, trapping, passing, goalie skills and more! All necessary EQUIPMENT PROVIDED. *Bring water and wear tennis shoes. This class will take place on the multi-use fields behind McQueen Park Activity Center.* 

### 6-10 YEARS

90791 SAT 10/22-12/10\* 12:30-1:30pm MPARK \$79 Instructor: Sportball Staff \*No class 11/26

# SPORTBALL TENNIS-YOUTH

Certified Sportball coaches develop competence and confidence teaching the fundamental skills necessary to excel in Tennis. Coaches recognize and teach to a child's individual skill level, enabling each child to progress in-line with their abilities. Skills include forehand, backhand, volley, serve and more. These classes will meet outside on the tennis courts.

# **6-10 YEARS**

91018 TH 10/20-12/8\* 6:30-7:30pm FPARK \$79 Instructor: Sportball Staff \*No class 11/24

# SPORTBALL VOLLEYBALL

For kids looking to develop and refine their skills in a fun, safe environment without the stress and high ratios of a competitive league. Certified Sportball coaches recognize and teach to a child's individual skill level, enabling each child to progress in-line with their abilities. Skills include serve, bump, set, spike and more!

# 6-8 YFARS

D-8 TEAR	.5			
90794	F	10/21-12/16* 4:30-5:30pm	FRC	\$79
8-12 YEA	.RS			
90795	F	10/21-12/16* 5:30-6:30pm	FRC	\$79
Instructo	r: Sr	oortball Staff *No class 11/11 & 11	/25	



# **TUMBLING AND MOVEMENT**

# **TUMBLE & SHOUT**

Need a positive outlet for your child's energy and excitement? This beginning class is a great introduction to tumbling and floor gymnastics. Participants will have a terrific time learning somersaults, backbends, handstands, cartwheels, and round offs. Your child will be head over heels for this class.

# 5-9 YEARS

90880 TH 10/20-12/15\* 4:30-5:15pm FRC \$42 Instructor: TBA **\*No class 11/24** 

Registration Begins: September 20th • Register online: GilbertRecreation.com



# **ARTS & CRAFTS**

# **ART-DRAWING**

A drawing is the starting point of every work of art. Learn how to compose a masterpiece through perspective, shading, texture, and more in this fluid class that will take you places! Supplies will be provided.

### 16+ YEARS

90564 T 10/18-12/13 6:30-7:45pm CC \$76

Instructor: Lisa Martineau

# ART-OIL PAINTING

Want to learn how to paint with oils? Now's your chance! Learn basic color theory and how to mix and apply paints. You'll end up with a masterpiece you'll be proud to hang on your wall. All levels welcome. Students will provide their own supplies. A supply list will be provided prior to the first day of class.

# 16+ YEARS

90563 T 10/18-12/13 5-6:15pm CC \$76 Instructor: Lisa Martineau

# DIGITAL PHOTO GIFTS FOR THE HOLIDAYS

Do you have a lot of digital pictures? Would you like to get them off your camera cards, computers, phones, and turn them into a treasured gift? This class will teach how to create digital photo gifts for your family and friends. You will learn how to turn your stored digital pictures into a beautiful, published book, calendar, photo gifts such as mugs, canvases, etc. You can even design your own Holiday Cards, Birthday Cards, etc. You will learn how to use the award winning Artisan Software. This software is NOT available for Mac Computers. Bring a laptop and digital photos to class to work on your photo gifts during class. A \$65 software fee will be collected by the instructor at the beginning of class.

# 18+ YEARS

90842	W	10/5	10-11:30am	MPAC	\$15	
90843	W	10/5	6-7:30pm	MPAC	\$15	
90844	W	11/30	10-11:30am	MPAC	\$15	
90845	W	11/30	6-7:30pm	MPAC	\$15	
90846	F	11/18	10-11:30am	MPAC	\$15	
90847	F	11/18	6-7:30pm	MPAC	\$15	
Instructor: Debra Durma						

# **PAINT PARTY**

Come paint along with us! This class will be a social evening filled with fun and paint. Bring a friend and go home with your very own masterpiece. Supplies will be provided.

# 16+ YEARS

90562 SAT 10/22 10am-12pm CC \$25 Instructor: Lisa Martineau

> "The workout was Great! Great instructor! Great choreography!"



# COOKING

# ELLA'S DISCOVERIES COOKING CLASSES

At Ella's Discoveries each class has an exciting theme, so get the kids cooking healthy and imaginative meals. We'll create savory and sweet recipes, enjoy food facts and try at home recipes too! This hands-on cooking series is hosted by food and consumer affairs writer, test kitchen manager, radio show journalist, certified kitchen Manager, cookbook author and culinary instructor Pam Jackson. A \$5 Supply fee will be collected by the instructor at the beginning of class.

16+ YEARS

# **HOLIDAYS WITH DIABETES**

With a little meal planning the holidays don't have to disrupt your diabetes control. Join us in the kitchen to prepare and taste several dishes so you can focus on family traditions this holiday seasons. Recipe booklet provided.

90866 SAT 11/5 9am-12pm CC \$40

# **HOLIDAY TEA PARTY TREATS**

As visions of sugarplums dance in your head, let a magical holiday tea create memories too last a lifetime. Join us in the kitchen to prepare and taste tea sandwiches, sweet treats and decorate sugar cubes. Recipe booklet provided.

90867 SAT 11/12 9am-12pm CC \$40

# **EDIBLE HOLIDAY DECORATIONS**

Deck the halls with pretty and tasty holiday decorations. Join us in the kitchen to prepare edible ornaments, festive snowmen and holiday gifts. Recipe booklet provided.

90868 SAT 12/3 9am-12pm CC \$40



# DANCE

# **BELLY DANCE-BEGINNING**

This fun beginning class will provide you with a low-impact and low-pressure workout that improves flexibility and coordination. Join us to explore the basics of belly dance, building on steps learned from class to class as we learn a choreographed dance. Belly dance is friendly to all body types and ages. *Please wear something comfortable that allows you to move freely. Ballet shoes are recommended but not required.* 

# 14+ YEARS

90988 M 10/17-12/12 7:30-8:30pm MPAC \$47 Instructor: Elizabeth Makela



# **BELLY DANCE-DRILLS**

In this open level class, students can focus on learning foundational belly dance movements at their own pace. Once the basics of technique are mastered, variations including isolations, transitions, traveling and layering will be introduced. This class is a great complement to the choreography focused classes 'Beginning Belly Dance' and 'Belly Dance Fusion'. Belly dance is friendly to all body types and ages. *Please wear something comfortable that allows you to move freely. Ballet shoes are recommended but not required.* 

### 14+ YFARS

90989 M 10/17-12/12 6:30-7:30pm MPAC \$47 90990 F 10/21-12/16\* 6:30-7:30pm MPAC \$37 Instructor: Elizabeth Makela \*No class 11/11 & 11/25

# **BELLY DANCE-INTERMEDIATE FUSION**

This intermediate level class fuses traditional belly dance movements with elements from other dance styles, cultures, or musical genres. Each session will draw inspiration from somewhere new. Students will learn a fun choreographed dance and have the opportunity to perform it for friends and family if they wish. Belly dance is friendly to all body types and ages. Please wear something comfortable that allows you to move freely. Ballet shoes are recommended but not required.

# 14+ YEARS

90991 F 10/21-12/16\* 7:30-8:30pm MPAC \$37 Instructor: Elizabeth \*No class 11/11 & 11/25



# **HEALTH & FITNESS**

# **ALL LEVELS YOGA**

This class will teach the classic yoga poses through a deep awareness of correct body alignment. A variety of basic poses will be presented in challenging ways to help you remain alert, focused and composed. Class is great for those that are new to yoga or even those that are experienced in the practice.

# 16+ YEARS

90992 TH 10/20-12/15\* 6:30-7:30pm MPAC \$44 Instructor: TBA \*No class 11/24

# **BEGINNING YOGA**

This class is for those interested in learning more about yoga. We will work on traditional yoga poses both standing and sitting, breathing techniques and simple meditation practices. This class is perfect for beginners.

# 16+ YEARS

90993 M 10/17-12/12 5-5:55pm MPAC \$49 Instructor: TBA

# **YOGA FLOW**

This 60 minute class combines breath, movement and meditation. The class allows you to 'flow' from one pose to the next while giving your body greater strength and conditioning, flexibility, balance, endurance, agility and meditation. Set to upbeat and inspiring music, this class is designed for all fitness levels.

# 16+ YEARS

90995 W 10/19-12/14\* 6-7pm MPAC \$44 Instructor: TBA \*No class 11/23

# **BODY COMPOSITION PROGRAM**

If you're thinking about getting back in the gym, are stuck in a fitness plateau, or just appreciate a good workout, then the FRC Body Composition Program is for you. This is a small group, fast-paced class targeted at losing body fat and building muscle in an effective and timely manner. For one low fee, you can workout with a personal trainer 5 days a week. Enjoy an exercise program designed with your fitness goals in mind, and one that encourages support from fellow fitness enthusiasts to motivate you and hold you accountable.

# 18+ YEARS

91064 SU/M/T/W/TH 10/16-11/10 12:30-1:00pm FRC \$60 91065 SU/M/T/W/TH 10/16-11/10 1:15-1:45pm FRC \$60 91066 SU/M/T/W/TH 10/16-11/10 2:00-2:30pm FRC \$60 (Check-in 15 minutes prior for first and final session for measurements) Instructor: Taylor Carr, Personal Trainer at FRC

91068 SU/M/T/W/TH 11/20-12/15 12:30-1:00pm FRC \$60 91069 SU/M/T/W/TH 11/20-12/15 1:15-1:45pm FRC \$60 91070 SU/M/T/W/TH 11/20-12/15 2:00-2:30pm FRC \$60 (Check-in 15 minutes prior for first and final session for measurements) Instructor: Taylor Carr, Personal Trainer at FRC

# **GENTLE YOGA**

This class focuses on restorative and gentle stretching of yoga to increase flexibility and strength. This class is excellent for those with limited mobility or beginners.

# 16+ YEARS

90994 M 10/17-12/12 6-6:55pm MPAC \$49 Instructor: TBA

# HIIT COMBATIVE

(H.I.I.T) High Intensity Interval Training combined with the explosive self-defense system of Krav Maga. This is a fast paced class that combines functional fitness with self-defense training. Regardless of your fitness level, this class will push you to your max. The High Intensity Interval style of training in conjunction with the practical self-defense methods of Krav Maga are perfectly suited to meet the fitness needs of all walks of life and fitness levels. Krav Maga's rapid responses, awareness training and tactical techniques work for people of ALL types and sizes. Krav Maga uses realistic training scenarios while practicing aggressive self-defense responses in a safe environment. Students learn to deal with almost any violent or threatening situation through the use of hand-to-hand combatives, improvised weapons, and simply knowing when to escape danger by running away.

# 18+ YEARS

90796 T/TH 10/18-12/15\* 5:45-6:45pm FRC \$50 Instructor: HIIT Gravity Fitness Staff \*No Class 11/24



ADULT 16+ years

# INDOOR FITNESS FOR LADIES

True Body Fitness offers a fun and friendly way to torch calories. Classes are taught by a Certified

Personal Trainer who can modify or progress workouts so ALL FITNESS LEVELS ARE WELCOME. Flexible options allow you to decide how many classes to take each month: 4, 6, 8, 10 or unlimited. Bring your yoga mat and water. For course codes please go to www.GilbertRecreation.com the schedule of classes is below.

4 Class Package-\$30 10 Class Package-\$60 6 Class Package-\$40 Unlimited Class Package-\$70

8 Class Package-\$50

# LADIES BOOT CAMP

Strength training combined with cardio; designed to lose fat, improve cardiovascular endurance, increase strength and flexibility.

# 14+ YEARS

Mondays5-6pmSERLMondays6-7pmSERLSaturdays8:45-9:45amSERL

Instructor: Maggie Colecchia

# LADIES CARDIO EXPRESS

Achieve a healthy weight and maintain it; increase endurance; reduce health risks and strengthen your heart; keep your mind clear and release endorphins to help cope with stress...Need any more reasons to do cardio training? If you are short on time, Cardio Express does it all in a half-hour. Kickboxing, step, sports drills, you just never know what we'll be doing from one class to another. Take this class by itself or pair it with our 45-min Core class and you have just given yourself a total body work-out that is not only challenging but fun.

14+ YEARS

Tuesdays 9-9:30am SERL Thursdays 6-6:30pm SERL

# LADIES CORE/ABS & GLUTES

Focuses on all of the major muscle groups that support you in your daily living. We will whittle away your middle, but we will also strengthen your **back**, **chest** and **glutes**! A strong core allows you to maintain appropriate posture, helps to avoid injuries, and improves athletic performance.

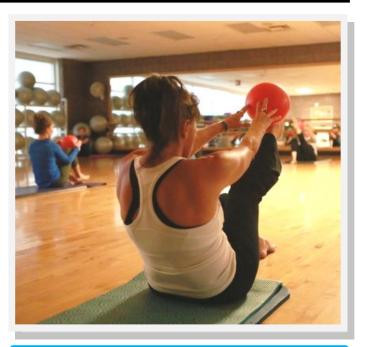
14+ YEARS

Tuesdays 9:30-10:15am SERL Thursdays 6:30-7:15pm SERL

Instructor: Maggie Colecchia

# Changes are coming...

Gilbert Parks and Recreation will be updating our registration system in the coming months. Stay tuned for more information on how to utilize this new, user-friendly system!



# **MARTIAL ARTS**

# SANCHIN-RYU KARATE

Sanchin-Ryu is an artistic form of self-defense designed in a way, so that size and strength, age and athletic ability aren't factors in defending one's self. Taught on an individual basis, students study in a non-competitive environment while working on Sanchin-Ryu's practical movements and non-nonsense approach to self-defense. To truly understand every facet of conflict resolution we study three levels of self-defense awareness; physical, mental and emotional. Emphasis is on having fun, building self-confidence, coordination, and leadership skills through the study of a true martial art. Classes are taught in a fun, high-energy environment. Instructors: Black Belts; Steven Ahles, 7th Dan, Doug Sawyer, 3rd Dan, and Brent Sawyer 3rd Dan.

# SANCHIN-RYU KARATE-ADULT

Students will learn alternatives to fighting and be empowered with techniques to handle everyday scenarios they may encounter at work, school, the park and even among friends. In a fun, high-energy, go-at-your-own pace environment students build self-confidence, develop focus, discipline and physical fitness. Students are taught the full form of Sanchin-Ryu, an artistic form of self-defense designed in a way, so that size, strength, age or athletic ability are not factors in defending one's self.

15+ YEARS

90797 SAT 10/29-12/17\* 8-9:30am FRC \$53 Instructor: Sanchin-Ryu Karate Staff \***No Class 11/26** 

Credit/Refund requests must be received by 6pm, one week before the start of a class, camp or program.

Call (480) 503-6200 for further information.

ADULT 16+ years

# SANCHIN-RYU WOMEN'S SELF DEFENSE-GRACE UNDER PRESSURE

Learn street-wise techniques designed in a way, so that size, strength, age or athletic ability are not factors in defending one's self. Learn to act on stressful situations rather than being controlled by them. Sign up for this class by yourself or with a family member or friend! Please wear comfortable clothing that does not restrict movement and covers the shoulders.

# 15+ YEARS

90798	W	10/19-12/14*	5-6pm	MPAC	\$40
90799	TH	10/20-12/15*	10-11am	SERL	\$40
90800	SAT	11/19	12-2:30pm	FRC	\$24

Instructor: Sanchin-Ryu Karate Staff \*No Class 11/23 & 11/24

# SANCHIN-RYU KARATE-ADVANCED

See MARTIAL ARTS section under YOUTH for class description and info.

# SANCHIN-RYU KARATE-FAMILY

See MARTIAL ARTS section under YOUTH for class description and info.



# SPECIAL INTEREST

# **ACTIVE PARENTING: 1,2,3,4 PARENTS!**

Hey Moms and Dads! Is parenting your young child tougher than you thought it would be? Attend a 1,2,3,4 Parents! Workshop series and learn:

Why your child acts like he/she does

How to bond with your child

Why taking care of yourself is important

How you can discipline your young child

1,2,3,4 Parents! is for parents and caregivers of children birth to age 5. The series will be taught in 3, one and a half hour sessions. This program is provided FREE by New Directions Institute in collaboration with Family SPOT Resource Centers and is funded by First Things First. Free materials and gifts for participating are included. \*Free childcare is provided by New Directions staff.

# PARENTS OR CAREGIVERS OF CHILDREN BIRTH TO 5 YEARS 18+ YEARS

90804 M 11/14-11/28 6-7:30pm SERL FREE Instructor: New Directions Institute Staff

# ASHI, AED, CPR & FIRST AID TRAINING- ADULT, CHILD & INFANT

Used properly, First Aid and CPR can SAVE LIVES! Learn proper techniques to be effective in an emergency. Recognize the signs/ symptoms of injuries and sudden illness. Receive crucial information on emergencies such as bleeding, shock and burns. Recognize and treat life threatening emergencies such as cardiac arrest and choking. *Upon completion of this course, participants will receive a two year certification card.* 

# 16+ YEARS

90359	W	9/21	6-9pm	SERL	\$40		
90805	W	10/19	6-9pm	SERL	\$40		
90806	W	11/16	6-9pm	SERL	\$40		
Instructor: Cross' Lifeline Emergency Staff							

# **CREATIVE WRITING CLASSES**

Explore your inner author in these creative writing courses. Learn to write your family memories or venture into the nonfiction genre. New and experienced writers are welcome to attend. Instructor: Marilyn Janson

# FICTION AND NONFICTION WRITING WORKSHOP

Ms. Janson provides personalized instructional materials for each participant. Short stories, novels, family history, memoirs. Optional: Motivational writing exercises and sharing your work with the class. A \$10 copy fee will be collected by the instructor on the first day of class.

# 14+ YEARS

90362	SAT	9/17-10/8	10am-12pm	SERL	\$60
90808	SAT	10/29-11/19	10am-12pm	SERL	\$60

# INSPIRATIONAL FICTION WRITING WORKSHOP

If you enjoy reading Karin Kingsbury, Jan Caron, and Debbie Macomber, and Melody Carlson, learn to write short stories and longer works for this enormously popular market. Ms. Janson provides excerpts from your favorite authors and step-by-step instruction. A \$10 copy fee will be collected by the instructor on the first day of class.

# 14+ YEARS

90361	SAT	9/17-10/8	12:30-2:30pm	SERL	\$60
90807	SAT	10/29-11/19	12:30-2:30pm	SERL	\$60

# **RIO SALADO CASTING CLUB**

Looking to improve your fly casting skills?

Desert Fly Casters (<a href="www.DesertFlyCasters.com">www.DesertFlyCasters.com</a>) is partnering with the Rio Salado Casting Club (RSCC) to host an ongoing series of free fly casting events at Gilbert's McQueen Park. International Fly Fishing Federation (IFFF) Certified Fly Casting Instructors will be on hand to work with casters of all skill levels—beginners, intermediate and advanced casters are all welcome to attend this informal casting meetup. Accurate fly casting will greatly improve your angling ability, so don't miss this opportunity to work with the some of the best fly casting instructors in the valley.

**Event highlights:** Beginning, intermediate and advanced fly casting instruction, Tournament casting instruction, Two-handed / Spey casting instruction. McQueen Park Recreation Field

Items to bring: sunglasses, hat, sunscreen, water, fly rod/reel/line/leader. RSVP to <a href="mailto:Flatsman@cox.net">Flatsman@cox.net</a> and include "RSCC Fly Casting" in the subject line.

Sa 10/29 9am - 12pm Free Sa 12/17 9am - 12pm Free

# Connect for more fun!



**ADULT** 16+ years

# DIGITAL PHOTO STRESS TO DIGITAL PHOTO PEACE

Are your digital pictures overwhelming you? Do you have digital pictures on the computer, camera cards, iPhones, iPads, etc.? Would you like to find a certain digital picture, but have no idea where it would be? Have you thought about buying a new computer because your old one was full...probably because of too many photos?! Are you afraid if you lose your phone or your computer crashes that all your digital photos would be gone? If you answered yes to any of these questions, then this class is for you. This class will help you take your digital photo mess and turn it into a beautifully, organized collection of memories that your family will enjoy for generations. Class 1: Set-up your Photo Goals, learn the basics of ABC digital photo organization, and learn about a cloud based back-up system for your digital photos. Class 2: We review more photo organization techniques, learn photo editing tricks and understand the basics for safely sharing digital photos.

# 18+ YEARS

90809	Т	11/29-12/6	10-11:15am	MPAC	\$30
90810	Τ	11/29-12/6	6-7:15pm	MPAC	\$30
90811	W	11/9-11/16	10-11:15am	MPAC	\$30
90812	W	11/9-11/16	6-7:15pm	MPAC	\$30
90367	TH	9/15 & 9/29*	10-11:15am	MPAC	\$30
90368	TH	9/15 & 9/29*	6-7:15pm	MPAC	\$30
90813	TH	10/6 & 10/20*	10-11:15am	MPAC	\$30
90814	TH	10/6 & 10/20*	6-7:15pm	MPAC	\$30

Instructor: Debra Durma \*No class 9/22 & 10/13

# INSTANT PIANO FOR HOPELESSLY BUSY PEOPLE

Some music teachers may not want you to know this, but you don't need years of weekly lessons to learn piano. In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? While regular piano teachers teach note reading, piano professionals use chords. And you can learn all the chords you'll need to play any song in this one session. Any song, any style, any key! Materials Fee of \$29 will be collected in class by the instructor for the workbook and practice CD.

# 18+ YEARS

90371 M 9/12 5:30-8:30pm MPAC \$30 Instructor: Craig Coffman

# INSTANT GUITAR FOR HOPELESSLY BUSY PEOPLE

See SPECIAL INTEREST section under YOUTH for class description and info.



# **SPORTS**

# **CARDIO TENNIS**

Cardio Tennis is a great way for players of all skill sets to enjoy the game. You'll get an AMAZING workout, a chance to socialize and enhance your tennis skills in just one hour! Set to upbeat music, cardio tennis will keep your heart rate up and your feet moving for a fun workout. *Taught by USPTA certified tennis instructor.* **Players need to provide own racquet.** 

# 16+ YEARS

90996 T 10/18-12/13 9:30-10:30am MPAC \$49

Instructor: Karen Fleissner

# **GOLF READY FOR ADULTS**

This class is great for both the true beginner and the intermediate level golfer who wants to improve or tune-up their skills. *Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.* 

Week 1	Pre-shot fundamentals and basic swing
Week 2	Chipping and pitching

Week 3 Full iron swing from the fairway

Week 4 Putting including aim, stroke and reading the green

Week 5 Driver swing

# 15+ YEARS

90817	TH	10/13-11/10	6-7pm	WS	\$145
90818	TH	11/17-12/22*	6-7pm	WS	\$145
90819	SAT	10/15-11/12	9-10am	WS	\$145
90820	SAT	11/19-12/17	9-10am	WS	\$145

Instructor: Western Skies Staff \*No Class 11/24

# **GOLF READY FOR LADIES ONLY**

This class is great for both beginner and intermediate levels. Eat, drink and socialize before and after the golf class if you prefer. This class is designed for women to learn swing fundamentals, golf course preparation and share their experiences in a fun and relaxed atmosphere. Golf clubs are available for use if you do not have your own. Closed toed shoes are required. Western Skies Golf Club (WS) is located at 1245 E. Warner Rd., Gilbert, AZ 85296.

Week 1	Pre-shot fundamentals and basic swing

Week 2 Chipping and pitching

Week 3 Full iron swing from the fairway

Week 4 Putting including aim, stroke and reading the green

Week 5 Driver swing

# 14+ YEARS

90821	W	10/12-11/9	6-7pm	WS	\$145
90822	W	11/16-12/14	6-7pm	WS	\$145

Instructor: Western Skies Staff

# TENNIS 1.0

Class is designed to introduce players to the basic skills of tennis; stance, grip, serve, strokes and scoring. Emphasis on hand-eye coordination, drills, good sportsmanship and having fun! *Taught by USPTA certified tennis instructor.* **Players need to provide own racquet.** 

# 16+ YEARS

90998 T 10/18-12/13 10:30-11:30am MPAC \$49

Instructor: Karen Fleissner

# **TENNIS 2.5**

Take the next step in tennis to continue developing stance, grip, stroke and serve while incorporating the fundamentals of match play. Ideal for players who have previous tennis playing experience and can sustain a short rally of slow to medium pace. Emphasis on recreational play, good sportsmanship and having fun! Class designed for beginner/intermediate player. Taught by USPTA certified tennis instructor. Players need to provide own racquet.

# 16+ YEARS

91000 TH 10/20-12/15\* 9-10am MPAC \$39 Instructor: Karen Fleissner \*No class 11/10 & 11/24

50+ years ACTIVE ADULTS

# **Gilbert Senior Center Staff**

130 N. Oak St 480-503-6061

# **SENIOR CENTER STAFF:**

Amanda Shepard, Activities Specialist: 480-503-6059
Brianna Burrows, Outreach Specialist: 480-503-6061
Kelly Delgado, SR. Program Manager: 480-560-1041
Pat Hutfles, Home Delivered Meals Coordinator: 480-503-6058
Wallis Berry, Kitchen Coordinator: 480-503-6057

Chandler Christian Community Center operates and manages the Senior Center programs and meals.



# SPECIAL INTEREST

# **CHAIR EXERCISE**

Join us for a non-impact exercise class. Chair Exercises are workouts done while seated in a chair, or sometimes standing next to or behind the chair for stability. Fee: None

Tuesday/Thursday 8:30-9am CC 50+YEARS

# **GENTLE YOGA**

This class focuses on restorative and gentle stretching of yoga to increase flexibility and strength. This class is excellent for those with limited mobility or beginners. *Fee: None* 

Wednesday 9-10am CC 50+YEARS

# SILVER SNEAKERS

The Silver Sneakers Fitness Program is an innovative health, exercise and wellness program helping our seniors to live healthy and active lifestyles. Come join us for a fun way to exercise! Fee: None (Space is limited, first come first serve)

Tuesday/Thursday 9-10am CC 50+YEARS
Tuesday/Thursday 1-2pm CC 50+YEARS

# TAI CHI

Tai Chi/Medical Chi Chong will help to relieve arthritis, stress, and enhance your immune system. This class is on-going. No registration required. *Fee: None* 

Monday 9-9:45am CC 50+YEARS

# **ZUMBA**

Zumba combines a dance workout with a party-like atmosphere. Zumba takes the popular Latin-dance inspired workout to make it accessible for seniors. Zumba Gold builds cardiovascular health by challenging the heart and working the muscles of the hips, legs, and arms with dance moves. Fee: None

Friday 8:45-9:45am CC 50+YEARS

# **SOCIAL EVENTS**

# **OCTOBER**

# HALLOWEEN PARTY

Dress in a costume and join us for a ghouling good time! Light refreshments will be served.

Monday 10/31 10:30am CC 50+YEARS

# **NOVEMBER**

# **GIVE THANKS DAY**

Enjoy a Thanksgiving feast with family and friends at the Gilbert Senior Center. Reservations required, Ssgn up from Oct. 31st-Nov. 14th. Lunch will be served at 11:30am

Thursday 11/17 11:30am-1pm CC 50+YEARS

# DECEMBER

# **HOLIDAY LIGHTS & PIE**

Enjoy a drive through the East Valley as we check out the best displays. We will be eating pie and drinking coffee before we head out! *Sign Up Between Nov.23rd-Dec 4th,* \$3 per person. Monday 12/13 5pm CC 50+YEARS

# **HOLIDAY NIGHT PARTY**

Join us for a night to celebrate! Doors will open at 4:30pm. Dinner will be served at 5:30pm. *Tickets sold: Nov. 17th-Dec. 5th*Saturday 12/10 5:30pm CC 50+YEARS

# **HOLIDAY DAY PARTY**

Join us for holiday cheer! Lunch will be served at 11:30am. *Sign* up in activities office, Nov. 28-Dec.12





# Freestone Recreation Center is now a designated

# SilverSneakers and Silver & Fit center!

Call (480) 503-6202 to get more information on this exciting, new program!





# **DINING OUT**

# **Dining Out**

Come join us for good food, good company, and maybe even some laughs! LEAVING the Senior Center at 4pm. All participants attending must sign up in the Senior Center Office, 480-503-6059.

# Isabella Amor

Wednesday, Oct 5th
Sign up from Sept 19th-Oct 4th

# The Habit

Wednesday, Nov. 9th Sign up from Oct. 26th-Nov. 8th

# Mellow Mushroom

Tuesday, Dec. 7th

Sign up from Nov. 23rd-Dec. 6th

# **Black Bear Diner**

Wednesday, Jan. 11th Sign up from Dec. 27th-Jan 10th



# HOME DELIVERED MEALS

Meals are delivered to those seniors who are disabled, home-bound, and live in Gilbert and Chandler.

Cost of meals are \$5.00 each. Delivered Monday-Friday between 10am-2pm.

For information on financial assistance please call the Senior Helpline.

SENIOR HELPLINE 602.264.4357

For more information on enrolling today, please call the number listed below.

HOME DELIVERED MEALS 480.503.6058





# **Ongoing Activities For Active Adults At The Gilbert Senior Center**

Age Requirement: Adults 50+ have first priority; however, adults under 50 may participate in certain activities if space is available. Please call the Senior Center if you have any questions: 480-503-6059.

# **ARTS & CRAFTS**

**Scrapbooking & Craft Club:** Free craft classes all supplies provided. Every Friday from 12:15-3pm.

# **Knitting/Crocheting Club:**

Join us for knitting & crocheting projects

every Wednesday at 12:30pm

**Jewelry Club:** Come and create one of a kind designs with us on Wed., at 12:30pm.

# **CARDS & GAMES**

**Bingo:** Cost is 50cents/card, limit three cards. Every Mon. & Fri. 10:15-11:30am

**Bridge Club:** Every Mon. at 10am & Thurs. at 12:30pm

Bunco: Wednesday at 10am

**RummiKub Club:** Every Tues. & Thurs. at 12:30pm.

at 12.50pm.

Mexican Train: Every Monday at

12:30pm

Pinochle: Tuesdays 9:30am-12pm Mahjong: Tues. & Fri. 9am

# **COMPUTERS**

**Computer Lounge:** The Community Center has a computer lounge with three public computers. Computers are available daily during facility hours.

# **HEALTH & WELLNESS**

**Blood Pressure Checks:** Join us on the 2nd & 4th Tues. of every month from 10am-12pm.

**Chair Exercises:** This class provides upper and lower body low impact movements. All levels are welcome. Every Tuesday from 8:30-9am.

**Fitness Center:** The Center has a paid for usage fitness center available. Cost of monthly membership is \$15 or pay a \$2 daily fee.

# **OUTREACH SERVICES**

The following services are available by appointment only. Benefit help, Lawyer services, SNAP, please call to schedule your appointment today! 480-503-6061

# **SOCIAL FUN**

**Entertainment & Dancing:** Join us every Tuesday & Thursday from 11am-12pm.

**Movies:** Held the 2nd Fri. of the month for a movie & popcorn! Movie start time is 1pm.

For information on becoming a member of the Gilbert Senior Center please visit the center for a tour. For details call 480-503-6059 or visit our website.



# RIPARIAN PRESERVE at WATER RANCH LAKE



# RIPARIAN PRESERVE at WATER RANCH

Contact: <u>Jen Lauria</u> 480-503-6234

2757 E. Guadalupe Road Gilbert, AZ 85234 gilbertaz.gov/riparian

# **BIRD WALKS**

Monthly bird walk at the **Riparian**. Walk is geared for adults. The walk will last about 90 min. -2 hours, starting at 6 a.m. with additional wrap up time at the end to go over the list of species seen and heard. Free, although any donations are accepted. \$5 suggested. Limited to 12 participants. Please register with Kathe Anderson at kathe.coot@cox.net.

SAT/SUN 10/8, 11/27, 12/10\*
\*Begins at 8:00am

7:30am

Riparian

# **FAMILY BIRD WALKS**

The Gilbert Family Birdwalks are held every third Saturday of the month, October through March at the Gilbert Riparian Preserve. These free walks are sponsored by Desert Rivers Audubon, The Riparian Preserve, and Liberty Wildlife. We provide loaner binoculars, Bird Bingo Cards for kids, and expert leaders to take you around the ponds at both locations. Walks leave every 15 minutes or so and last about 45 minutes.

SAT 10/15, 11/19, 12/17, 1/21 8am-12pm Riparian

# BEGINNING BUTTERLIES AND DRAGONFLIES WALK

This area is outstanding for beautiful butterflies, dragonflies, and damselflies. Learn to identify local butterflies including Painted Lady, Queen, and Fiery Skipper as well as common dragonflies and damselflies such as Western Pondhawk, Flame Skimmer, Blue-ringed Dancer, and Familiar Bluet. Suggested \$5.00 donation to support the Gilbert Riparian Preserve. Bring binoculars (close-focus preferred), water, and hat. No reservations. Meet 7:00 am June-September, 7:30 am October at the Dragonfly Ramada just south of the parking lot, east of Greenfield Rd., off Guadalupe Rd., just east of the Gilbert Public Library in Gilbert.

SUN 9/18, 10/16

Riparian

Leaders: Janet Witzeman and Laurie Nessel



As one of the largest and most popular wildlife preserves in Gilbert, Arizona, The Riparian at Water Ranch features hiking and equestrian trails open to the community. The preserve provides a great opportunity for wildlife and bird watching considered the premier bird watching facility in the Phoenix metro region. Close to 250 species of birds have been sighted and many people come from different states and countries to see the beautiful and sometimes rare birds. The park boasts covered picnic areas, fishing, a dinosaur dig site and campsites that can be reserved for a desert getaway.

The Riparian Preserve was also designed to promote awareness and appreciation of Arizona's ecology and natural history, particularly desert and riparian environments, through education and recreation programs for a diversity of visitors, as well as research and development of strategies to preserve and protect these unique environments. In addition, the preserve also has the only Valley astronomy observatory open to the public.



# RIPARIAN PRESERVE of WATER RANCH LAKE

# TOURS WITH THE NATURALIST

Join Gilbert Naturalist Jennie Rambo for a tour of the Riparian Preserve. Observe diverse species of beautiful ducks, elegant shorebirds in the ponds, songbirds, and jewel-like hummingbirds along the trails. Learn about the wonders of bird migration, native trees and wildflowers, and the importance of riparian habitats and water conservation.

90616 SAT 11/12 9 - 10:30am Riparian \$10 90617 SAT 12/10 9 - 10:30am Riparian \$10

# RC AIRPLANE FLYING LESSONS

If you ever wanted to learn how to fly a RC airplane we will be glad to assist you. Let us help your first flight not end with your plane in a pile of rubble after a 30 foot flight. Each of our Introductory Pilot Instructors have several years of RC flying experience and will be glad to help your first RC experience be as enjoyable as possible. This program is intended to introduce the non-Academy of Model Aeronautics (AMA) member to aero modeling while providing liability insurance coverage to the non-AMA member (student) and the chartered club. Show up and fly using OUR EQUIPMENT at NO COST to you. Parent or guardian signature is required for underage students. Lessons are given on the first Saturday of each month; weather permitting. (Schedule may change without notice due to requirements to accommodate students) Min. age 7. For more information on this Academy of Model Aeronautics program, click here:

http://www.modelaircraft.org/membersonly/intropilotdesc.aspx

Class location is North side of Queen Creek Road and East of S. 158<sup>th</sup> Street.

90643 Sa 10/1 8-10am Free 90644 Sa 11/5 8-10am Free 90645 Sa 12/3 8-10am Free

# JUNIOR RANGER CAMP

Junior Rangers help to preserve and protect our parks, playgrounds and trails. They learn about nature and history, have fun exploring the parks with the Town of Gilbert Park Rangers. This is an one week program and participant will receive a Junior Ranger badge upon completion! Locations will vary with the first class taking place at Freestone Park. Ages 6-11.

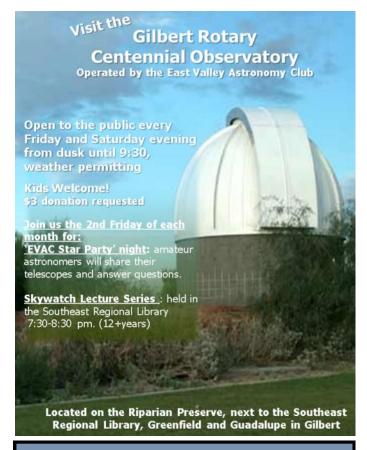
# 6-11 YEARS

90622 Tues-Fri 12/27-12/30 8:30am – 10am \$55

# WINTER BREAK CAMP AT THE PRESERVE

Get closer to nature at the Riparian Preserve's school break camp. Spend time outdoors and indoors learning about the wildlife and plants of desert and riparian areas through hikes, scientific digs, experiments, learning games, and craft activities. Topics are adjusted seasonally and include the Sonoran Desert, pond life, birds, bugs, archaeology, paleontology (dinosaurs), fishing, astronomy, plants, water, reptiles, and more.

90615 M-TH 12/28 – 12/31 8:30am-12pm Riparian \$60



# VOLUNTEER Town of Gilbert

# **Parks and Recreation**

# Volunteers are needed in the following areas:



- Special Events
- Recreation Centers
- Parks and Trails Maintenance
- · Adaptive Recreation Programs
- Riparian Preserve
- Court-Ordered Community Service
- Scout Programs



To sign up for a volunteer opportunity go to:

http://gilbertaz.gov/volunteer-parks



# Maricopa County Library District

where curiosity leads

# **Perry Branch**

1965 E. Queen Creek Rd. 602-652-3000

visit us online at www.mcldaz.org



# CHILDREN'S PROGRAMS

# **BABY TIME**

In baby time we have fun sharing books, lap-sit songs and rhymes, puppets, music, shakers, and bubbles. Learn tips to build a foundation for reading at home. Playtime and social time follows program. This program is for babies ages birth to 20 (up to 24) months ONLY accompanied by a caregiver. Children over 24 months (including older siblings) may not be in the room during this program due to safety issues.

# **BIRTH-2 YEARS**

10/18-10/25

10:15am Perry Free

# ALL AGES STORYTIME

Miss Jennifer would like to welcome kids ages 2-5 and their caregivers to all ages story time! During this time we will read stories, sing and dance and learn rhymes and fingerplays to do at home! Tickets will be distributed starting at 10am on a first come first served basis, one ticket per person not per party and seating is limited to 70 people. Once story time begins no late comers will be admitted so please arrive early to ensure your spot, the library opens at 10am.

# 2-5 YEARS

10/19-10/26

10:15am

### Free Perry

# **ROCKIN' & ROLLIN' ALL AGES STORYTIME**

Join us here at the Perry Branch Library for a rockin' and rollin' storytime filled with guitar music, songs, dancing, finger plays, and stories! Kids ages 2-5 and their caregivers are welcome! No registration required. Tickets will be distributed starting at 10am on a first come first served basis. One ticket per person, not per party. Once storytime begins no late comers will be admitted so please arrive early to ensure your spot. The library opens at 10am. Come rock and roll with us!

# 2-5 YEARS

10/20, 11/3 \*No class 10/27

10:15am

Perry Free



# SENSORY STORYTIME

Sensory storytime is designed for kids with special needs and will occur on the 1st and 3rd Wednesdays of each month. This is a pilot program for our branch, and is designed for kids on the Autism Spectrum and open to those who have a hard time in traditional storytimes or have sensory issues. During this time we will have 15-20 minutes of storytime and about 20 minutes of playtime. Playtime will allow your kids to interact with one another as well as provide a place for tactile learning outside the home. Miss Jennifer will be available to talk before and after storytime about your children's likes and dislikes and to answer questions! An adult must accompany each child whether it be a caregiver, therapist or parent. Registration is required and limited to 12 children because we want to make sure storytime remains calm and comfortable. We recommend this for kids 3-7 but it is open to kids 10 and under until we assess the needs of the community-please note the age of your child when you register. Remember to register your child for EACH week at www.mcldaz.org.

# **3-10 YEARS**

10/19

11:15am

Perry Free

# **FALL BREAK FUN-CATAPULT-CAPADES**

You are invited to the Catapult-Capades at Perry Branch Library! Join us to design and create your very own catapult while learning about forces, levers, fulcrums and other simple machine concepts. After making your catapult, we will use your creation to launch safe objects at small, "spooky" targets! Registration is required to ensure we have enough materials. Please register each participant individually. Let the Catapult-Capades begin!

# **6-12 YEARS**

10/17

11:30am-12:15pm

Perry Free



# **Friends of the Library**

775 N. Greenfield Rd. 480-539-5128

M-SAT 10am-4pm **SUN Closed** 



# MISSION STATEMENT

Friends of the Southeast Regional & Perry Branch Library

The mission of the Friends of the Southeast Regional Library & Perry Branch is to aid & support our local libraries, promote literacy in children & adults, & expand the presence of the library for the benefit of the community. We also promote & encourage volunteering & participate in relevant library & community literacy programs.

# **BOOK CLUB: HEROES IN TRAINING SERIES**

Are YOU a Hero in Training? Do you want to be? Join us here at the Perry Branch Library for a fun book discussion on the Heroes in Training series, starting with Heroes in Training #1: Zeus and the Thunderbolt of Doom by Joan Holub and Suzanne Williams. This awesome series has it all- adventure, fun, humor, magic and so much more! We will meet the third Wednesday of every month for book discussion, snacks and crafts. Anyone is welcome, even if you haven't read the book and would like to sit in and listen! We will hold a limited number of copies of the book at the circulation desk, so come early to get your copy. Join us to begin your training! Please register EVERY month for the discussion at www.mcldaz.org.

# **GRADES 3-6**

10/19, 11/16

4-4:45pm

Perrv

Free

# **BOOK CLUB- MAGIC TREE HOUSE**

Come to Perry Branch Library once a month for our Magic Tree House book club for children in 1st – 3rd grade. Each week will talk about the adventures of Jack and Annie followed by craft or activity. This month we are reading *Hour of the Olympics!* Reserve your book early so you have time to read it BEFORE we meet on the last Wednesday of every month (adjustments may be made around holiday dates). We will hold a select number of copies at the customer service desk (first come, first serve).

# **GRADES 1-3**

10/26

4-4:45pm

Perrv

Free

# **ADULT BOOK DISCUSSIONS**

# WHERE DO BALLOONS GO?

Everyone has lost a balloon at some point, but where do they end up? Kids K-2 are invited to Perry to explore the possibilities. We will read the book Where Do Balloons Go? An Uplifting Mystery and talk about the places the balloons might travel and dress up our very own balloons.

# **GRADES K-2**

11/15

4-4:45pm

Perry Free

# **PAWS 2 READ**

Join a registered therapy dog who loves stories. Children ages five and older are invited to read their favorite book to the special library dog.

# **5-12 YEARS**

SAT 11/19, 12/17 10:30am-12pm

Perry Free

# TEEN PROGRAMS

# SAT STUDY BUDDY

SAT testing is coming! Be prepared! Come to the Perry Branch Library for online and print resources to help study for the test. All teens interested in SAT resources are welcome to come. Snacks will be provided. Meet in the TEEN OASIS ROOM.

W 10/26, 11/30 3-5pm

Perry Free

# INTERNATIONAL GAME DAY @ YOUR LIBRARY

TEENS! Come to Perry Branch Library for fun and GAMES to celebrate International Game Day. There will be video games, board games, card games and GIANT games to play. Bring a friend to the Programming Room.

11/18

2-3pm

Perry Free

# **ACT STUDY BUDDY**

ACT Testing is coming! Be prepared! Come to the Perry Branch Library for online and print resources to help study for the test. All teens interested in ACT resources are welcome to come. Snacks will be provided. Meet in the TEEN OASIS ROOM.

12/7

3-5pm

Perry Free

Check out our COMMUNITY EVENTS CALENDAR on pg. 13

# PERRY BRANCH LIBRARY



# **ADULT PROGRAMS**

# PERRY ADULT BOOK DISCUSSION GROUP

Join us each month on the 4th Monday at 10:30am to read and discuss a work of literary fiction. Check Perry Library's events calendar each month for the current book at <a href="https://www.mcldaz.org">www.mcldaz.org</a>.

# 18+ YEARS

M 10/24, 11/21 10:30-11:30am Perry Free

# NONFICTION BOOK DISCUSSION

Join us each month for a lively discussion of a non-fiction selection. M 11/14, 12/12 1pm Perry Free

# **ADULT PROGRAMS**

# 1, 2, 3, 4 PARENTS!

1,2,3,4 Parents is an evidence based parenting education series broken up into 3 1.5 hour sessions. This program uses a video based and discussion centered approach to teaching parents of kids ages 1-4 about stages of development, positive discipline, encouragement and making sure caregivers take the time to take care of themselves! This program is presented by the New Directions Institute who will also provide free childcare.

F 10/21 9-10:30am Perry Free

# **PERRY FILM SERIES**

Join us for a monthly viewing of some great indie, foreign and documentary films. Movie showing on the last Tuesday of each month beginning promptly at 1p.m. Popcorn will be provided. Check for each month's film title on displayed posters, our monthly paper event calendar or by asking at the One Desk.

T 10/25, 11/22 1pm Perry Free

# THE COMMON THREADS KNIT AND CROCHET CLUB

Come join the fellowship of THE COMMON THREADS, the Perry knitting & crocheting group and enjoy fun, food, and friendship while creating and sharing needlework projects.

# 18+ YEARS

10/27, 11/10, 12/8 12:30-2pm Perry Free

# **SOCRATES CAFÉ**

Socrates Café are gatherings around the world where people from different backgrounds get together and exchange thoughtful ideas and experiences while embracing the central theme of Socratizing; the idea that we learn more when we question and question with others. Check our calendar of events at <a href="https://www.mcldaz.org">www.mcldaz.org</a> for moderators and topics.

N 11/2 1-2:30pm Perry Free

# GILBERT WATER CONSERVATION SERIES: HOW TO WATER YOUR YARD

Let's face it—that little plastic box on the side of your house that controls the watering of your yard can be intimidating! However, it is important to know how to work your irrigation controller because outdoor watering is often a household's largest water use. We teach you how to water your landscape plants and lawn in this class.

TH 11/3 1pm Perry Free

# **INTRODUCTION TO MS POWERPOINT 2013**

Learn the basics of MS PowerPoint 2013 in this "hands on" program. Registration is required at www.mcldaz.org.

F 11/4 10:30-11:30am Perry Free

# GET CREATIVE: BOOKMARK BOOK LIGHT

In this program, we will make a bookmark that lights up using LEDs, conductive thread, batteries and fabric. Registration is required at www.mcldaz.org.

F 11/4 1-3pm Perry Free

# **CREATIVE WRITING**

Always wanted to be a writer or working on your novel, but need some editing? If so, join our group. Note: Bring a sample of your writing each month.

18+ YEARS

W 11/9, 12/14 12:30pm Perry Free

# STITCH & FRIENDS

Do you like to knit or crochet? Join the Stitch & Friends group and make service projects for Project Linus (an organization that makes handmade blankets for ill children).

18+ YEARS

SAT 11/19, 12/17 10am-2pm Perry Free

# GILBERT WATER CONSERVATION SERIES: PRUNING LANDSCAPE PLANTS

You see it all the time, so it must be what plants are supposed to look like—sheared shrubs in the shape of little round balls or cupcakes. No flowers, dead looking on the inside. NO, this is not how plants in our landscapes are supposed to look! Learn how to properly prune shrubs and trees in the desert and you will see more blooms and maybe even butterflies in your yard!

TH 12/1 1pm Perry Free



# PERRY BRANCH and SOUTHEAST REGIONAL LIBRARY

# **GET CREATIVE: HOLIDAY PAPER GARLANDS**

Using new and used Christmas cards, beads and scrapbooking paper, we will make paper garlands to decorate your home for the holidays. Each participant needs to bring 15-20 Christmas cards to use and/or share with others. Registration required at <a href="https://www.mcldaz.org">www.mcldaz.org</a>.

F 12/2 1-3pm Perry Free

# INTRODUCTION TO GMAIL

Learn the basics of Gmail in this "hands on" program. Registration required at <a href="https://www.mcldaz.org">www.mcldaz.org</a>.

F 12/9 1-2pm Perry Free



# FAMILY PROGRAMS

# **FAMILY STORYTIME**

This weekly storytime is designed for children ages 2 to 6, but all family members of all ages are welcomed to attend. During this time we will read stories, sing, and learn rhymes and fingerplays appropriate for this wide age range!

T 10/18, 10/25 6pm Perry Free

# **Southeast Regional Branch**

775 N. Greenfield Rd. 602-652-3000

visit us online at www.mcldaz.org



# CHILDREN'S PROGRAMS

# **BABY PLAYDATE**

Baby Playdate is an opportunity for infants 0-2 and their parents or caregivers to play, read books, listen to music and socialize. Unlike a regular Storytime, the focus of Baby Playdate is on free play. To provide quality one-on-one bonding time, older siblings may not attend with the infant and parent/caregiver. **Registration is required at www.mcldaz.org**. Only the parent or caregiver needs to register for this program.

0-2 YEARS

F 10/21-12/16 10:15-10:45am SERL Free

\*No class 11/11 or 11/25

# **BABY TIME!**

Baby Time is a special one-on-one story time designed to encourage development of language and motor skills by incorporating stories, with simple songs, rhymes, movement activities and finger plays. For infants ages 0-18 months with parents or caregivers. No registration is necessary, but tickets are required and will be distributed at 10:00 a.m. in the Youth Area near the DVD's to those who are physically present. To provide quality one-on-one bonding time, older siblings may not attend with the infant and parent. Please be prompt; latecomers will not be admitted once Baby Time has begun.

# 0-18 MONTHS

10/18-12/13 10:1

10:15-10:45am SERL Free

\*No class 11/22

# GILBERT FARMER'S MARKET STORY TIME

Coming to find locally grown veggies at the farmer's market? Stop by and let us feed your brain! Join Southeast Regional Library at the Gilbert Farmer's Market this Fall for family story time! Join us for stories, songs and rhymes while you celebrate the best our community has to offer. Located at the Park and Ride just west of the iconic Water Tower in Downtown Gilbert: 222 N Ash St Gilbert, AZ 85234

# **ALL AGES**

SAT 11/5, 12/3 10am SERL Free

# KIDS CODE CLUB

Kids & teens! Join us for Code Club in the Staff Conference Room each Wednesday of every month. Have you ever wanted to learn how to code? Come to the Library and learn the basics of coding using fun and educational games. No computer or coding experience needed. Absolute beginners are most welcome! **Space is limited and** 

# registration is required at <u>www.mcldaz.org</u>.

# **8-17 YEARS**

W 10/19-12/14 3:30-5pm SERL Free

# KIDS CRAFT CLUB

Come join us for the Kid's Craft Club and create a different craft each month. Please come to the Dig to check in by 3:30 as directions may be given at the beginning of the craft. **Registration is required at www.mcldaz.org**.

### **7-12 YEARS**

TH 10/20, 11/17, 12/15 3:30-4:30pm SERL Free

# KIDS LEGO CLUB

Kids, do you love building with Legos? Then, come and join us for a new Lego challenge each month. **Registration is required at www.mcldaz.org**. *Space and supplies are limited*.

# **7-13 YEARS**

T 10/25, 11/8, 11/22, 12/13 3:30-4:30pm SERL Free

# PAWS 2 READ

Paws to Read pairs Delta-registered therapy animals and their handlers with young readers. Warm, brown eyes and happy grins make all the difference to children's reading experiences resulting in an increase in reading levels and word recognition, and a higher desire to read and write. The animals listen and don't tease, laugh, or judge the children. Plus, the animals love to be read to! Sign up for a therapy animal will begin at 10 a.m. for a 15-minute time slot between 10:30 a.m. and 12 p.m. Which animal the child will read to will be on a first-come, first-served basis the day of the program. Please go to the PAWS sign-up table in the Youth Services area of the library.

# **5-12 YEARS**

SAT 11/12, 12/10 10:30am-12pm SERL Free



# **SOUTHEAST REGIONAL LIBRARY**

# PLAY GROUP WITH FAMILY SPOT

A free developmental playgroup for children ages 0-5 through Family Spot Resource Center Gilbert. Story time and hands-on activities for parents and children. Highlights include focus on nutrition/health, gross motor/sensory, art/science & discovery, technology, playing with purpose, music, language & listening, conversation wall, and parents' station. Take home activities will also be provided. Walk in, no pre-registration.

# 0-5 YEARS

T 10/25 11:15am-12:15pm SERL Free SAT 11/5, 12/3 10:30am-12:00pm SERL Free

# PRESCHOOL ART LAB

Get those creative juices flowing and join us for Preschool Art Lab and create a different art project during each lab time. **Registration is required at www.mcldaz.org**. *Please be prompt as there may be instructions at the beginning of the session*.

# 3-5 YEARS

M 10/24, 11/7, 12/5 10-11am SERL Free

# SELF-GUIDED SCIENCE

Explore scientific principles and get some hands-on knowledge with our self-guided science modules. Each science module includes a number of different activities and experiments to help children learn and discover, and we'll have a new module available every three weeks. This program is self-guided and self-paced; the lab is open from noon to 2 pm. No registration is required, but availability of materials is on a first-come/first-served basis. Sharing and cooperation may be necessary. This program is includes activities for children ages 3-12. Please note: This is a self-guided series, intended to help parents teach their children about science. While the science kits include materials to explain concepts and help guide learners, there will be no instructor present. Parent participation is required.

# **3-12 YEARS**

M 10/17-12/12 12pm-2pm SERL Free

\*No class 11/21



# > STORY TIME

# STORY TIME FOR PRESCHOOLERS

Join us for stories, songs, finger plays, and fun! Learn letters, numbers, colors, and animals and have fun with music and movement activities. All ages are welcome, but the 10:15 story time session is best suited for ages 24-36 months and will include more songs, rhymes, and movement. The 11:15 story time session is best suited for 3-5 years old, with more stories, school readiness content, and hands-on activities. Please note that for safety and comfort, sessions are limited to 40 people, including caregivers, and parents/ caregivers are expected to stay with children during story times. Tickets are distributed in the Youth Area at 11 a.m., first-come, first-served until we run out. You must have tickets for each person in your party, and you must be physically present to get tickets. Tickets will not be issued to daycare or preschool groups. *Please be prompt; for courtesy reasons, no one will be admitted after story time has started even with tickets in hand.* 

# 3-5 YEAR-OLDS

W 10/19-12/14 11:15-11:45am SERL Free
\*No class 11/23
TH 10/20-12/15 11:15-11:45am SERL Free
\*No class 11/24

# STORY TIME FOR WEE ONES

Join us for stories, songs, finger plays, and fun! Learn letters, numbers, colors, and animals and have fun with music and movement activities. All ages are welcome, but the 10:15 story time session is best suited for ages 2-3 years and will include more songs, rhymes, and movement. The 11:15 story time session is best suited for 3-5 years old, with more stories, school readiness content, and hands-on activities. Please note that for safety and comfort, sessions are limited to 40 people, including caregivers, and parents/caregivers are expected to stay with children during story times. Tickets are distributed in the Youth Area at 10 a.m., first-come, first-served until we run out. You must have tickets for each person in your party, and you must be physically present to get tickets. Tickets will not be issued to daycare or preschool groups. Please be prompt; for courtesy reasons, no one will be admitted after story time has started even with tickets in hand.

# **2-3 YEARS**

W 10/19-12/14 10:15-10:45am SERL Free
\*No class 11/23
TH 10/20-12/15 10:15-10:45am SERL Free
\*No class 11/24

# TWEEN TINKER LAB

Tweens (ages 10-13) join us at this open workshop where you can design and build projects using assorted supplies. **Registration is required at www.mcldaz.org**.

10-13 YEARS

T 10/18, 11/1, 11/15, 12/6 3:30-4:30pm SERL Free



# **SOUTHEAST REGIONAL LIBRARY**

# TWEEN READS BOOK CLUB

Tweens, do you like to read? Do you like to talk about what you've read? Join our Tween Reads book club! Meetings are held on the second Thursday of each month, from 4-5pm in The Dig. **Open to kids in grades 4-6. Registration is required at www.mcldaz.org**. Check back for what titles we'll be discussing this fall!

# **8-12 YEARS**

TH 11/10, 12/8

4-5pm

SERL Free



# TEEN PROGRAMS

# ANIME FILM CLUB

Love Anime? Do you obsess over shows like Inuyasha, Black Butler, and Dragon Ball? Then come and join us for Anime Film club. Where we will be watching your favorite anime television shows and movies. After each episode we will decide which show we watch for the next month. **Registration is required at www.mcldaz.org**.

# 12-18 YEARS

M 10/17, 11/21

6:30-7:30pm

SERL Free

# **TEEN CRAFTER HOURS**

Teens, enjoy stretching your creative muscles and learning new crafts? Join us for an evening of crafting (6-8pm) on the third Wednesday of each month in The Dig! Materials supplied unless stated otherwise. **Registration is required at www.mcldaz.org**.

# 12-18 YEARS

W 10/19, 11/16

6-8pm

SERL Free



# **ADULT PROGRAMS**

# ABCDs OF MEDICARE

Did you know Medicare comes in either Traditional Medicare or Medicare Advantage? How do Parts A, B, and D work with each of these two options? This presentation addresses these questions and offers information on Medicare's enrollment periods and savings programs. **Registration is required at** www.mcldaz.org.

# 18+YEARS

SAT 10/22

10-11:30am

SERL Free

# ARIZONA COALITION FOR MILITARY FAMILIES

Are you a current service member, veteran, or veteran family member? Are you an employer seeking information about hiring service members? Find out how to get the right resource at the right time! Kelly Anne Beck, Lead Trainer for the Arizona Coalition for Military Families, will discuss employer and job-seeker issues for hiring service members, veterans, and their families. The Arizona Roadmap to Veteran Employment will also be covered. **Registration desired at www.mcldaz.org as seating is limited**.

# 18+YEARS

TH 10/20

2-3pm

SERL Free

# **BOOKENDS: ADULT FICTION DISCUSSION GROUP**

Adults of all ages read and discuss fiction titles on the third Tuesday of each month.

# 18+YEARS

10/18, 11/15

10:30am-12pm

SERL Free

# BOOK WALK AROUND GILBERT PARKS AND RECREATION'S RIPARIAN PRESERVE

Discuss your favorite mystery authors/books on a Book Walk around Gilbert Parks & Recreation's Riparian Preserve. Book lovers are invited to stroll around and enjoy the scenery of the Riparian Preserve while discussing your favorite books from the "mystery" genre. Come prepared with a list of your favorite mystery authors and the latest titles you've read.

18+YEARS

# COFFEE AND BOOKS- NONFICTION BOOK DISCUSSION

Join us to discuss a nonfiction book each month. **Registration is desired at** <u>www.mcldaz.org</u>.

18+YEARS

W 10/19, 11/16

1-2:30pm

SERL Free

# **COLOR ME RELAXED!**

Back for fall! Join us for adult coloring and conversation. If you never find time at home, come relax and de-stress. We provide supplies and free designs. You're also welcome to bring your own pages and supplies if you'd like. **Registration is required at www.mcldaz.org.**Seating is limited.

# 18+YEARS

T 10/25, 11/29

6:30pm

SERL Free

# **EXERCISE YOUR MIND WITH PUZZLES**

Do you ever wonder how computer programs work? It's easier than you think! Come join our Code Club. We meet once a week and help you sharpen your mind by solving computer programming puzzles. You can show your kids or grandkids what you make with "code." No experience is required. Come and go as you can, and keep working at home if you want to build your skills further! There will be opportunities to work on your own or in collaborate with classmates. This program is intended for adults only. Each participant must register at www.mcldaz.org.

18+YEARS

W 10/19-12/14

1:30-3pm

SERL Free

# \*No class 11/23

# FRAUD: THE FRAUD WATCH NETWORK

Scams nowadays are many, and the tactics used by con artists are so diverse. This presentation will review the most common scams, explain common tactics used by con artists, and, especially, offers a prevention strategy so that you will not become a scam victim.

# $\label{eq:registration} \textbf{Registration is required at } \underline{\textbf{www.mcldaz.org}}.$

18+YEARS

S 11/19

10-11:30am

SERL Free

# **GENEALOGY: VITAL RECORDS 101**

Learn how vital records can help you find information about family members. Join Chris Seggerman, Arizona State Archives, for instruction on how to find and use these documents. Examples using Arizona records will be provided. Discover how the Arizona State Archives can assist you with genealogy research. **Registration** 

required at www.mcldaz.org.

18+YEARS

W 12/7

10-11:30am

SERL Free

# **SOUTHEAST REGIONAL LIBRARY**

# **HAPPY CRAFTERS**

In the spirit of a community front porch, we invite you to meet at the library to talk about crafts with other local enthusiasts while doing your own project! We meet in the Staff Conference Room from 10:30am to noon. Please come to the group and have fun trading and sharing patterns, techniques and tips while creating and sharing all types of projects. This is for mingling and sharing and meeting new crafters. All skill levels are welcome!

### 15+YEARS

M 10/17, 11/7, 11/21, 12/5 10:30am-12pm SERL Free \*No class 9/5

# HEALTHRHYTHMS DRUM CIRCLE

Research has shown that drumming reduces stress, strengthens the immune system, and relieves tension and anxiety. Come express yourself and experience the soothing, meditative, stress relief of community drumming. HealthRHYTHMS drum circles use drumming as a tool for wellness, fun, and relaxation. All instruments are provided and no musical experience is necessary. This program is limited to adults only. **Registration is required at www.mcldaz.org**.

# 18+YEARS

M 12/12 6:30-8pm SERL Free

# MONDAY MORNING MUSINGS

Join us each month for a lively discussion of titles by debut authors. We meet the 2nd Monday at 10:30am.

### 18+YEARS

M 11/14, 12/12 10:30am-12pm SERL Fre

# MYSTERY BOOK DISCUSSION GROUP

Join us to discuss a mystery title each month.

18+YEARS

TH 11/10,12/8 7-8pm SERL Free

# **ONE-ON-ONE DIGITAL ASSISTANCE**

If you need assistance learning how to download digital eBooks or audio books to your reading device, then please stop in for personalized assistance with a library professional. PLEASE NOTE: Assistance is limited to questions about digital books and services and will not address specific technical questions about each device. Please be prepared with the following information before attending: basic use of your eReader device such as accessing device settings, accessing WIFI, how to login using device keyboard, etc. CLASS IS

# LIMITED TO 3 PEOPLE PER SESSION

18+YEARS

M 10/17-12/12 11:00am-12:00pm SERL Free

\*No class on 9/5

# Check out our COMMUNITY EVENTS CALENDAR on pg. 13

# OWN IT FINANCIAL EDUCATION CLASSES

Own It is a 4-session program for all adults that will give you the tools you need to own your own financial future. Topics covered include: saving for the future, budgeting, using credit wisely, and managing a bank account. This program is presented by YWCA metropolitan Phoenix and taught by a financial professional. The sessions each cover a separate topic and a separate registration is required for each session at <a href="https://www.mcldaz.org">www.mcldaz.org</a>. 3 out of 4 students who attended all four sessions, report an increase in savings and reduced personal debt.

# 18+YEARS

M 10/17, 10/24, 11/7, 11/14 6:30-8:30pm SERL Free

# THURSDAY NIGHT FILM CLUB

A book club for the movie-minded! Join us on the first Thursday of each month as we view and discuss film classics and favorites from the 30s through the 80s. General discussion will take place after film screenings, as time allows.

# 18+YEARS

TH 11/3, 12/1 6:30-8:30pm SERL Free

# **VOLUNTEER FAIR**

Please join us for our third Volunteer Fair and meet with non-profit organizations who need volunteers. Find out if there is a fit between your skills and their needs. There will be a variety of groups present with representatives who can say what you would do when you volunteer.

# 18+YEARS

SAT 11/5 1-3pm SERL Free





# Gilbert Parks and Recreation Class Registration Form

90 E. Civic Center Drive Gilbert, AZ 85296 (480) 503-6200 Fax (480) 503-6213

ARIZQNA						
MAIN CLIENT CONTACT INFORMA	TION					
FIRST NAME		LAST NAME				
ADDRESS		СІТУ	ZIP CODE			
EMAIL ADDRESS		HOME PHONE	CELL PHONE			
Residency: Gilbert Non-Residen	nt 🔲 Coun	ty Island				
PARTICIPANTS NAME	BARCODE	CLASS/ACTIVITY TITLE	DAY	TIME	FEE	
FIRST LAST						
AGE BIRTHDATE						
FIRST LAST						
AGE BIRTHDATE						
FIRST LAST						
AGE BIRTHDATE			30.			
			TOTAL			
CREDIT CARD PAYMEN	Т	PAYMENT INFORMATION	One payment per family please			
Mastercard Visa Americant Visa Americant Mastercard Visa Americant Mastercard Visa Americant Mastercard Name on Card:  I agree to the terms and conditions of this agreement rights to charge back any amount on my card.  Authorized Signature	Please make checks payable to:  "Town of Gilbert"  Mail to: Gilbert Parks & Recreation Department ATTN: Registration 90 E. Civic Center Dr. Gilbert, AZ 85296	Date Rec Staff Check # \$ Cash \$ Prev. Credit \$ Credit Card \$ Refund   Credit Acct   Credit Card Date Issued By				
ASSUMPTION OF RISK AND RELEA	SE OF ALL CL	AIMS				

I allow my child and myself to participate in Gilbert Parks & Recreation programs and activities, including transportation provided, and to use Gilbert recreation facilities including but not limited to any climbing wall or equipment on site. I release the Town of Gilbert and its employees of any liability, claims or demands, which we may have hereafter as a result of my child's and my own participation in programs and activities and use of recreation facilities. I understand that the Town of Gilbert has no medical insurance for my child or me. I understand there are risks involved with physical exertion and use of recreation facilities, including serious injury. I certify that my child's and my own physical condition are satisfactory to participate in programs/activities. I also give my permission for any photographs, audio or video recordings taken of my child and/or myself to be used by the Town of Gilbert for any lawful purpose, including the promotion of Town events on the Town's website or the Town's social media sites. I further waive any and all right to privacy, compensation, or the right to inspect or approve the photographs, audio or video recordings used. I am at least 18 years of age, and verify that all information provided at registration or on this form is correct. Providing incorrect information including but not limited to date of birth and address is grounds for removal from the program and may result in suspension of the privilege to participate in future programs.

I further understand that should I cancel my participation I may be entitled to a refund of the class or program fee, or if I do nothing I can receive a credit for a period of one year from the first date of the class or program for which one originally registered. Such credit may be used for any Gilbert Parks and Recreation Department class, program or rental. Should I not use this credit within one year, I consent to the donation of my credit to the Town of Gilbert Parks and Recreation Department.

PARENT OR LEGAL GUARDIAN SIGNATURE

DATE

REGISTRATION WILL NOT BE PROCESSED WITHOUT SIGNATURE

# Looking for Rental Space? Gilbert Parks and Recreation Facilities



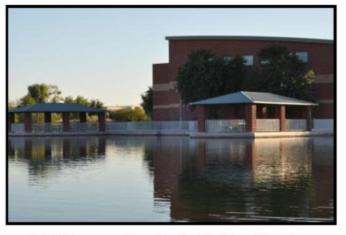
**Gilbert Community Center** 



Freestone Recreation Center



Southeast Regional Library



McQueen Park Activity Center



Great Rates Clean Facilities Friendly Staff

Meeting Banquet Workshop Party/Reception Family Gathering Long-Term Rentals

**Training** 

(480) 503-6200 or visit www.GilbertAZ.gov

We have the space to fit your needs!

# Looking for a rental space with a view?

# GILBERT PARKS AND RECREATION OFFERS A VARIETY OF LOCATIONS FOR FAMILY GATHERINGS, BIRTHDAY PARTIES AND MORE!











Contact the Parks and Recreation Main Office at 480.503.6200 to reserve your space.

Check availability online at

www.GilbertRecreation.com